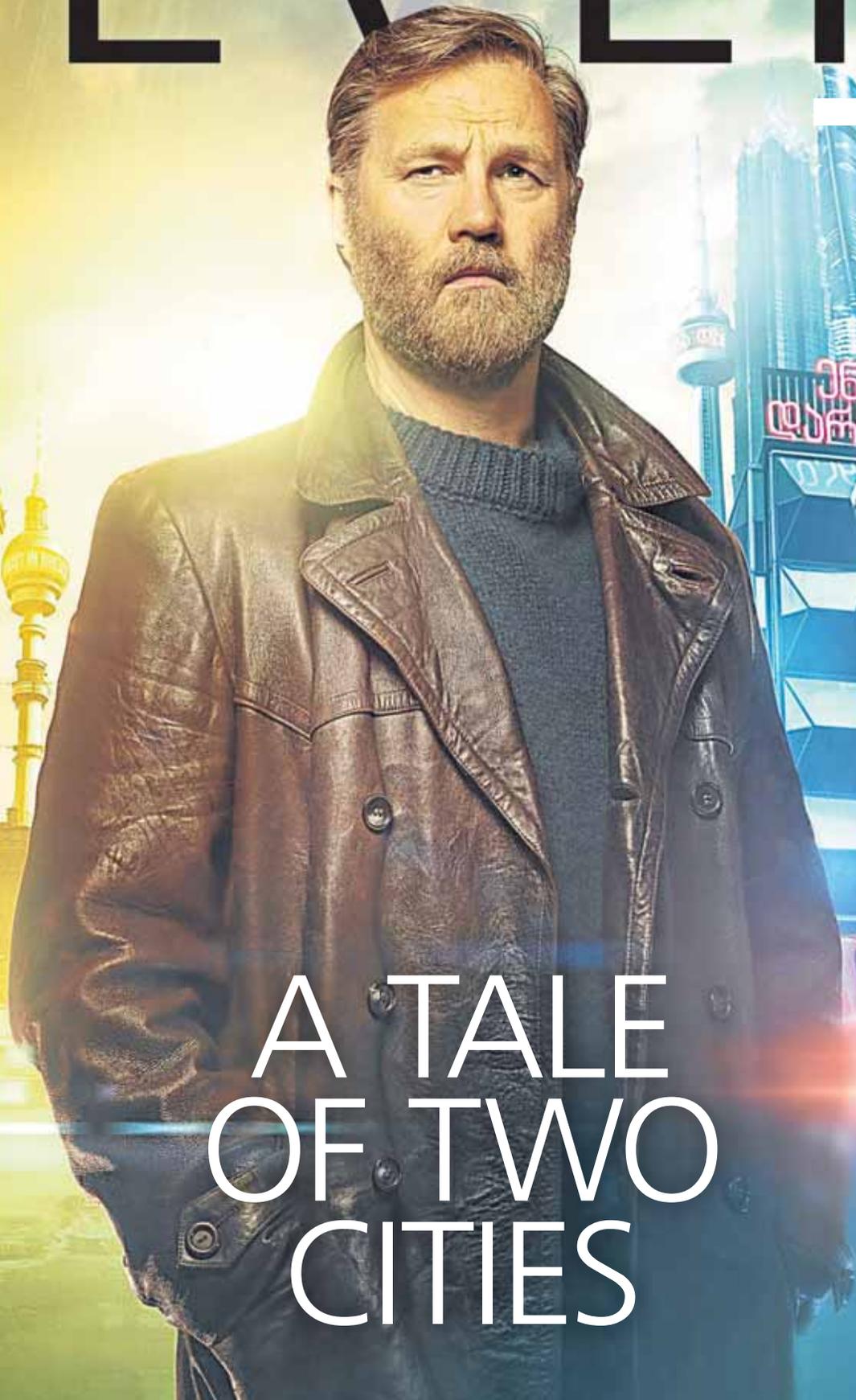


Weekend **Telegraph** Dundee Born and Read

ENTERTAINMENT MAGAZINE

SEVEN

SATURDAY, MARCH 31, 2018



A TALE
OF TWO
CITIES

INSIDE THIS WEEK

SHOPPING

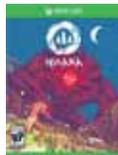
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Check out the new arrivals on the bookshelves

BAKE WITH SENSE OF ADVENTURE



YOU may not have heard of food writer and stylist Jerrelle Guy yet, but once you see it, you'll want to jump right into her debut cookbook, *Black Girl Baking*.

Packed with recipes that are both decadent and vegan-friendly – from banana bread to a fudgy flourless brownie pie – the US-based baker, born in South Florida, grew up watching the Food Network ("It was my Saturday morning cartoon"), studied gastronomy at Boston University, and writes recipes alongside her partner, Eric, on their blog *Chocolate For Basil*. Here, the 27-year-old tells us about her love of food and why it's about far more than flavours on a plate.

WHY DID YOU WANT TO WRITE *BLACK GIRL BAKING*?

"Because it was my reality, and I wanted to share what I'd learned about myself, food, African American food-ways and my spirituality. It just felt right and honest, and a creative way to tell

She's the blogger and baker extraordinaire, who will help you dig deep through food. ELLA WALKER finds out how



my story. I also hadn't heard a lot of people talking about baking or blackness the way I was experiencing it."

WHAT INSPIRED YOU WHEN YOU SAT DOWN TO PIECE THE BOOK TOGETHER?

"I was inspired by #blackgirlmagic and was thinking about merging the food world with this virtual movement that honoured the natural beauty of black women as they exist, without comparison, in the social landscape. I thought it was fitting, especially during a time when blackness was feeling so undervalued; to stand up boldly and claim myself and my body in an unapologetic and loving way felt necessary. Black women have so much to bring to the table – and have historically built the table American food rests on – and those contributions should be acknowledged and celebrated."

HOW DO YOU THINK EXPECTATIONS AROUND WHAT WE EAT NEED TO CHANGE?

"I'm at a place now where I think

it's best if we all just eat more intuitively and practice listening to our own bodies. We also need to talk about food in a way that makes it inclusive, flexible and freeing, instead of another space where women are limited and required to shrink or define themselves with extra labels."

WHAT DO YOU WANT PEOPLE TO TAKE FROM THE BOOK?

"I'd like for them to be adventurous in the kitchen, make mistakes with self-compassion, explore, get lost and find themselves, and be inspired to do their own soul-searching through cooking and experimentation, without getting caught up in perfection. For me, baking should be more about the process and about enjoying the solo journey in the kitchen; everyone's response to your masterpiece can be the icing, but the real work happens in solitude."

» **BLACK GIRL BAKING BY JERRELLE GUY IS PUBLISHED BY PAGE STREET PUBLISHING, PRICED £16.99. AVAILABLE NOW.**

COCOA GINGERSNAP COOKIES

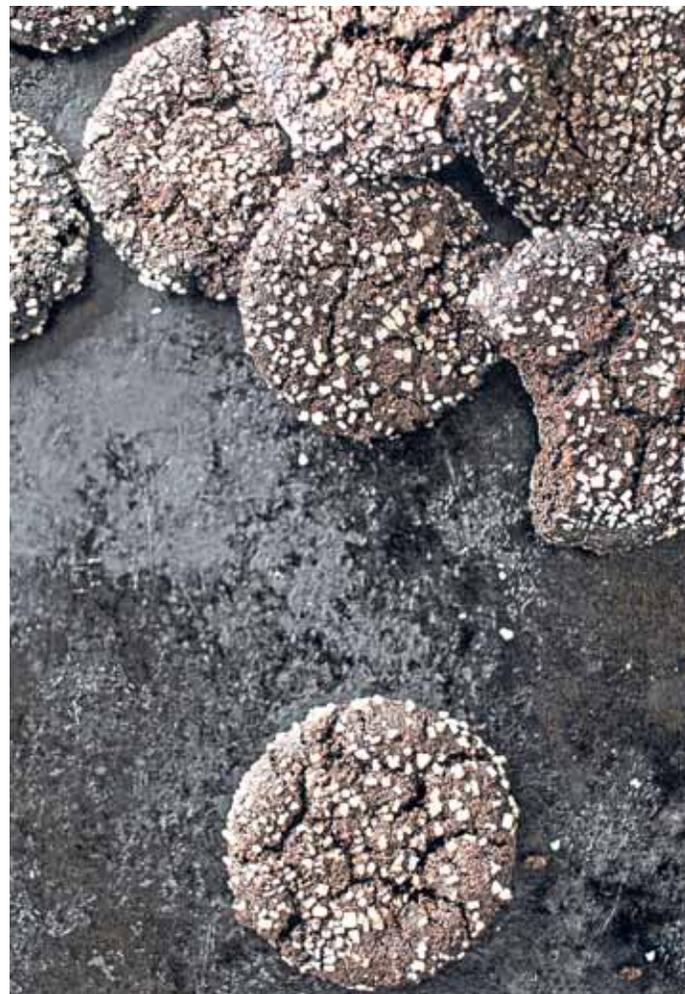
(MAKES 30 COOKIES)

INGREDIENTS

- » 84G SOFTENED BUTTER OR VIRGIN COCONUT OIL
- » 200G GRANULATED SUGAR
- » 2TSP VANILLA EXTRACT
- » 1TSP PACKED FRESH GRATED GINGER
- » 1TSP PACKED ORANGE ZEST
- » 1 LARGE EGG (OR 80G VEGAN FLAX EGG)
- » 60G MOLASSES
- » 180G WHITE WHOLE WHEAT FLOUR
- » 60G CACAO POWDER OR COCOA POWDER
- » 2TSP BAKING SODA
- » 2TBSP GROUND GINGER
- » 1TBSP GROUND CINNAMON
- » 1TSP SALT
- » CANE SUGAR, FOR ROLLING

METHOD

- 1 Preheat the oven to 375°F (190°C or gas mark 5). Position two oven racks in the centre of the oven, and have two baking sheets lined with parchment nearby.
- 2 In a large mixing bowl with a hand mixer, or in a stand mixer with a paddle attachment, cream the butter, granulated sugar, vanilla, grated ginger and orange zest until very fluffy, about three minutes. Then slowly add the egg/flax egg and molasses and continue to beat until creamy.
- 3 Sift in the flour, cacao powder, baking soda, ground ginger, cinnamon and salt and continue to beat until just combined. Let the batter sit for 10 minutes.
- 4 Roll 2.5cm balls of dough in your palms, and then into the cane sugar to coat. Place the cookies on the baking sheet with about two to three inches between each one, and bake for 15 to 20 minutes, or until cooked and crispy. Remove from the oven and allow to cool for five minutes, and then transfer to a wire rack to cool completely, at least one hour, best overnight uncovered, before eating so they make a snap.



LIQUID NEWS

EGG-STRA SPECIAL
WINES FOR EASTER

» IS it any wonder we get excited about Easter?

Along with Easter egg hunts, this much anticipated four-day holiday inspires us to bring a scrumptious spring feast to the table, and the wine you serve up can work wonders. Here are some top selections to make Easter egg-stra special.

CO-OP IRRESISTIBLE
MARSANNE DU LANGUEDOC
2016, FRANCE

(£7.99, THE CO-OPERATIVE, IN STORE ONLY)

This shows lovely pure ripened fruit that's soft and round with hints of pears, a honeyed vanilla note and creamy freshness on the finish. A pretty, arty label too and a treat with fish pie.



DOMAINE BOUCHARD PERE & FILS LA VIGNEE BOUGOGNE
CHARDONNAY 2014, FRANCE
(£13.99, AMAZON)

With classic varietal aromas and just a little oak, vanilla and spice to give it enough depth to be interesting, it's brimming with ripe pear, peaches and citrus notes. A triumph with poached salmon.



DARTINGTON ESTATE
DURKHEIMER MICHELSBERG
RIESLING 2016, PFALZ,
GERMANY

(£10.50, MARKS & SPENCER, IN STORE ONLY)

This fresh juicy white has the right touch of tanginess and fresh acidity on the limey finish to complement the natural saltiness of ham.



TORO LOCO BARRICA RESERVA
2013, UTIEL-REQUENA, SPAIN
(£5.29, ALDI)

A real steal, this smooth red, from up-and-coming wine region Utiel-Requena, near Valencia, offers delicious depth of flavour. It's packed with dark cherry fruits, savoury spice and some oak for added complexity. Perfect with slow roasted lamb.



CUNE RIOJA RESERVA 2014,
SPAIN

(£8.99, MAJESTIC)

The perfect match with roast leg of lamb, this fruit driven Rioja is a tempranillo temptress that instantly draws you in with its open bouquet of lush forest fruits, cherry, vanilla, sprinkling of sweet spice and silky tannins on the finish. A crowd-pleaser.



CLARENDELLE ROUGE 2012,
BORDEAUX, FRANCE
(£16.95, FROMVINEYARDSDIRECT.COM)

Merlot dominant, with soft, red fruit aromas, this top-notch Borgeau is elegant and beautifully balanced with rounded blackberry fruits and silky smooth tannins on the long, expressive finish.



» SWEET TREAT: THE BREAD FEATURES THE CLASSIC COMBINATION OF PEANUT BUTTER AND JAM

PEANUT BUTTER JELLY BREAD

(MAKES TWO 23CM LOAVES)

INGREDIENTS

- » 295ML WARM OAT OR NUT MILK
 - » 50G SUGAR
 - » 11/2TSP ACTIVE DRY YEAST
 - » 360G BREAD FLOUR,
 - PLUS MORE FOR DUSTING
 - » 3/4TSP SALT
 - » 36G PEANUT BUTTER POWDER
 - » 6-8TBS YOUR FAVOURITE JAM
- TO SERVE:
- » BANANA
 - » HONEY

METHOD

1 In a small bowl, combine the milk with 25g of the sugar, then sprinkle the yeast over the top and let it sit and bloom until a thick cap of froth is formed, five to 10 minutes.

2 In a stand mixer with a dough hook attachment, combine the flour and

salt. Add the remaining 25g sugar along with the bloomed yeast and peanut butter powder. Knead the mixture for three to four minutes, or until it turns into a springy dough. Place the dough in a clean oiled loaf, cover with plastic wrap and a damp cloth and place it in a warm dark place to double in size, about 60 to 90 minutes.

3 Lightly flour a work surface and a rolling pin and have two 23x12.5cm oiled loaf pans lined with 10cm-wide strips of parchment long enough to stretch across the width and up the sides of the pan with a little hanging over.

4 Unwrap the risen dough, punch it down in the centre to release the air and roll it out to roughly a 40.6x76cm rectangle. Spread the jam all over the surface, then roll the dough up tightly from the shorter end. Slice the log in half so you have

roughly two 20cm-long rolls. Transfer them to the prepared loaf pans; if they're longer, compress the rolls slightly, like accordions, or tuck the ends under to fit. Cover the bread again with plastic wrap and a warm damp dish towel and keep in a dark place to double in size, for another 60 to 90 minutes. The bread should peak just slightly above the edges of the pan, or at least come up very close but not poof far over the edges.

5 Preheat the oven to 180°C/gas mark 4 and position an oven rack on the lower half of the oven. Bake the loaves for 50 to 60 minutes, or until you can hear a hollow knock when you tap on the bottom of the baked loaf with your knuckle. Transfer to a wire rack to cool for at least 20 minutes. Slice and serve with sliced banana and honey, if you like.

» SUPERMARKET BEST BUYS

WINES TO TRY

VIGNES DE L'ÉGLISE
VERMENTINO IGP
2016
**FOUNTAINHALL WINES,
£8.99**

CLEAN and bright, this aromatic wine is full of vibrant fresh fruit. Aromas of peach, mango, pineapple and pear intermingle and follow through on to the palate.



DOMAINE DE OLIVEIRA LECESTRE
PETIT CHABLIS 2016
LIDL, £10.99

PETIT Chablis has much of the flavour and character of Chablis, but in a lighter, fresher-tasting frame. Excellent example. Dry, fresh, appetising, not too showy. Goes very well with lemon sole.



LEFT FIELD MALBEC
2014
WWW.NZHOUSEOFWINE.CO.UK, £17.45

THE brooding and intense characters of blackberry and liquorice meet the heroically proportioned mass of dark chocolate draped in smooth, fine velvet. Imbibe on its own or with a rare cut of beef.



HECHT AND BANNIER
ROSE 2016
WWW.MUSEUMWINES.CO.UK, £14.99

FRESH Cinsault from vineyards close to the Mediterranean Sea leave this rose with a minerality that hints at the taste of fennel, anise and purple flowers. This rose pairs beautifully with salty treats such as anchovies or olives.



KNORR Chicken Stock Pot (4 x 28g) – down from £1.45 to £1.



KELLOGG'S Crunchy Nut corn flakes (750g) – £3.49, buy 2 for £4.



DELUXE peppered edge British beef steak burgers (4pk) – £2.69.



BIRCHWOOD Farm British beef rump steaks (400g) – down from £4.05 to £3.39.



TASTE The Difference roast potatoes with goose fat (serves 2) – down from £2.50 to £2.



RIPE and ready plums (5pk) – down from £2 to £1.60.



PHILADELPHIA (180g) – down from £2.19 to £1.



BIRDS Eye cod in batter (200g) – down from £2.49 to £2.



OLD El Paso Fajita Kits – down from £3.89 to £2.



BRITISH Savoy cabbage – 59p.

» TRIED AND TESTED: NEW ZEALAND'S VILLA MARIA

ICONIC winery Villa Maria have been placed within the top 10 wineries for the fourth consecutive year. Their cellars may be far away, but New Zealand's Villa Maria has once again been named one of the most admired wine brands in the world, by Drinks International. From a region famous for its intense sauvignon blanc and silky pinot noir, Marlborough is the epicentre of the country's wine. And for Villa Maria to be the country's highest



ranking winery means one thing – we love drinking the wines from this family owned estate.

Along with more serious styles such as their Reserve and Single Vineyard, they produce cult wines that meet the needs and tastes of wine lovers looking for a dependably delicious glass of wine, with more verve than its price would suggest. Here are four favourite bottles of theirs, perfect to drink now or with friends and family over the Bank Holiday weekend...



VILLA MARIA PRIVATE BIN PINOT NOIR 2016 (£12, MORRISONS)

A PLUSH pinot with all the hallmarks of Marlborough pinot noir, it draws you in with fruity aromatics and displays succulent red cherry and berry flavours, spice, wild herbs, savoury elements and fine tannins.



VILLA MARIA PRIVATE BIN PINOT GRIGIO (£9.48, WWW.GROCERIES.ASDA.COM)

IF YOU'RE in the mood for a pinot grigio, this off-dry style with aromas of pear, red apples and honeysuckle with a rich, textured palate reflects Villa Maria's generously flavoursome wines. The 'Most Admired Wine Brand' list is operated by Drinks International, compiled annually by polling industry experts who consider more than 100,000 wineries for the accolade.

COMPILLED BY
DONNA EWEN

*ALL ITEMS LISTED FOR STORES BELOW ARE SUBJECT TO AVAILABILITY. PRICES CORRECT AT TIME OF PRINT

DORITOS
tangy
cheese
tortilla
chips
(150g)
– down
from £1.99
to £1.



EXTRA Special buffalo
mozzarella and sunblush
tomato pizza (12") – down
from £3.50 to £3.



BUTCHER'S Selection
turkey breast steaks
(480g) – £4, buy 3 for £10.



LIGHTHOUSE Bay MSC cod
fillets (2pk) – down from
£2.79 to £2.19.



BIRCHWOOD Farm hot and
spicy British pork loin
steaks (4pk) – £2.99.



OAKLANDS aubergine –
down from 67p to 49p.



ROAST in the bag whole
chicken, pork, sage and
onion stuffed (1.4kg) –
down from £4.75 to £4.25.



FLAT iron steak (225g) –
down from £3.50 to £3.

TASTE The
Difference
Swiss milk
chocolate
bunny
(440g) –
down from
£6 to £5.



BEN & JERRY'S
(500ml)
– down
from
£5.49 to
£3.



HARTLEY'S
best jam
(340g)
– down
from
£2.29 to
£1.



DAZ Go Pods liquitabs
(12pk) – down from
£4.25 to £2.



WARBURTONS crumpets
(6pk) – down from 90p
to 69p.

NESTLE
Cheerios
(375g)
– down
from
£2.99 to
£1.49.



TETLEY resealable tea
bags (240pk) – down
from £6.99 to £3.49.

WINES



VILLA MARIA PRIVATE BIN
RIESLING 2017
(£8.99, MAJESTIC)

RIESLING thrives in
Marlborough where the
near perfect growing
conditions produce wines
with a mixed bouquet
of heady florals, juicy
grapefruit and mandarin
flavours with a hint of
ginger spice and balanced
acidity. An off-dry style that
works well with glazed ham.



VILLA MARIA
PRIVATE BIN SAUVIGNON
BLANC 2017
(£8, TESCO)

THE Marlborough wine
region put New Zealand
savvy blanc on the map
and this pungent, zesty
style leaps from the glass
with its gooseberry,
passionfruit, citrus, melon
and herbaceous aromas.
Crisp, juicy and deliciously
compelling.

STEP BACK IN TIME WITH PICTURES FROM DUNDEE'S PAST



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THINGS TO DO

NEXT WEEK'S
BIG EVENTS

SATURDAY

ICEBREAKER COMEDY

DUNDEE'S fastest growing comedy club returns with another fantastic Saturday night of comedy at Henry's Coffee House. Some of Scotland's best comics have taken part with this edition headlined by Ray Bradshaw. Tickets cost £5 with doors at 7.30pm

SUNDAY

FACE TO FACE

THIS exhibition at the McManus unites the great and good of Victorian Dundee with more contemporary individuals. From provosts to posers, it considers what makes a successful portrait and how people can learn more about the sitter.

MONDAY

MICROSCOPE MARVELS

VIEW the interactive screen installation at Mills Observatory to learn why microscopes are an important tool for scientists. Uncover the marvels of the miniature world in the planetarium, Monday to Friday from 4pm and 12.30pm at the weekend.

TUESDAY

ROYAL ARCH DISPLAY

THIS display at the McManus features the three ages of the arch – wooden, stone and cardboard. Artwork of the arch will be on the walls and marble plaques that survived will be on show beneath the Royal Arch clock.

WEDNESDAY

SOUNDBASE LIVE

THE music sessions at the Caird Hall give young people aged 12-18 years old the opportunity to improve guitar playing, drumming, developing a band, song-writing and performance skills. Booking required. Sessions begin at 10.30am

THURSDAY

SHONKY

THE DCA is thrilled to bring Hayward Gallery Touring's Curatorial Open to Scotland for the first time. This exhibition aims to explore the nature of visual awkwardness through the work of over 15 artists and architects.



FRIDAY

IAIN STIRLING

THE Scots comic is back after stint narrating ITV2's Love Island. Join Stirling as he talks dinner party etiquette and pressures on a generation brought up in a world of instant gratification. Tickets at Dundee Rep. Doors 7.30pm.

» GAMES & APPS



BIO INC. REDEMPTION
PC, STRATEGY, £12.99

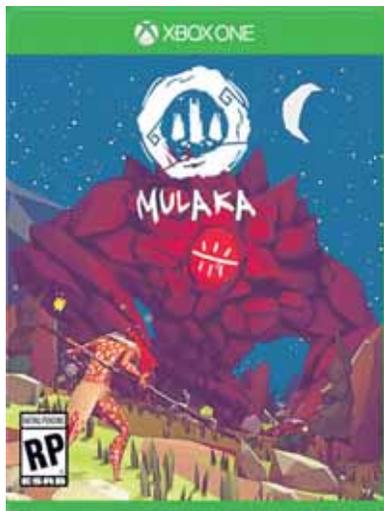
You don't need medical training to know that Bio Inc. Redemption bears no similarity to actual clinical practice. Not unless cuts to the NHS have meant GPs are required to amass the

resources necessary for treatments by harvesting red blood cells from a patient's respiratory system. It might seem harsh to criticise, but Bio Inc. takes such a serious approach to the 'game' of diagnosing each of your patients that the meat of the experience

- clicking on cells to gather points to spend on actions - feels ridiculously out of place. As a former mobile game, Bio Inc.'s many limitations are painfully exposed on a bigger stage.

» 4/10

GAME OF THE WEEK

HISTORICAL ADVENTURE
OFFERS UNIQUE STYLE

MULAKA
PC/XBOX ONE/PS4/SWITCH, ACTION,
£15.99

» MULAKA is a pleasant discovery; a Zelda-type adventure that distinguishes itself with its own unique style.

The game – inspired by the ancient history of northern Mexico – leads to roaming craggy desert environments that do threaten to dry up the visual appeal, however your quest to restore

peace to the Sierra fortunately often veers off for visits to dense settlements or wonderous mountain waterfalls.

Sadly, given such promise, the combat is loose and lightweight, although the ability to perform unlimited long-range attacks does open up some tactical choice.

But the biggest drawback is the juddery frame rate that, at its worst, undermines the distinctive, purposefully characterful angular visuals.

» 7/10



BRAVO TEAM
PS4, FPS, £24.99

BRAVO Team is a sub-Time Crisis arcade shooter with a VR gimmick. First there's the lowbrow political crisis in Eastern European nowhereland plot that begins with an off-screen assassination, clunkily played for emotional impact. Then there's the static shoot-outs, with your avatar able only to manoeuvre between pre-determined, fixed cover positions and then duck up or lean awkwardly out of safety to attack. Finally, there's the shooting itself - weapons spout such ineffectual pellets your enemies seem to keel over as a result of continued minor irritation. It even manages to make the PS4's Aim controller feel unwieldy. Not worth the effort.

» 5/10



FEAR EFFECT: SEDNA
PC/XBOX ONE/PS4/SWITCH, ACTION,
£19.99

FEAR Effect: Sedna is an unexpected instalment for a PSOne series that has never enjoyed cult status. The corny female lead characters and angsty cyberpunk stylings remain, but the original Resident Evil-style 3D exploration is replaced by isometric stealth and shooting, spiced up with a shallow level of strategy, enabling you to pause time and plan the movements of up to five mercs. Real-time combat is a dreary exercise in holding down a button until your opponent dies, puzzles are illogical, the plot is nonsense and the writing is awful. This video game relic should have stayed buried.

» 5/10

» TECH TALK

» COMPILED BY
DEREK UCHMAN

DRAYTON WISER MULTI-ZONE
KIT 2
£189.99

SMART heating control systems aren't new, but this British-built kit is one of the cheapest. Plus you won't need a sparky to set it up.

Inside the box you'll find a control panel and three thermostats (one for a room and two for radiators) – all you need to get you started. First step is to install the control panel for your boiler. This may fill you with dread, but chances are it will just clip on where your old one was. If not, you may have to do a little five-minute rewiring. Then the fun begins. Download

Whether you believe global warming is man-made or not, there's no doubting the weather is getting bonkers. One day it's pleasant, the next we get a visit from a Beast from the East. Sometimes it's difficult to know how to set the heating. Not anymore – this gadget will give you full control, whatever the weather.

the app, and fire it up. It'll talk you through the rest of the process.

The room thermometer is battery-powered, and can sit either on a stand, or fixed to the wall.

Finally, the installation of the radiator thermostats is a breeze — simply screw off the old ones, and connect Drayton's. Job done. If you need to connect other radiators, these can be

bought separately.

The app will give you complete control of your central heating (and hot water) whether you are at home or not. Set schedules, temperatures, give the heating a boost or have a bath ready to run when you get home. You can even set it to Eco Mode, which takes into account the outside temperature.

Finally, the whole caboodle will link to your Amazon Echo, so there are voice control options too. The Multi-zone Kit 2 will not only save you cash, it is also very, very cool.

» 9/10



» In garden gadgets last week the lawnmower featured should have been the STIHL 339 C Cordless Lawnmower, not STIHL 39C

DENIM TRENDS GO NINETIES



1

» DENIM never really goes out of style, but if Irish girl band

B*Witched taught us anything with their late-Nineties music videos, the way you wear it certainly can. That's why it's important that anyone worth their fashion salt stays up to date with denim trends.

For spring, that means much more than just jeans—and there is more than a hint of Nineties styling around.

Here are the denim cuts, colours, washes—and even shoes—you need to know about this season...

THE SKIRT

This is where the Noughties come in—spring's coolest denim skirts are the darkest indigo denim with contrast stitching.

A high-waisted A-line mini makes a great weekend staple, or you could tap into the pencil skirt trend with a knee-length denim number.

1 New Look Contrast Stitch Denim Jacket, 29.99, and Contrast Stitch Denim Skirt, £19.99

THE JEANS

The skinny is back, with super-high-waisted styles big news for spring.

2 From skirts to shoes, **KATIE WRIGHT** threads up spring's key denim trends

The form-fitting cut accentuates your waist and curves – with some of the most flattering jeans from plus-size brands.

2 Simply Be Shape & Sculpt Super High Waist Lace-up Skinny Jeans, £48

THE JACKET

This season it's all about cropped styles—all the better for teaming with your high-waisted jeans for a double denim delight.

For something more dressy, a collarless denim jacket with pocket detailing is the casual equivalent of a boucle blazer and is the ideal cover-up for a floaty boho maxi.

3 Topshop Moto Hacked Off Cropped Denim Jacket, £42

4 JD Williams Collarless Denim Jacket with Fringe Trim, £39

THE DRESS

A great denim dress works for day or night, depending on how you accessorise it.

For day, a shirt dress is a handy transitional piece

– wear it with Western boots now and suede sandals later – while you can zhuzh it up with pointed-toe ankle boots for a fab Eighties feel.

5 Monsoon Joni Denim Dress, currently reduced to £20 from £59

6 V By Very Unique One Shoulder Tie Front Denim Dress, £45

THE SHOES

What's the only thing better than double denim? That's right, TRIPLE denim.

Throw the rule book out the window and add a pair of denim heels to your outfit for the ultimate head-to-toe homage.

7 Deichmann Sequin Detail Strappy Heel, £24.99

2



5



6



3



4



7



» LATEST MUSIC RELEASES

ALBUM OF THE WEEK

JAZZ ON CREST OF NEW WAVE

SONS OF KEMET
YOUR QUEEN IS A REPTILE

» MERCURY-NOMINATED saxophonist Shabaka Hutchings and his band Sons Of Kemet are used to acclaim, and while their latest record may be their

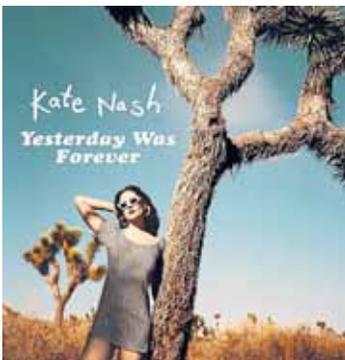
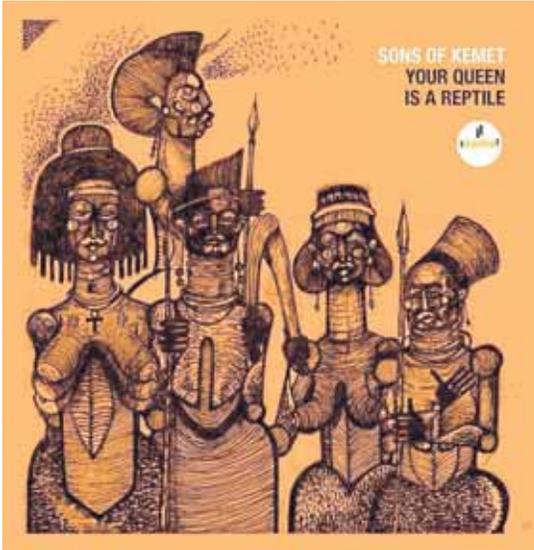
first on a major label, but make no mistake: there's no compromise here.

This is bristling, unapologetic jazz with a punk attitude, drawing in dub, reggae, Dixieland, Afropunk and spoken word on its way. And like the legends of the impulse! imprint in years past (Coltrane, Rollins and Mingus to name just

a few), the four-piece manages to be both radical and uncompromising, yet perfectly in step with its time.

British jazz at large may be at its most nascent period in decades, and with a record this thrillingly vital, Sons Of Kemet look to have pushed themselves to the crest of that new wave.

» 9/10



KATE NASH
YESTERDAY WAS FOREVER

WHILE now starring in Netflix's *Glow*, Kate Nash has fortunately found herself unable to leave music behind – and this carbonated collection of 90s nostalgia is as bright and pugnacious as that show, and smarter. Framed around the revisiting of teenage diaries, *Yesterday Was Forever* doesn't mourn lost youth: it reconnects to the appetites and loyalties of late adolescence, with the joyous screams and musical mood swings that might imply. Nash's commitment to her concept allows for wild stylistic reach.

» 8/10



BETTYE LAVETTE
THINGS HAVE CHANGED

CULT soul-singer Bettye LaVette continues on her idiosyncratic path with a collection of Bob Dylan covers that eschews most of his best-known works for deep cuts and obscurities. Although a couple of his classics are represented, LaVette makes them her own: *It Ain't Me Babe* is transformed into a smooth soul groove, while *The Times They Are A-Changing* is half-rapped over a slow-funk bassline. *Things Have Changed* is let down by excessively slick production that makes for a slightly bland listen, but LaVette's husky vocals are never less than arresting.

» 6/10



CABBAGE
NIHILISTIC GLAMOUR SHOTS

FERMENTING with anger and hostility, like a British take on US band Black Lips' helter-skelter garage rock, the record has a touch of the ridiculous to it too, not least within its song titles. *Arms of Pleonexia*, *Post-Modernist Caligula* and *Molotov Alcopop* are typically caustic anthems from this group of outliers from Manchester. There are moments where former tour-mates Kasabian spring to mind as musical kinsmen, but Cabbage present themselves as a whimsical, cockeyed shock-rock alternative to the mainstream, and in the most part they succeed.

» 6/10



THE VACCINES
COMBAT SPORTS

BACK in 2011 The Vaccines swept the indie rock scene with a fistful of fun, upbeat indie pop bangers. Seven years later, the band have released a collection of tracks that maintain the simplicity but lack the charm. The missing ingredient is their sense of fun. Without it, as is the case in *Combat Sports*, there are only hook-driven tunes that feel a little uncomfortable in their own skin. Unfortunately for The Vaccines, their recipe is less effective without their characteristic thrum of excitement, leaving a slightly turgid collection of pop-rock misfires.

» 4/10

» RADIO HIGHLIGHTS

SATURDAY

SOUND OF CINEMA
BBC RADIO 3
3PM

A LOOK back at the career of Oscar-winning film composer Alexandre Desplat who joins Matthew Sweet to talk about his music career.

SUNDAY

DRAMA: AN ENEMY OF THE PEOPLE
BBC RADIO 4
3PM

THE first of a two part series. Alfred Molina stars as doctor Thomas Stockmann in this adaptation of Henrik Ibsen's 1882 work.

MONDAY

THE RAW PEARL BAILEY
BBC RADIO 2
10PM

MORGAN Freeman is celebrating the life of Tony award winning singer and actress Pearl Bailey. They worked together in *Hello, Dolly!*

TUESDAY

IN THE STUDIO
BBC WORLD SERVICE
11.30AM/10.30PM

FELICITY Finch talks to author Sophie Hannah as she finishes her third *Hercules Poirot* novel. She discusses the difficulty of writing a dead author's character.

WEDNESDAY

PHIL WILLIAMS
BBC RADIO 5 LIVE
10.30PM

LISTENERS will hear a preview of new podcast, *You, Me And The Big C*, in which Rachael Bland, Deborah James and Lauren Mahon discuss living with cancer.

THURSDAY

OPEN COUNTRY
THE ISLE OF WIGHT:
PLASTIC FREE?
BBC RADIO 4
3PM

IAN Marchant finds out how Isle of Wight residents are trying to live plastic-free. He also helps clean a beach.

FRIDAY

THE FULL WORKS
CONCERT
CLASSIC FM
8PM

ON HIS 65th birthday Catherine Bott celebrates Scottish film and TV composer Patrick Doyle and his music inspirations.

IN SHORT

SERVING UP
FOOD DELIGHT

GLOBE-TROTTING food shows are a dime a dozen on Netflix but *Somebody Feed Phil*, is one of the best.

The opening titles make it look like a cheesy 90s American sitcom (probably because host Phil Rosenthal co-created *Everybody Loves Raymond*) but get past that and it's a delight.

Rosenthal's childish enthusiasm for any wacky food that's put in front of him is infectious and it makes you want to jump on a plane to the destination (Tel Aviv, Lisbon, Saigon, Mexico City, New Orleans and Bangkok) immediately. Nigel and Rick, our own travelling foodies, could learn a lot from Phil.

SENSITIVE VIEW
OF GRENFELL

UP UNTIL now my only exposure to Reggie Yates was when he presented the *Top of the Pops* Christmas special, so he wouldn't be my first choice to make a documentary about the Grenfell Tower disaster. However *Searching For Grenfell's Lost Lives* (BBC2), in which the presenter and radio DJ visited families involved in the tragedy, was both eye-opening and sensitive. He studiously avoided turning the documentary into a party political broadcast and instead focussed on the human faces of the fire. Class came into it, of course, but it was also about community and the way it reacted to the unimaginable horror.

SWITCHING ON
EMOTIONS

AS FAR as reality show ideas go, Channel 4's *Seven Year Switch* – couples in crisis swap partners in an attempt to save their relationships – is genius. It delivers everything we want from a reality show – emotion, tension and blazing rows. But as far as a methods of saving a troubled relationship go, *Seven Year Switch* is absolutely the WORST. Urgh.

» EWAN'S VIEWING



» MOTORING ALONG: THE TOP GEAR TEAM HAVE FOUND THEIR MOJO

» TWO years ago it looked as though *Top Gear* was on a shoogily peg.

Clarkson and co had departed for a lucrative gig on Amazon and Chris Evans' tenure as host was almost universally panned, prompting his departure after just one series.

The problem was simple: Amazon's *The Grand Tour* had a mega budget AND the original stars. *Top Gear* had a BBC budget and none of the original stars.

Which is why I'm so surprised that *Top Gear* has done the unexpected and found its mojo, while *The Grand Tour* has spluttered along for two series with none of the charm or flair that made *Top Gear* (Mark One) so fun.

The lesson the producers of *Top Gear* seem to have learned is not to try too hard.

I don't mean they're being lazy, it's just that the stuff that makes *Top Gear* memorable – the cars, the locations, the chemistry between

SHOW NOW IN
RIGHT GEAR

Our TV critic
**EWAN
CAMERON**
reviews
this week's
television



hosts – can't be created just by chucking a load of money at it. Since Chris Evans' departure, the show has taken its foot off the pedal in a good way and returned to the kind of things that made it popular in the first place.

Chemistry isn't something that can be rushed or faked, but hosts Matt LeBlanc, Chris Harris and Rory Reid finally feel like a proper team, rather than three individuals thrown together for an arranged marriage.

In contrast, the ongoing relationship between Clarkson, May and Hammond feels like a marriage that is slowly going down the tubes.

The only differences they made with *The Grand Tour* were the ones they were contractually obligated to do to avoid being sued by the makers of *Top Gear*.

As a result it's naggingly dull to watch and by the end you feel as though you've just wasted an hour.

You often read about people who have gone through a life-threatening event and have come out the other side with a renewed zest for life.

Against the odds *Top Gear* survived the turmoil of Clarkson's exit but rather than sink into oblivion it emerged on the other side, not only rejuvenated but with a real spring in its step.

MOVIE OF THE WEEK

THE WITCH
NETFLIX

The best horror films don't always rely on blood or jump scares, they simply get under your skin in ways you can't understand. They make you feel uneasy, polluted even, as though you're watching something wasn't meant for human consumption. *The Witch* does exactly that.

Set in New England during the 1600s, a Puritan family living on the edge of a forest slowly unravel after becoming convinced they've been cursed by a witch. Revealing any more would ruin the surprises, but Robert Eggers' film (remarkably his debut) contains some unforgettable images that genuinely made the hairs on the back of my neck stand up.

It's meticulously slow, but utterly unique.

» WHAT DO YOU THINK?



FACEBOOK.COM/
EVENINGTELE



TWITTER.COM/
EVENING_TELE

CITIES THRILLER A MIX OF CRIME DRAMA AND FANTASY

» DAVID Morrissey has shied away from playing a copper of late – but BBC Two's *The City & The City* proved one ranking he could not resist.

Far from your run-of-the-mill procedural, the thriller, an adaptation of China Mieville's existential novel, offers an odd hybrid of crime fiction and fantasy literature, with a sprinkling of noir cop drama thrown in for good measure.

The mind-bending tale begins when Inspector Tyador Borlu (Morrissey) of the extreme crime squad is drawn in to investigate the murder of a foreign student on the streets of the down-at-heel city of Beszel.

When evidence suggests the dead girl had come from Ul Qoma, a city that shares a dangerous and volatile relationship with Beszel, the inquiry soon threatens to challenge everything Borlu holds dear.

"It's anchored in something we know, police procedure, but it's so different," *The Missing* actor, 53, says of the show's appeal.

"It's a different world with different rules, different colours, so I jumped at it because it really challenges you in a different way," he notes. "It certainly challenged me as an actor. [It] really pushed me and that's what you want."

Already familiar with the book and having already worked with screenwriter Tony Grisoni on *The Red Riding Trilogy*; as well as director Tom Shankland on *The Missing*, the Scouse star had

David Morrissey likes a challenge – and his latest outing as a tormented police inspector in small-screen adaptation *The City & The City* is certainly that. He talks to GEMMA DUNN

complete faith in its page-to-screen transition.

But forging the two together came with its own challenges, namely, learning the "ways" of the opposing metropolises.

Beszel being "analogue, slightly eastern European, slightly dirty and grubby" and Ul Qoma "chrome, glass, military, Swiss in its cleanliness and in denial of any social disorder".

"The concept is strange; it is a detective story told in this city, which is actually two cities that share the same footprint," Morrissey says, having filmed in Manchester and his birth town of Liverpool.

"But there are very strict regulations about the fact that one city cannot see the other city's populace.



» POLICE: DAVID MORRISSEY RELISHED THE ROLE OF INSPECTOR TYADOR BORLU

"They can't look there, they can't acknowledge them or interact with them and that creates all sorts of strange rules," he elaborates.

"Inside there is a secret police force called Breach and they are there to make sure that nobody breaks those laws of interacting between the cities."

As for Borlu: "He's a man who's very happy to be where he is, he accepts everything, and he accepts the rules of the game and of his country," maintains Morrissey.

"He's a policeman, he's a man of authority, but he's also somebody who's broken, he's lost," he adds. "He's lost someone who he loved dearly – something that personally puts him at odds with his system because he's trying to make sense of something that's happened to him."

Much like Morrissey's roles in *Britannia* and *The Walking Dead*,

Borlu is a strong lead but how does he differ?

"I'm 6ft 3, so you do tend to get guys who come in and kick ass a bit," he says with a laugh.

"But this is different. He's spinning from the off; sometimes I get characters who get that down the line," he adds. "But you can see his torment very quickly and it's reflected in the world around him – as well as his interior story."

"I loved Borlu. No one's said anything, but I'd love to carry on playing him."

Morrissey has high hopes viewers will be equally as intrigued.



» ROLES: DAVID MORRISSEY AND MANDEEP DHILLON IN A SCENE FROM THE CITY & THE CITY

» UNMISSABLE SPORT ON TV THIS WEEK

SATURDAY

WORLD CHAMPIONSHIP BOXING
6PM, SKY BOX OFFICE

ANTHONY Joshua takes on **Joseph Parker** for the **WBA, IBF, WBO** world heavyweight championships. The **Principality Stadium** in **Cardiff** will be packed out.

SUNDAY

LIVE SCOTTISH PREMIERSHIP
NOON, SKY SPORTS FOOTBALL

DUNDEE host **Hearts** in a crucial match for the **Dark Blues**. The **Jambos'** away form has been poor this season, and **Dens boss Neil McCann** will be looking for a win against his former club.

MONDAY

TEST CRICKET
8.55AM, SKY CRICKET, SKY MAIN EVENT

The fourth day of the fourth test between **South Africa** and **Australia** at the **Wanderers Stadium, Johannesburg**. The series has been marred by **Australia's** ball tampering in the third test.

TUESDAY

CHINA OPEN SNOOKER
7.30AM, 12.25PM, EUROSPORT

COVERAGE of second day of snooker's **China Open**. The winner will receive the first prize of **£225,000** and go into the **World Championships** at the end of **April** in top form.

WEDNESDAY

CHAMPIONS LEAGUE QUARTER FINAL
7PM, BT SPORT 2

The first leg of the quarter final between **Liverpool** and **Manchester City** at **Anfield**. While **City** are romping towards the **English Premier League** title **Liverpool** have beaten them earlier in the season.

THURSDAY

COMMONWEALTH GAMES
6AM, BBC2, 9.15AM BBC1, BBC RED BUTTON

ABERDEEN track cyclist **Neil Fachie** will attempt to win gold in the men's visually impaired time trial and **Inverurie** swimmer **Hannah Miley** is also in action.

FRIDAY

MASTERS GOLF
7PM, SKY GOLF, SKY MAIN EVENT

The second round of the prestigious **US Masters** at the legendary **Augusta National** course. **Rory McIlroy**, **Tiger Woods**, **Phil Mickelson** and **Dustin Johnson** are among the favourites to win the green jacket.

SOAPS LATEST

EASTENDERS

JOINING your girlfriend's family around the dinner table is normally a daunting prospect – especially if her dad happens to be Phil Mitchell. Yet instead of chasing Louise's boyfriend off with threats of violence, Phil welcomes Hunter with open arms. Mel is alarmed by this turn of events – and Sharon doesn't seem that happy about the two families mixing either.

CORONATION STREET

CRAIG'S life as an OCD sufferer goes from bad to worse. While Bethany is shattered by his announcement that Neil Clifton is appealing against his conviction, the long-suffering copper shuts himself away inside his flat. The assault on David has wrecked his love life with Shona, and the oblivious cafe worker tries to understand why her partner is acting so strangely.

EMMERDALE

BOB is consumed with jealousy after seeing someone else flirt with Laurel, he takes his anger out on a water pipe, gets soaked and eventually he and Laurel wind up kissing. He stays the night, but when Brenda gets wind of the fling, she plans revenge. Elsewhere, Robert and Aaron's celebrations are cut short when Adam's cell mate Syd holds baby Seb hostage and demands £100,000.

RIVER CITY

BELIEVING Annie grassed him to the police, Lenny's hell-bent on revenge against his daughter-in-law but a desperate Alex offers an alternative plan to save his wife's life – Frankie will confess to Rick's murder. Annie's horrified at the idea but her protests fall on deaf ears.



» **CONCERN:** SHONA RAMSEY (JULIA GOULDING) SPEAKS TO DAVID PLATT (JACK P SHEPHERD)

HOLLYOAKS

OH, WHAT a tangled web of lies is spun this week. Joel's carry on with Cleo looks like it'll end in tears if Sienna finds out. He expresses his undying love for Cleo and says he will come clean to his dad's ex. However, Sienna suspects he's about to confess and lies that her cancer has spread to avoid his bombshell.

HOME AND AWAY

ASH and the River Boys pursue Robbo to the headland, but the police are close behind. After Tori comes clean to Martin about sheltering Robbo, they split up, and though Justin tries to reason with him, Dean supports Ash. Robbo is taken into custody, but he avoids implicating the Morgans. After Dean and Colby discuss their shared history, Thorne's secret past is revealed.

NEIGHBOURS

IT LOOKS like Paul is in the clear when Aaron hands in the flash drive with proof that Robinson was not to blame for the fire that killed Rafael's mother. The scarred Brit elects to return home to help the police search for Dakota, bidding David an emotional goodbye. Meanwhile, Xanthe visits Ben, but the romantic weekend she hoped for fails to materialise.



» **STARS:** FROM LEFT, MANDEEP DHILLON AS LIZBYET CORWI, DAVID MORRISSEY AS INSPECTOR TYADOR BORLU AND DANA HAQJOO AS NAUSTIN

“

WE ARE MORE AND MORE IN DENIAL ABOUT THE WORLD AROUND US

“What I loved about *The Missing* is it's quite confusing, but audiences stay with it because your central dilemma is something you want solving,” reasons the father-of-three.

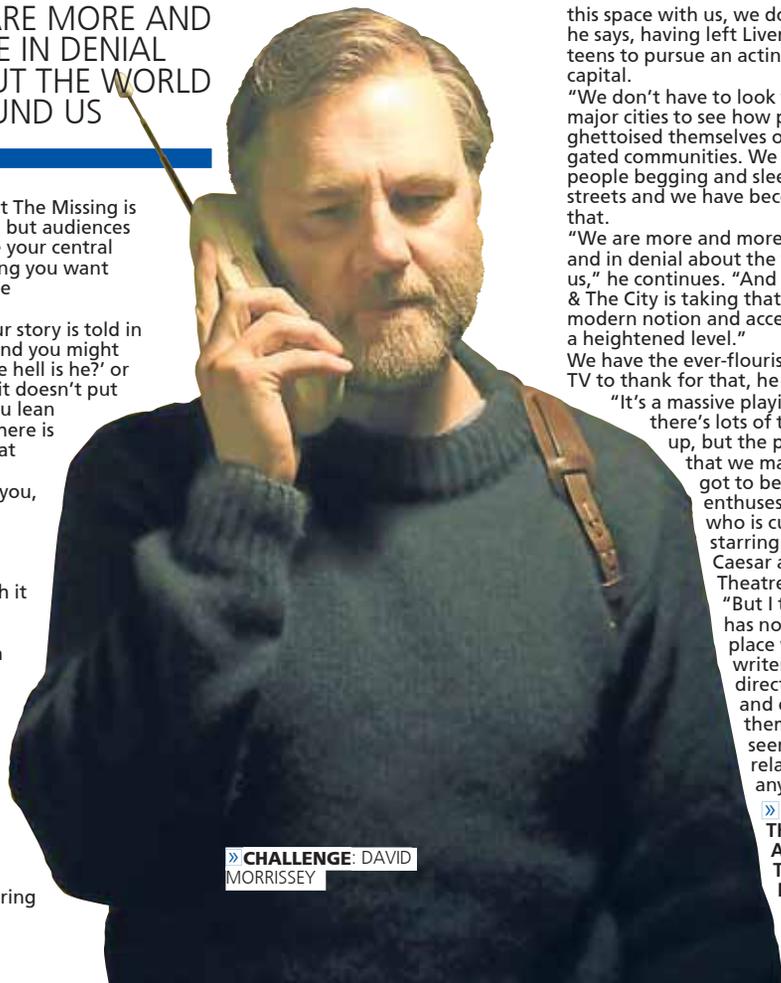
“So even though our story is told in three time frames and you might think, ‘Well who the hell is he?’ or ‘What's he doing?’ it doesn't put you off. It makes you lean forward and go ‘Where is it?’ ‘How is it?’ ‘What does it mean?’

“It's asking a lot of you, and I like that,” he concludes. “It's not spoon-feeding you story and plot. You have to engage with it on many levels.”

However, it's not a stretch to imagine a life like this, quips Morrissey.

City-dwellers, in particular, may relate more than most.

“London is a prime example of a place where we completely don't acknowledge other people who are sharing



» **CHALLENGE:** DAVID MORRISSEY

this space with us, we don't see them,” he says, having left Liverpool in his teens to pursue an acting career in the capital.

“We don't have to look too far in our major cities to see how people have ghettoised themselves or are living in gated communities. We walk past people begging and sleeping on the streets and we have become blind to that.

“We are more and more on our screens and in denial about the world around us,” he continues. “And I think *The City & The City* is taking that type of modern notion and accentuating it to a heightened level.”

We have the ever-flourishing world of TV to thank for that, he says.

“It's a massive playing field, there's lots of things opening up, but the programmes that we make have still got to be good,” enthuses Morrissey, who is currently starring in *Julius Caesar* at the Bridge Theatre.

“But I think television has now become the place where good writers, good directors can come and express themselves. It's not seen as the poor relation to film anymore.”

» **THE CITY & THE CITY** AIRS ON BBC TWO ON FRIDAY



CRITIC'S CHOICE

THE BEST OF TODAY'S TELLY

**Hamlet**
(BBC2, 9pm-12.15am)

The Almeida Theatre's 2017 acclaimed production of Shakespeare's play, recorded as-live in its West End transfer on the stage of London's Harold Pinter Theatre. Andrew Scott plays the Prince in Robert Icke's production, which features the original

cast, and is directed for the screen by Rhodri Huw, also starring Jessica Brown Findlay, Angus Wright, Juliet Stevenson, Luke Thompson, Maanuv Thiara, Peter Wight, David Rintoul, Calum Finlay, Joshua Higgott, Marty Cruickshank, Madeline Appiah, Daniel Rabin, Matthew Wynn, Barry Aird, Mark Desebrock and Penelope McGhie.

**Ant & Dec's Saturday Night Takeaway**
(STV, 7pm-8.30pm)

Stephen Merchant is on duty as the Star Guest Announcer, and Stephen Mulhern hits the streets of Warrington for the latest round of In for a Penny. Plus, Paloma Faith takes to the stage in the End of the Show Show and the Script are in the studio for Singalong Live.

**Attenborough's Wonder of Eggs**
(BBC2, 8pm-9pm)

David Attenborough has a passion for birds' eggs, which protect the young from the outside world at the same time as allowing them to breathe and are strong enough to withstand the full weight of an incubating parent and weak enough to allow a chick to break free.

**The Silk Road**
(BBC4, 8pm-9pm)

Sam Willis continues his journey in Iran. He visits Persepolis, the city that was at the heart of the Persian empire. Along the way, he stops at a Zoroastrian temple before arriving at Istanbul, where he discovers the influence the silk trade had on the Roman empire, and finally returns to Venice.

**Guy Martin's Spitfire**
(More4, 9pm-10.35pm)

In May 1940, a Mark I Spitfire was shot down and crash-landed on a beach in northern France, where it slowly sank into the sand. The wreckage was finally recovered in the 1980s and stored in France for more than 20 years. In this programme, Guy Martin joins a two-year project to rebuild the aeroplane.

BBC1

- 6.00** Breakfast
10.00 Saturday Kitchen Live
11.30 Classic Mary Berry (r)
12.00 Football Focus
1.00 BBC News; Weather
1.15 Bargain Hunt (r)
2.00 MasterChef (r)
2.30 MasterChef (r)
3.00 **FILM:** Shrek Forever After (2010)
4.25 SportsScene Classified results and a round-up of the afternoon's football news.
5.15 A Question of Sport (r)
5.45 Doodlebugs
6.00 Ready or Not
6.30 BBC News
6.40 Reporting Scotland; Weather
6.45 Pointless Celebrities

EARLY

PRIME TIME

- 7.35** **Who Dares Wins** Nick Knowles hosts the game show in which two pairs of complete strangers team up, each battling to outdo the other by listing as much as they know about a given subject.
8.20 **Casualty** Glen and Robyn are both rushed to the ED, where he tells her the truth about his seizures.
9.10 **Troy: Fall of a City** King Priam takes his life into his hands to visit the Greek camp and Achilles.
10.10 **BBC News; Weather** Followed by National Lottery Update
10.30 **Match of the Day** Gary Lineker presents highlights of the latest Premier League matches, including Everton v Manchester City at Goodison Park and Manchester United v Swansea City at Old Trafford. Plus, Crystal Palace v Liverpool at Selhurst Park, Brighton & Hove Albion v Leicester City at the Amex Stadium, Newcastle United v Huddersfield Town at St James' Park, Watford v Bournemouth at Vicarage Road, West Bromwich Albion v Burnley at the Hawthorns and West Ham United v Southampton at London Stadium.

12.00 **FILM:** Forget Me Not (2011) **1.30** Weather for the Week Ahead **1.35** BBC News

Troy: Fall of a City, 9.10pm.



BBC2

- 6.10** The Wonder of Animals (r)
6.40 Naomi's Nightmares of Nature (r)
7.10 The Pets Factor
7.30 The Dengineers
8.00 Absolute Genius: Monster Builds
8.30 Beyond Bionic
9.00 Robot Wars (r)
10.00 Gordon Buchanan: Elephant Family & Me (r)
11.00 Six Puppies and Us (r)
12.00 The Ladykillers: Pest Detectives (r)
1.00 **FILM:** Cromwell (1970)
3.15 Canterbury Cathedral (r)
4.15 The Secret Helpers (r)
5.15 50 Years of Reporting Scotland: The News Where We Are (r)
5.45 Eòrpa (European Current Affairs)
6.15 Easter from King's

- 7.30** **Dad's Army** (r) Sergeant Wilson inherits a title following the death of an elderly relative and joins the aristocracy – much to Mainwaring's annoyance.
8.00 **Attenborough's Wonder of Eggs** David Attenborough has a passion for birds' eggs, which protect the young from the outside world at the same time as allowing them to breathe and are strong enough to withstand the full weight of an incubating parent and weak enough to allow a chick to break free. In this documentary, the broadcaster reveals the secrets of birds' eggs from creation to hatching, exploring how they are made, the reasons behind their shape and their intrinsic purpose.
9.00 **Hamlet** The Almeida Theatre's 2017 acclaimed production of Shakespeare's play, recorded as-live in its West End transfer on the stage of London's Harold Pinter Theatre. Andrew Scott plays the Prince in Robert Icke's production, which features the original cast, and is directed for the screen by Rhodri Huw, also starring Juliet Stevenson and Jessica Brown Findlay.

12.15 Civilisations (r) **1.15** **FILM:** Therese Desqueyroux (2012) **3.00** This Is BBC Two

Easter from King's, 6.15pm.



STV

- 8.10** The Bagel and Becky Show (r)
8.30 Thunderbirds Are Go
9.05 Wishart (r)
9.25 ITV News
9.30 James Martin's Saturday Morning
11.25 Who's Doing the Dishes? (r)
12.25 ITV News; Weather
12.30 The Harbour (r)
1.00 Best Walks with a View with Julia Bradbury (r)
1.30 Britain's Brightest Family (r)
2.00 Celebrity Catchphrase (r)
3.00 Tenable (r)
4.00 Tipping Point (r)
5.00 The Chase (r)
6.00 ITV News; Weather
6.15 STV News; Weather
6.30 New You've Been Framed!

- 7.00** **Ant & Dec's Saturday Night Takeaway** Stephen Merchant is on duty as the Star Guest Announcer, and Stephen Mulhern hits the streets of Warrington for the latest round of In for a Penny. Plus, Paloma Faith takes to the stage in the End of the Show Show and the Script are in the studio for Singalong Live. There will also be plenty of surprises as more Places on the Plane are given away, and another lucky player gets the chance to Win the Ads.
8.30 **The Voice UK** Emma Willis hosts the live semi-final of the singing contest, as the eight remaining contestants compete to impress the public and win one of the four places in next week's show.

- 10.00** ITV News; Weather
10.15 **FILM:** The Bourne Identity (2002) A fishing boat crew plucks a man out of the sea with two bullet wounds in his back and a safety-deposit number sewn into his skin – but absolutely no memory of who he is or how he got there. In the search for his true identity, he is pursued by assassins. Thriller, starring Matt Damon and Franka Potente.

12.20 Teleshopping **1.20** After Midnight **2.50** Babushka (r) **3.40** ITV Nightscreen **4.35** The Jeremy Kyle Show (r) **5.30** Teleshopping

The Voice UK, 8.30pm.



RADIO LISTINGS

BBC RADIO 1

6.00 Radio 1's Greatest Hits with Alice Levine.
10.00 Radio 1's Greatest Hits with Maya Jama.
1.00 The Matt Edmondson Show. **4.00** Radio 1's Dance Anthems with MistaJam. **7.00** Xtra's Takeover with DJ Target. **9.00** The Rap Show with Charlie Sloth. **11.00** Diplo and Friends. **1.00** Radio 1's Asian Beats with Kan D Man & DJ Limelight. **4.00** David Rodigan.

BBC RADIO 2

5.00 Huey on Saturday. **6.00** Sounds of the 60s. **8.00** Saturday Breakfast with Dermot. **10.00** Graham Norton. **1.00** Pick of the Pops. **3.00** The Zoe Ball Show. **6.00** Liza Tarbuck. **8.00** Trevor Nelson's Rhythm Nation. **10.00** The Craig Charles House Party. **12.00** Ana Matronic's Disco Devotion. **2.00** Radio 2's Showtunes Playlist. **3.00** Radio 2 Playlist: Love Songs. **4.00** Radio 2 Playlist: Easy.

BBC RADIO 3

7.00 Breakfast. **9.00** News. **9.03** Record Review.

12.15 Music Matters. **1.00** News. **1.02** Saturday Classics. **3.00** Sound of Cinema. **4.00** Jazz Record Requests. **5.00** Jazz Line-Up. **6.30** Opera on 3 from the Met. **10.30** Hear and Now. **12.00** Geoffrey Smith's Jazz. **1.00** Through the Night.

BBC RADIO 4

5.30 (FM) News Briefing. **5.30** (LW) Test Match Special. **5.43** (FM) Prayer for the Day. **5.45** (FM) iPM. **6.00** (FM) News and Papers. **6.07** (FM) Ramblings. **6.30** (FM) Farming Today This Week. **6.57** (FM) Weather. **7.00** Today. **9.00** Saturday Live. **10.30** Gyles Brandreth and the Art of Persuasion. **11.00** The Week in Westminster. **11.30** From Our Own Correspondent. **12.00** News. **12.04** Money Box. **12.30** The Now Show. **12.57** Weather. **1.00** News. **1.10** Any Questions? **2.00** Any Answers? **2.30** Drama: Moonraker. **4.00** Weekend Woman's Hour. **5.00** Saturday PM. **5.30** The Bottom Line. **5.54** Shipping Forecast. **5.57** Weather. **6.00** Six O'Clock News. **6.15** Loose Ends. **7.00** Profile. **7.15** Saturday Review. **8.00** Archive on 4:

Per Ardua Ad Astra: RAF Voices. **9.00** Drama: Boswell at Large: A Corsican Adventure. **10.00** News and Weather. **10.15** The Moral Maze. **10.30** (LW) Test Match Special. **11.00** (FM) Brain of Britain. **11.30** (FM) Hiraeth. **12.00** (FM) News and Weather. **12.30** (FM) Short Works. **12.48** (FM) Shipping Forecast. **1.00** (FM) As BBC World Service. **5.20** (FM) Shipping Forecast.

BBC RADIO 5 LIVE

5.00 5 Live Boxing with Costello & Bunce. **5.30** Under the Weather. **6.00** Saturday Breakfast. **9.00** The Danny Baker Show. **11.00** Fighting Talk. **12.00** 5 Live Sport. **12.30** 5 Live Sport: Premier League Football 2017-18. **2.30** 5 Live Sport. **3.00** 5 Live Sport: Premier League Football 2017-18. **5.00** Sports Report. **6.00** 6-0-6. **8.00** Kermede and May's Film Review. **9.00** Stephen Nolan. **12.00** Arts Club with Will Gompertz. **1.00** Up All Night.

CLASSIC FM

7.00 Alan Titchmarsh. **9.00** The Classic FM Hall of

CHANNEL 4

- 6.10** **Marathon: Maraton del Meridiano**
6.40 **Triathlon: Challenge Wanaka**
7.05 **The King of Queens** (r)
7.55 **Everybody Loves Raymond** (r)
8.50 **Frasier** (r)
10.25 **The Big Bang Theory** (r)
11.50 **The Simpsons** (r)
12.20 **The Simpsons** (r)
12.50 **The Simpsons** (r)
1.20 **Come Dine with Me** (r)
2.20 **Coast vs Country** (r) A couple in search of a new life in either Dorset or Hampshire.
3.25 **A Place in the Sun: Winter Sun** (r)
5.30 **The Secret Life of the Zoo**
 Cameras follow an arthritic penguin at Chester Zoo. (r)
6.30 **Channel 4 News**

- 7.00** **Coastal Railways with Julie Walters** (r) The actress travels from Newcastle to Edinburgh by train, stopping off at the coastal town of Alnmouth and the world's biggest gannet colony, and meeting a lobster breeder.
8.00 **Britain at Low Tide** In *Fife*, Tori Herridge explores a wreck close to the scene of one of Britain's worst railway disasters. Last in the series.
9.00 **FILM: Taken 3** (2014) Ex-CIA agent Bryan Mills' efforts to finally live a quiet life are shattered by the death of his ex-wife. Just when things seemingly can't get any worse, he is framed for her murder and must fight to clear his name. Action thriller sequel, starring Liam Neeson.
11.10 **FILM: AVP: Alien vs Predator** (2004) A team of scientists investigates the discovery of a mysterious pyramid beneath the Antarctic ice, which is inhabited by a deadly alien race. Meanwhile, a second species of hostile extraterrestrials are on their way to prove their worth by vanquishing the first in battle. Sci-fi thriller, starring Sanaa Lathan.

- 1.00** **Ramsay's Kitchen Nightmares USA** (r)
1.45 **Hollyoaks** (r) **3.55** **The Question Jury** (r)
4.50 **George Clarke's Amazing Spaces** (r) **5.45** **Streetmate** (r)

Britain at Low Tide, 8pm.



Fame with Bill Turnbull. **12.00** **The Classic FM Hall of Fame** with Anne-Marie Minhall. **3.00** **The Classic FM Hall of Fame** with Catherine Bott. **6.00** **The Classic FM Hall of Fame** with Rob Cowan. **9.00** **Blowers Around Britain**. **10.00** **Smooth Classics**. **2.00** **Katie Breathwick**. **4.00** **Jane Jones**.

BBC RADIO SCOTLAND
6.00 **Bulletin**. **6.02** **Personal Best**. **6.30** **Out of Doors**. **8.00** **Good Morning Scotland**. **10.00** **Sherrin**. **11.32** **Breaking the News**. **12.00** **Bulletin**. **12.05** **(FM) Off the Ball**. **12.05** **(MW) Sportsound**. **1.59** **Sportsound**. **5.30** **Bulletin**. **5.35** **Off the Ball**. **7.00** **Bulletin**. **7.05** **Take the Floor**. **9.00** **Bulletin**. **9.05** **Pipeline**. **10.00** **Bulletin**. **10.05** **Bitly Sloan**. **2.00** **As Radio 5 Live**.

CHANNEL 5

- 6.00** **Milkshake!**
10.10 **FILM: Gone with the Wind** (1939) A plantation heiress has a tumultuous relationship with a roguish Southern gentleman during the American Civil War. Epic romantic drama, starring Vivien Leigh and Clark Gable.
2.30 **FILM: Oklahoma!** (1955) Rodgers and Hammerstein's musical Western, with Gordon MacRae.
4.00 **5 News Update**
4.05 **FILM: Oklahoma!** (1955) Concluded.
5.15 **Can't Pay? We'll Take It Away** (r) Paul Bohill and Steve Pinner try to repossess a house.
6.15 **Can't Pay? We'll Take It Away: Final Demand**

- 7.00** **Cruising with Jane McDonald** (r) The singer returns to Naples, from where takes a ferry to Capri hoping to fulfil an ambition she has had all her life – to follow in the footsteps of entertainer Gracie Fields.
8.00 **Inside Windsor Castle** (r) A look back at the series of events that shaped the monarchy between 1936 and 1952, using dramatic reconstructions and an extraordinary archive of film.
8.55 **5 News Weekend**
9.00 **Most Shocking Sexist TV of All Time** Through archive footage and talking heads, a look at how gender politics has played out on television from the 1960s to the present day.
10.30 **20 Moments That Rocked the 80s** (r) Cherie Lunghi presents a countdown of memorable moments from the 1980s. The programme features a look back at royal weddings, political scandals, sporting triumphs and financial disasters, and remembers the rise to fame of iconic entertainers and popular TV shows. With contributions from Pam St Clement, Jayne Torvil, Peter Shilton, Chris Tarrant and Roy Hay.

- 12.05** **SuperCasino** **3.10** **Inside Manchester's Midland Hotel** (r) **4.00** **The X-Files** (r) **4.45** **House Doctor** (r) **5.10** **Great Artists** (r) **5.35** **Wildlife SOS** (r)

Inside Windsor Castle, 8pm.



Hostage, Sky One, 11.55pm.

OUR TOP CHANNEL PICK

SATELLITE & DIGITAL

BBC4

- 7.00** **Lost Kingdoms** of Central America. **8.00** **The Silk Road**. **9.00** **Below the Surface**. **10.30** **Top of the Pops: 1985**. **11.30** **The Highwaymen: Friends Till the End**. **12.25** **The Highwaymen Live**. **2.25** **Lost Kingdoms** of Central America. **3.25** **Top of the Pops: 1985**. **3.55** **Sounds of the Seventies – Solo**. **4.00** **Close**.

ITV2

- 6.00** **The Planet's Funniest Animals**. **6.15** **Emmerdale**. **8.40** **Coronation Street**. **11.55** **Celebrity Catchphrase**. **12.55** **You've Been Framed! Gold**. **1.55** **FILM: The Flintstones in Viva Rock Vegas** (2000). Family comedy prequel, starring Mark Addy. **2.55** **FYI Daily**. **3.00** **FILM: The Flintstones in Viva Rock Vegas** (2000). **3.40** **FILM: Nanny McPhee** (2005). Period fantasy, starring Emma Thompson. **4.40** **FYI Daily**. **4.45** **FILM: Nanny McPhee** (2005). **5.45** **FILM: Mr Bean's Holiday** (2007). Comedy, starring Rowan Atkinson. **6.45** **FYI Daily**. **6.50** **FILM: Mr Bean's Holiday** (2007). **7.30** **FILM: Skyfall** (2012). James Bond thriller, starring Daniel Craig. **8.35** **FYI Daily**. **8.40** **FILM: Skyfall** (2012). James Bond thriller, starring Daniel Craig. **10.15** **Celebrity Juice: Easter Special**. **11.05** **Family Guy**. **12.05** **American Dad!**. **1.05** **Action Team**. **1.35** **Release the Hounds**. **2.35** **Totally Bonkers Guinness World Records**. **2.45** **Teleshopping**. **5.45** **ITV2** **Nightscreen**.

ITV3

- 6.00** **FILM: Evil Under the Sun** (1982). Mystery, starring Peter Ustinov. **8.15** **On the Buses**. **8.50** **FILM: On the Buses** (1971). **10.35** **FILM: Holiday on the Buses** (1973). Comedy, starring Reg Varney. **12.20** **FILM: Carry On Cruising** (1962). Comedy, starring Sid James. **2.05** **FILM: Carry On Up the Khyber** (1968). Comedy, starring Sid James. **3.55** **Carry On Forever**. **7.00** **Midsomer Murders**. **11.00** **Vera**. **1.00** **Carry On Forever**. **2.00** **ITV3** **Nightscreen**. **2.30** **Teleshopping**.

ITV4

- 6.00** **The Protectors**. **6.25** **Hornblower**. **8.30** **World Superbike Highlights**. **9.30** **ITV Racing: The Opening Show**. A look ahead to the day's racing at Musselburgh. **10.35** **Pawn Stars**. **12.25** **The Big Fish Off**. **1.30** **ITV Racing Live** from Musselburgh. Coverage of today's races from Musselburgh and Haydock Park. **4.00** **FILM: Dunkirk** (1958). Second World War adventure, starring John Mills. **5.10** **FYI Daily**. **5.15** **FILM: Dunkirk** (1958). **6.45** **FILM: Aces High** (1976). First World War drama, starring Malcolm McDowell. **7.45** **FYI Daily**. **7.50** **FILM: Aces High** (1976). First World War drama, starring Malcolm McDowell. **9.00** **FILM: Lethal**

- Weapon** (1987). Action thriller, starring Mel Gibson and Danny Glover. **10.05** **FYI Daily**. **10.10** **FILM: Lethal Weapon** (1987). **11.10** **FILM: Fire Down Below** (1997). Action adventure, starring Steven Seagal. **12.10** **FYI Daily**. **12.15** **FILM: Fire Down Below** (1997). **1.20** **River Monsters**. **2.20** **The Protectors**. **2.50** **ITV4** **Nightscreen**. **3.00** **Teleshopping**.

SKY ONE

- 6.00** **Futurama**. **7.00** **The Flash**. **8.00** **The Simpsons**. **10.00** **Soccer AM**. **11.30** **Live Premier League**. Pre-match build-up to Crystal Palace v Liverpool. **12.30** **AJ: Off Limits**. **1.00** **Modern Family**. **3.00** **My Icon: Thierry Henry**. **3.15** **Gillette Soccer Saturday**. Up-to-the-minute scores. **5.15** **Gillette Soccer Saturday**. Up-to-the-minute scores. **5.30** **Gillette Soccer Saturday**. Up-to-the-minute scores. **6.00** **The Simpsons**. **8.00** **NCSI: Los Angeles**. **9.00** **SEAL Team**. **10.00** **A League of Their Own: Best Bits**. **11.00** **Russell Howard's Hour**. **11.55** **FILM: Hostage** (2005). Thriller, starring Bruce Willis. **2.00** **Ross Kemp: Extreme World**. **3.00** **Hawaii Five-0**. **4.00** **Stargate Atlantis**.

SKY MAIN EVENT

- 6.00** **Live Test Cricket**. New Zealand v England. **6.30** **England v New Zealand Classics**. **7.00** **Total Goals**. **10.00** **Soccer AM**. **11.30** **Live Premier League**. Crystal Palace v Liverpool (Kick-off 12.30pm). **2.55** **Live European Rugby Champions Cup**. Munster v Toulon (Kick-off 3.15pm). **5.30** **Live EFL**. Coverage of an English Football League fixture. **7.40** **Live PGA Tour Golf**. The Houston Open. **11.00** **Live Test Cricket**. New Zealand v England.

SKY CRICKET

- 6.00** **Live Test Cricket**. New Zealand v England. **6.30** **England v New Zealand Classics**. **6.50** **Cricket Masterclass**. **7.00** **ICC Cricket 360**. **8.00** **Test Cricket**. **8.55** **Live Test Cricket**. South Africa v Australia. **4.30** **Test Cricket**. **5.30** **Cricket Debate**. **6.00** **Test Cricket**. **8.00** **Cricket Debate**. **8.30** **Test Cricket**. **10.30** **Cricket Debate**. **11.00** **Live Test Cricket**. New Zealand v England.

BT SPORT 1

- 5.00** **The Football Archives: 1984/85**. **5.30** **Irish Rally Review**. **6.00** **Premier League Preview**. **6.30** **Live AFL**. Collingwood v GWS Giants (Bounce-up 6.35am). **9.30** **Woking v Macclesfield Town**. **11.00** **Premier League Preview**. **11.30** **Live Scottish Football Extra**. A look at all the key issues and talking points in Scottish football. **12.00** **Live Scottish Professional Football League**. Motherwell v Rangers (Kick-off 12.30pm). **2.45** **BT Sport Score**. **5.00** **Live Premier League**. Everton v

- Manchester City (Kick-off 5.30pm). **8.00** **Premier League Tonight**. Jake Humphrey is joined by an expert panel to round-up Saturday's big talking points, along with manager and player reaction. **9.00** **Vanarama National League Highlights**. **9.30** **Scottish Football Extra**. **10.00** **Scottish Professional Football League**. **11.00** **Live MLB**. Tampa Bay Rays v Boston Red Sox (Start-time 11.10pm). **2.00** **Live MLB**. Los Angeles Dodgers v San Francisco Giants (Start-time 2.10am).

BT SPORT 2

- 6.00** **Ashes Masterclasses**. **6.15** **Vanarama National League**. **7.45** **Premier League Preview**. **8.15** **AC Milan v Barcelona**: 1993/94. **8.45** **Ajax v Juventus**: 1995/96. **9.15** **Juventus v AC Milan** 2002/03. **9.45** **Bayern Munich v Inter Milan**: 2009/10. **10.15** **Inter Milan v Tottenham** 2010/11. **10.45** **Gazzetta Football Italia**. **11.15** **Live Serie A**. Bologna v AS Roma (Kick-off 11.30am). **1.45** **UEFA Europa League Magazine**. **2.15** **UEFA Champions League Magazine**. **2.45** **Gillette World Sport**. **3.15** **NBA**. **4.45** **Ashes Masterclasses**. **5.00** **Live Bundesliga**. Bayern Munich v Borussia Dortmund (Kick-off 5.30pm). **7.30** **Live Serie A**. Juventus v AC Milan (Kick-off 7.45pm). **10.00** **Golazzo: The Football Italia Story**. **11.15** **European Rugby Challenge Cup**. **12.30** **Live NBA**. Boston Celtics v Toronto Raptors (Tip-off 12.30am). **3.00** **Wuerffel's Way**. **3.30** **BT Sport Reload**. **4.00** **Fishing: On The Bank**.

EUROSPORT 1

- 7.30** **Curling World Championships**. **9.00** **Cycling**. **10.30** **Motocross World Championship**. **11.00** **Live Weightlifting European Championships**. The women's 75kg class. **12.45** **WATTS**. **1.00** **Cycling**. **2.30** **Cycling**: GP Miguel Indurain. **4.15** **Cycling**: E3 Harelbeke. **5.00** **Live Weightlifting European Championships**. Action from the men's 94kg class. **6.45** **Eurosport News**. **6.50** **WATTS**. **7.00** **Olympics: Hall of Fame**. **8.00** **Curling World Championships**. Action from the women's final in Canada. **9.30** **Live Curling World Championships**. The round-robin stage of the men's competition. **12.30** **Eurosport News**. **12.35** **Lindsay Vonn: Chasing History**. **1.05** **Eurosport News**. **1.15** **Close**.

MORE4

- 8.55** **Kirstie's Vintage Gems**. **9.30** **Grand Designs New Zealand**. **10.30** **A Place in the Sun: Home or Away**. **2.40** **Four in a Bed**. **5.20** **Come Dine with Me**. **8.00** **The Plane That Saved Britain**. **9.00** **Guy Martin's Spitfire**. A project to rebuild a Spitfire shot down over France in 1940. **10.35** **Tsunami**. **11.40** **8 Out of 10 Cats Does Countdown**. **1.50**

- Kinky Britain**. **2.50** **8 Out of 10 Cats**. **3.35** **Close**.

BBC ALBA

- 4.00** **Peppa**. **4.10** **Creag nam Buthaidhean**. **4.25** **Su Shiusaidh**. **4.28** **Ben & Hoitidh san Rìoghachd Bhig**. **4.50** **Bigeil**. **5.10** **Am Prionnsa Beag**. **5.35** **Machair**. **6.00** **Scottish Premiership Football**. **8.00** **From Harris with Love: Chi mìn Tir**. **8.30** **Leugh Mi**. **9.00** **Ceòl Eithne Nà** **Uallachain**. **10.00** **Luingean Lannsaireachd**. **10.45** **Ceòl bhò Perthshire Amber**. **10.55** **Scottish Premiership Football**. **12.55** **Close**.

GOLD

- 7.10** **The Piglet Files**. **8.10** **dinnerladies**. **8.50** **The Vicar of Dibley**. **12.50** **Only Fools and Horses**. **2.15** **dinnerladies**. **3.30** **dinnerladies diaries**. **4.30** **dinnerladies**. **7.10** **The Vicar of Dibley**. **8.00** **Gavin & Stacey**. **9.20** **Mrs Brown's Boys**. **10.00** **Bridget & Eamon**. **11.00** **Gavin & Stacey**. **2.20** **Bridget & Eamon**. **2.50** **Legends of Stand-Up & Bernard Righton**. **4.00** **Home Shopping**.

PICK

- 6.00** **Nothing to Declare**. **8.00** **60 Minute Makeover**. **4.00** **999 Frontline**. **5.00** **Motorway Patrol**. **7.00** **Border Security: America's Front Line**. **9.00** **Road Wars**. **11.00** **Brit Cops: Law & Disorder**. **11.00** **Caught on Dashcam**. **12.00** **Night Cops**. **2.00** **Nothing to Declare UK**. **3.00** **UK Border Force**. **4.00** **Road Wars**.

FILM4

- 11.00** **The Indian in the Cupboard** (1995). Children's fantasy, with Hal Scardino. **1.00** **The SpongeBob SquarePants Movie** (2004). Children's animated comedy, with the voice of Tom Kenny. **2.45** **Robots** (2005). Animated adventure, with the voice of Ewan McGregor. **4.30** **The Princess Diaries** (2001). Family comedy, starring Anne Hathaway. **6.45** **Back to the Future** (1985). Sci-fi comedy adventure, starring Michael J Fox. **9.00** **Conan the Barbarian** (2011). Fantasy adventure, starring Jason Momoa. **11.10** **Veteran** (2015). Premiere. Comedy crime drama, starring Jung-min Hwang. **1.40** **Ninja III: The Domination** (1984). Martial arts horror, starring Sho Kosugi. **3.45** **Close**.

DAVE

- 6.00** **Home Shopping**. **7.25** **Storage Hunters UK**. **8.50** **Dynamo: Magician Impossible**. **9.50** **Red Bull Soapbox Race**. **10.50** **Deadly 60**. **11.20** **Top Gear**. **12.50** **Top Gear: Africa Special**. **3.20** **Top Gear: Burma Special**. **6.00** **Red Bull Soapbox Race**. **7.00** **Not Going Out**. **7.40** **Red Dwarf**. **9.00** **Would I Lie to You?** **11.00** **Dave Gorman: Modern Life Is Goodish**. **12.00** **QI XL**. **1.00** **Would I Lie to You?** **2.45** **Suits**. **3.35** **Storage Hunters UK**. **4.00** **Home Shopping**.



CRITIC'S CHOICE

THE BEST OF TODAY'S TELLY

**Ordeal by Innocence**
(BBC1, 9pm-10pm)

New series. Three-part adaptation of Agatha Christie's novel, starring Bill Nighy. The former husband of a murdered heiress prepares to remarry 18 months after her adopted son was convicted of killing her, before dying himself in a prison brawl. However, the wedding

preparations are disrupted by the arrival of a mysterious scientist who has returned from an expedition to the Arctic - and who claims to be able to prove the supposed murderer is innocent. Anthony Boyle, Anna Chancellor, Morven Christie, Crystal Clarke, Christian Cooke, Alice Eve, Matthew Goode and Ella Purnell also star.

**The Big Painting Challenge**
(BBC1, 6pm-7pm)

New series. Mariella Frostrup and Rev Richard Coles present a third series of the art contest, which begins with 10 contestants getting a masterclass in still life in Glasgow. The painters must each depict an object they have brought with them from home.

**Change Your Tune**
(STV, 7pm-8pm)

Baz Ashmawy hosts the musical challenge in which some of the country's worst singers perform live, then undergo weeks of training to improve their voices, with the contestant who makes the most progress winning £10,000. The first episode features a teacher who wants to be good enough to join the school choir.

**Only Connect**
(BBC4, 7pm-7.30pm)

Victoria Coren Mitchell asks the questions as the Belgophiles take on the Escapologists in the second of the quarter-final matches. They must use patience, lateral thinking and sheer inspiration to make connections between groups of four things that may appear at first not to be linked.

**8 Out of 10 Cats Does Countdown**
(More4, 10.40pm-11.40pm)

Jimmy Carr hosts the comedy panel show's version of the words-and-numbers quiz, with Sean Lock and Henning Wehn taking on guest captain Bill Bailey and Jessica Hynes. Susie Dent is joined by Tom Allen in Dictionary Corner, while Rachel Riley looks after the numbers and letters.

EARLY

BBC1

- 6.00 **Breakfast**
7.25 **Match of the Day** (r)
9.00 **Painting the Holy Land**
10.00 **Easter Day From Sheffield Cathedral**
11.00 **Urbi et Orbi**
11.25 **FILM: The Silent Child** (2017)
11.45 **Bargain Hunt** (r)
12.25 **BBC News; Weather**
12.40 **Put Your Money Where Your Mouth Is** (r)
1.25 **MasterChef** (r)
2.25 **MasterChef** (r) Cookery challenge.
3.25 **MasterChef** (r)
4.00 **Songs of Praise**
4.35 **DIY SOS: The Big Build** (r)
5.35 **BBC News**
5.50 **Reporting Scotland; Weather**
6.00 **The Big Painting Challenge**

PRIME TIME

- 7.00 **Countryfile** Matt Baker, Anita Rani and Joe Crowley explore West Yorkshire, meeting a beekeeper who came to the county as a refugee and discovering Emily Bronte's passion for wildlife. Including **Weather for the Week Ahead**.
8.00 **The Generation Game** Mel Giedroyc and Sue Perkins host the first of two special episodes reviving the classic game show in which teams of family members compete in bizarre challenges.
9.00 **Ordeal by Innocence** New series. Three-part adaptation of Agatha Christie's novel. As the widower of a murdered heiress prepares to remarry, the identity of his wife's killer is called into question.
10.00 **BBC News**
10.20 **Reporting Scotland; Weather**
10.30 **Match of the Day 2** Mark Chapman reviews the day's Premier League action, with highlights of Chelsea v Tottenham Hotspur at Stamford Bridge and Arsenal v Stoke City at the Emirates Stadium.
11.30 **Sportscene** (r) Highlights of the latest Scottish Premiership matches.

LATE

- 12.30 **The Women's Football Show 1.00**
Weather for the Week Ahead 1.05 BBC News

Songs of Praise,
4pm.

BBC2

- 7.35 **Life in a Cottage Garden with Carol Klein** (r)
8.05 **Gardeners' World** (r)
8.35 **Countryfile** (r)
9.30 **Saturday Kitchen Best Bites**
11.00 **Spring Kitchen with Tom Kerridge** (r)
11.45 **Lorraine Pascale: How to Be a Better Cook** (r)
12.15 **MOTD2 Extra**
1.00 **Coast** (r)
1.15 **Pilgrimage: The Road to Santiago** (r)
2.15 **Canterbury Cathedral** (r)
3.15 **RAF at 100 with Ewan and Colin McGregor** (r)
4.45 **Grand Tours of Scotland** (r)
5.00 **River City** (r)
6.00 **Sportscene**

- 7.00 **Down the Mighty River with Steve Backshall** (r) Part two of two. The naturalist braves the dangerous white waters of the Balium River's lower gorge and encounters a tribe that has had little contact with the outside world.
8.00 **Top Gear** Matt LeBlanc, Chris Harris and Rory Reid test drive the latest SUVs, and are joined in the studio by Jason Manford. Last in the series.
9.00 **Conspiracy Files: Murder in Washington** The murder of political campaigner Seth Rich during the 2016 US presidential campaign, which has become the subject of rumours that he had released internal e-mails to Wikileaks.
10.00 **Mock the Week** (r) With Ed Gamble, Milton Jones, Miles Jupp, Nish Kumar and Felicity Ward.
10.35 **Top Gear: Extra Gear**
11.00 **FILM: Selma** (2014) In 1965, civil rights campaigner Dr Martin Luther King Jr plans a peaceful march across Alabama which will change history. Fact-based drama, starring David Oyelowo.

- 1.00 **Sign Zone: Countryfile** (r) 1.55 **Holby City** (r) 2.55 **This Is BBC Two**

Top Gear,
8pm.

STV

- 7.35 **The Tom and Jerry Show** (r)
7.50 **Teen Titans Go!** (r)
8.10 **Mr Bean: The Animated Series** (r)
8.30 **Spy School**
9.05 **Adventure Time** (r)
9.25 **ITV News**
9.30 **Love Your Garden** (r)
10.00 **Countrywise** (r)
10.30 **The Voice UK** (r)
12.00 **Ant & Dec's Saturday Night Takeaway** (r)
1.30 **ITV News; Weather**
1.40 **FILM: Willy Wonka and the Chocolate Factory** (1971)
3.45 **Catchphrase** (r)
4.30 **ITV News; Weather**
4.45 **STV News; Weather**
5.00 **Tipping Point** (r)
6.00 **The Chase: Celebrity Special** (r)

- 7.00 **Change Your Tune** New series. Baz Ashmawy hosts the musical challenge in which some of the country's worst singers undergo weeks of training to improve their voices before performing live.
8.00 **The Durrells** Larry and Louisa return to England, where Larry falls in with a group of Bohemian artists living in London, including writer Henry Miller. Back in Corfu, Gerry saves a donkey.
9.00 **The Good Karma Hospital** Gabriel joins Ruby on an outreach programme to a tea plantation, but discovers that she has not been completely honest about her reasons for wanting to go there.
10.00 **ITV News; Weather**
10.15 **FILM: Sherlock Holmes** (2009) The eccentric detective and his confidant Dr Watson investigate the apparent resurrection of a criminal mastermind with links to the occult, who is carrying out a series of seemingly magical murders. The case is complicated by the reappearance of Holmes' duplicitous old flame Irene Adler. Action thriller, starring Robert Downey Jr.

- 12.40 **Teleshopping 1.40** **After Midnight 3.10** **ITV Nightscreen 5.30** **Teleshopping**

The Good Karma Hospital,
9pm.

RADIO LISTINGS

BBC RADIO 1

- 6.00 **Radio 1's Greatest Hits** with Alice Levine.
10.00 **Radio 1's Greatest Hits** with Jordan North.
1.00 **The Matt Edmondson Show**. 4.00 **Radio 1's Life Hacks** with Cel Spellman and Katie Thistleton.
6.00 **Radio 1's Most Played**. 7.00 **Rock Show** with Daniel P Carter. 10.00 **Phil Taggart**. 1.00 **Monki**. 3.00 **Radio 1's Artist Takeover** with Sigala.

BBC RADIO 2

- 9.00 **Steve Wright's Sunday Love Songs**. 11.00 **The Michael Ball Show**. 1.00 **Jonathan Ross** on Andrew Lloyd Webber. 3.00 **Johnnie Walker's Sounds of the 70s**. 5.00 **Paul O'Grady**. 7.00 **The Superstar Story**. 9.00 **Clare Teal**. 11.00 **Moirá Stuart**. 12.00 **Sounds of the 60s**. 2.00 **Radio 2's Blues Playlist**. 3.00 **Radio 2 Playlist: Pop Ballads**.

BBC RADIO 3

- 7.00 **Breakfast**. 9.00 **News**. 9.03 **Sunday Morning**. 12.00 **Private Passions**. 1.00 **News**. 1.02 **Radio 3 Lunchtime Concert**. 2.00 **The Early Music Show**

- 4.00 **Choir and Organ**. 5.00 **The Listening Service**. 5.30 **Words and Music**. 6.45 **Sunday Feature**. 7.30 **Radio 3 in Concert**. 9.00 **Drama on 3: Is Your Love Better Than Life?** 10.30 **Early Music Late**. 11.50 **Japan Programme**. 12.30 **Through the Night**.

BBC RADIO 4

- 6.00 (FM) **News Headlines**. 6.05 (FM) **Something Understood**. 6.35 (FM) **Sunrise Service**. 6.57 (FM) **Weather**. 7.00 **News**. 7.10 **Sunday**. 7.55 **Radio 4 Appeal**. 7.57 **Weather**. 8.00 **News**. 8.10 **Easter Sunday Worship**. 8.48 **A Point of View**. 8.58 **Tweet of the Day**. 9.00 **Broadcasting House**. 10.00 **The Archers**. 11.15 **The Reunion**. 12.00 **News**. 12.04 **Just a Minute**. 12.30 **The Food Programme**. 12.57 **Weather**. 1.00 **The World This Weekend**. 1.30 **Humiliation**. 2.00 **Gardeners' Question Time**. 2.45 **The Listening Project**. 3.00 **Drama: An Enemy of the People**. 4.00 **News**. 4.02 **Bookclub**. 4.30 **In Love with Mud: A Poetic Exploration of Mud**. 5.00 **The Green Book**. 5.40 **Profile**. 5.54 **Shipping Forecast**. 5.57 **Weather**. 6.00 **Six O'Clock News**.

- 6.15 **Pick of the Week**. 7.00 **The Archers**. 7.15 **In and Out of the Kitchen**. 7.45 **Life at Absolute Zero**. 8.00 **Feedback**. 8.30 **Last Word**. 9.00 **Money Box**. 9.26 **Radio 4 Appeal**. 9.30 **Analysis**. 10.00 **The Westminster Hour**. 10.30 (LW) **Test Match Special**. 11.00 (FM) **Radiolab**. 12.00 (FM) **News**. 12.15 (FM) **Thinking Allowed**. 12.45 (FM) **Bells on Sunday**. 12.48 (FM) **Shipping Forecast**. 1.00 (FM) **As BBC World Service**. 5.20 (FM) **Shipping Forecast**.

BBC RADIO 5 LIVE

- 9.00 **SportsWeek**. 10.00 **Brexitcast**. 11.00 **Flintoff, Savage and the Ping Pong Guy**. 12.00 **5 Live Sport**. 12.15 **MOTD2 Extra**. 1.00 **5 Live Sport**. 1.30 **5 Live Sport: Premier League Football**. 2017-18. 3.30 **5 Live Sport**. 4.00 **5 Live Sport: Premier League Football**. 2017-18. 6.00 **6-0-6**. 7.30 **Peter Allen and Lucy Grey**. 10.00 **Stephen Nolan**. 1.00 **Up All Night**.

CLASSIC FM

- 7.00 **Aled Jones**. 9.00 **The Classic FM Hall of Fame** with Bill Turnbull. 12.00 **The Classic FM Hall**

CHANNEL 4

- 7.30 **Everybody Loves Raymond** (r)
8.30 **Frasier** (r)
9.30 **Sunday Brunch**
12.30 **Jamie and Jimmy's Friday Night Feast** (r)
1.35 **The Simpsons** (r)
2.00 **The Simpsons** (r)
2.30 **The Simpsons** (r)
3.00 **The Simpsons** (r)
3.30 **Ice Age: The Great Egg-Scapade** (r)
4.00 **FILM: Dumbo** (1941) Disney animated adventure, with the voice of Edward Brophy.
5.15 **The Great Celebrity Bake Off for Stand Up to Cancer** Lee Mack, Griff Rhys Jones, Melanie Sykes and Joe Lycett take part. (r)
6.30 **Channel 4 News**

- 7.00 **Homes by the Med** (r) Charlie Luxton visits the Spanish island of Mallorca, where he discovers an Arab bath house that is over 1,000 years old in Palma's old town.
8.00 **Escape to the Chateau** Dick and Angel prepare for winter and attend a food festival in Rouen, where they hope to find inspiration over what to do with their fresh fruit and vegetables. Last in the series.
9.00 **Homeland** Carrie makes a move, Wellington has a reckoning and Saul expands an operation. Espionage drama, starring Claire Danes, Mandy Patinkin and Linus Roache.
10.05 **FILM: The Green Mile** (1999) A convicted child-killer of towering height and massive build is condemned to death row, but astonishes the guards with his good nature and miraculous healing powers. They believe the gentle giant is incapable of crime, and emotions run high as they realise there is no hope of overturning his death sentence. Supernatural drama, based on a novel by Stephen King, starring Tom Hanks and Michael Clarke Duncan.

- 1.25 **The Supertv** (r) 2.20 **Coastal Walks with My Dog** (r) 3.15 **KOTV Boxing Weekly** 3.40 **The Question Jury** (r) 4.35 **George Clarke's Amazing Spaces** (r) 5.30 **Streetworks** (r)

Escape to the Chateau, 8pm.



of Fame with Anne-Marie Minhall. 3.00 **The Classic FM Hall of Fame** with John Brunning. 6.00 **The Classic FM Hall of Fame** with Rob Cowan. 9.00 **Blowers Around Britain**. 10.00 **Smooth Classics**. 1.00 **Sam Pitts**.

BBC RADIO SCOTLAND
6.00 **Bulletin**. 6.02 **Anatomy of an Investigation**. 6.30 **New Every Sunday**. 7.00 **Bulletin**. 7.04 **7 Days of Happiness**. 7.32 **The Kitchen Cafe**. 8.00 **Good Morning Scotland**. 10.00 **Bulletin**. 10.05 **Sunday Morning with Cathy Macdonald**. 12.00 **Bulletin**. 12.05 **Sportsound**. 5.00 **Bulletin**. 5.05 **Take the Floor**. 7.00 **Jazz Nights**. 9.00 **Bulletin**. 9.05 **Classics Unwrapped**. 11.00 **Bulletin**. 11.05 **Iain Anderson**. 1.00 **As Radio 5 Live**.



Hawaii Five-0, Sky One, 9pm.

CHANNEL 5

- 6.00 **Milkshake!**
10.05 **Teenage Mutant Ninja Turtles** (r)
10.35 **Police Interceptors** (r)
12.40 **FILM: Joe Kidd** (1972) Western, with Clint Eastwood, Robert Duvall and John Saxon. Edited for language and violence.
2.25 **FILM: Space Cowboys** (2000) An ageing former test pilot is called on to stop a malfunctioning Soviet satellite from crashing to Earth. Adventure, directed by and starring Clint Eastwood. With Tommy Lee Jones. Edited for language.
4.55 **FILM: Stargate** (1994) Sci-fi adventure, starring Kurt Russell.
5.55 **5 News Update**
6.00 **FILM: Stargate** (1994) Concluded.

- 7.10 **Can't Pay? We'll Take It Away** (r) The officers try to recover £13,000 owed by a car dealer in Birmingham, and in Wolverhampton the agents chase nearly £2,000 owed to a car hire company.
8.00 **Can't Pay? We'll Take It Away** (r) The agents chase up a £3,000 deposit owed by a landlord to his tenant, and officers try to recover £25,000 from a nightclub owner.
8.55 **5 News Weekend**
9.00 **FILM: Bruce Almighty** (2003) God tires of a reporter's complaining, so passes on His powers to give him a taste of real responsibility. Comedy, with Jim Carrey.
10.00 **5 News Update**
10.05 **FILM: Bruce Almighty** (2003) Concluded.
11.05 **FILM: Just Go with It** (2011) A plastic surgeon pretends to be unhappily married to seduce women. When his girlfriend finds his prop wedding ring, he claims he is getting a divorce and has to persuade his assistant to pose as his soon-to-be ex-wife, but is forced to come up with yet more lies to maintain the illusion. Romantic comedy, starring Adam Sandler.

- 1.15 **SuperCasino** 3.10 **Inside Manchester's Midland Hotel** (r) 4.00 **The Railways That Built Britain** with Chris Tarrant (r) 4.45 **House Doctor** (r) 5.10 **Great Artists** (r) 5.35 **Wildlife SOS** (r)

Can't Pay? We'll Take It Away, 7.10pm.



OUR TOP CHANNEL PICK

SATELLITE & DIGITAL

BBC4

7.00 **Only Connect**. The Belgophiles take on the Escapologists in the second quarter-final. 7.30 **University Challenge**. Student quiz. 8.00 **Painting the Holy Land**. Part one of two. Lachlan Goudie follows Jesus's route to the Crucifixion. 9.00 **Timewatch: WWI Aces Falling**. The story of two First World War fighter pilots. 10.00 **The Battle of Britain**. Colin and Ewan McGregor retell the story of the conflict. 11.30 **Operation Jericho**. 12.30 **Dancing in the Blitz: How World War Two Made British Ballet**. 1.30 **Revolution and Romance: Musical Masters of the 19th Century**. 2.30 **Timewatch: WWI Aces Falling**. 3.30 **Close**.

ITV2

6.00 **You've Been Framed! Gold**. 6.25 **Emmerdale**. 9.00 **Coronation Street**. 12.15 **The Voice UK**. 1.55 **Britain's Got Talent: Top 10 Golden Buzzers**. 2.55 **FILM: Happy Feet Two** (2011). 3.55 **FYI Daily**. 4.00 **FILM: Happy Feet Two** (2011). 4.50 **FILM: Hop** (2011). 5.50 **FYI Daily**. 5.55 **FILM: Hop** (2011). 6.45 **FILM: Charlie and the Chocolate Factory** (2005). 7.50 **FYI Daily**. A round-up of the latest entertainment news. 7.55 **FILM: Charlie and the Chocolate Factory** (2005). Children's fantasy, starring Johnny Depp. 9.00 **FILM: Spectre** (2015). James Bond thriller, starring Daniel Craig. 10.00 **FYI Daily**. 10.05 **FILM: Spectre** (2015). James Bond thriller, starring Daniel Craig. 11.55 **Family Guy**. 1.20 **American Dad!**. 2.15 **Totally Bonkers Guinness World Records**. 2.30 **Teleshopping**.

ITV3

6.00 **FILM: Carry On Cruising** (1962). 7.45 **FILM: Holiday on the Buses** (1973). 9.30 **FILM: Mutiny on the Buses** (1972). 11.10 **FILM: Carry On Cowboy** (1966). 1.10 **FILM: Carry On Behind** (1975). 3.10 **FILM: Carry On Camping** (1969). 4.55 **Midsomer Murders**. 6.55 **Vera**. 9.00 **Larry Grayson: Shut That Door**. Documentary exploring the entertainer's life. 11.00 **FILM: Are You Being Served?** (1977). Comedy based on the TV series, starring John Inman. 1.00 **Blue Murder**. 2.30 **Carry On Forever**. 4.10 **Road to Avonlea**. 5.55 **ITV3 Nightscreen**.

ITV4

6.00 **The Protectors**. 6.25 **The Avengers**. 7.20 **Storage Wars**. 10.30 **Pawn Stars**. 12.20 **When English Football Ruled Europe**. 2.20 **Stuck on You: The Football Sticker Story**. 3.25 **FILM: Police Academy 2: Their First Assignment** (1985). 4.25 **FYI Daily**. 4.30 **FILM: Police Academy 2: Their First Assignment** (1985). 5.10 **Goodwood Members Meeting**. 6.10 **The Big Fish Off**. 7.15 **FILM: The Scorpion King** (2002). Fantasy action

adventure, starring Dwayne Johnson. 8.15 **FYI Daily**. A round-up of the latest entertainment news. 8.20 **FILM: The Scorpion King** (2002). Fantasy action adventure, starring Dwayne Johnson. 9.00 **FILM: Jaws** (1975). Steven Spielberg's thriller, starring Roy Scheider. 10.05 **FYI Daily**. 10.10 **FILM: Jaws** (1975). Steven Spielberg's thriller, starring Roy Scheider. 11.25 **FILM: The Assassination of Jesse James by the Coward Robert Ford** (2007). 12.25 **FYI Daily**. 12.30 **FILM: The Assassination of Jesse James by the Coward Robert Ford** (2007). 2.35 **Football Rivivals**. 2.50 **ITV4 Nightscreen**. 3.00 **Teleshopping**.

SKY ONE

6.00 **Hour of Power**. 7.00 **Supergirl**. 8.00 **The Simpsons**. 11.00 **WWE Raw Hlts**. 12.00 **MacGyver**. 1.00 **Modern Family**. 1.30 **The Bachelor King**. 3.00 **FILM: Jumanji** (1995). 5.00 **The Simpsons**. 6.30 **Revolution**. 7.30 **The Simpsons: Homer and Marge** reveal how they ended up being miserable parents. 8.00 **MacGyver**. Angus must help his biggest competitor. 9.00 **Hawaii Five-0**. A man accused of killing his wife threatens to commit suicide. 10.00 **NCIS: Los Angeles**. 11.00 **In the Long Run**. 12.00 **The Blacklist**. 1.00 **Arrow**. 2.00 **DC's Legends of Tomorrow**. 3.00 **Most Shocking**. 4.00 **Stargate Atlantis**.

SKY MAIN EVENT

6.00 **Live Test Cricket**. 7.30 **Total Goals**. 9.00 **Live Test Cricket**. 12.30 **Live Nissan Super Sunday**. 3.30 **Live Nissan Super Sunday**. 7.00 **Live PGA Tour Golf**. The Houston Open. 11.00 **Live Test Cricket**. New Zealand v England.

SKY CRICKET

6.00 **Live Test Cricket**. 7.30 **Cricket Masterclass**. 7.40 **The Great WG Grace**. 7.50 **Cricket Shorts**. 8.00 **Test Cricket**. 8.55 **Live Test Cricket**. 4.30 **Test Cricket**. 5.30 **Cricket Debate**. 6.00 **Test Cricket**. 8.00 **Cricket Debate**. A panel of experts discuss New Zealand v England. 8.30 **Test Cricket**. 10.30 **Cricket Debate**. 11.00 **Live Test Cricket**. New Zealand v England.

BT SPORT 1

5.00 **Tigers United**. 6.00 **Scottish Football Extra**. 6.30 **Scottish Professional Football League**. 8.00 **Live Hyundai A-League**. 10.00 **Premier League**. 11.30 **Premier League Tonight**. 12.30 **Live Bundesliga 2**. 2.30 **Live Bundesliga**. 4.30 **Vanarama National League Highlights**. 5.00 **Live Bundesliga**. 7.00 **BT Sport Reload**. The best bits from BT Sport from the last week, exclusive interviews, the best action and so much more. 7.15 **UEFA Champions League Magazine**. The latest news and updates from the UEFA

Champions League. 7.45 **Live Ligue 1**. Lyon v Toulouse (Kick-off 8pm). 10.00 **UEFA Europa League Magazine**. 10.30 **The Football Archives: 1970/71**. 11.00 **The Football Archives: 1972/73**. 11.30 **The Football Archives: 1973/74**. 12.00 **The Football Archives: 1977/78**. 12.30 **WTA Tennis: Miami**. 2.30 **No Crossover: The Trial of Allen Iverson**. 4.00 **AFL**.

BT SPORT 2

5.00 **BT Sport Films: O Arise, All You Sons**. 6.00 **European Rugby Challenge Cup**. 7.15 **BT Sport Reload**. 7.30 **Live AFL**. 10.30 **Bundesliga**. 12.30 **Rugby Tonight**. 1.00 **WTA Tennis: Miami**. 3.00 **Live European Rugby Champions Cup**. 5.45 **BT Sport Reload**. 6.00 **Irish Rally Review**. 6.30 **NBA**. 8.00 **Live NBA Countdown**. All the build-up to tonight's live NBA clash between the San Antonio Spurs and the Houston Rockets. 8.30 **Live NBA**. San Antonio Spurs v Houston Rockets (Tip-off 8.30pm). 11.00 **UFC Main Event**. 12.00 **NBA Action**. 12.30 **Free Spirits**. 1.30 **European Rugby Champions Cup Highlights**. 2.30 **NBA Action**. 3.00 **ESPN Classic Boxing**.

EUROSPORT 1

7.15 **Cycling: GP Miguel Indurain**. 8.15 **Cycling: Tour of Flanders**. 9.15 **Live Cycling: Tour of Flanders**. 4.30 **Live Curling World Championships**. 7.30 **Snooker: China Open**. Mark Selby v Mark Williams. 9.30 **Cycling: Tour of Flanders**. Action from the 2018 Spring Classic race. 11.00 **MCE British Superbikes**. Qualifying for round one from Donington Park. 12.30 **Motorcycling: Barry Sheene Festival**. 1.15 **Eurosport News**. 1.20 **Close**.

MORE4

8.55 **A New Life in the Sun**. 11.00 **Vet on the Hill**. 12.05 **Come Dine with Me**. 2.45 **Four in a Bed**. 5.20 **Come Dine with Me**. 8.00 **The Dambusters' Great Escape: Secret History**. The RAF's defeat of the German battleship Tirpitz in November 1944. 9.00 **Guy Martin: Last Flight of the Vulcan Bomber**. The mechanic explores the last functioning Vulcan bomber. 10.40 **8 Out of 10 Cats Does Countdown**. 11.40 **Very British Problems**. 12.40 **Ramsay's Kitchen Nightmares USA**. 2.45 **Very British Problems**. 3.35 **Close**.

BBC ALBA

4.00 **Peppa**. 4.10 **Creag nam Buthaidhean**. 4.25 **Ben & Hollidh nan Rìoghachd Bhig**. 4.45 **Su Shiusaidh**. 4.50 **Seonaidh**. 4.55 **Treud na Dluth-chaille** - Grad-Naidheadh. 5.00 **Alvinn agus na Chipmunks**. 5.25 **Sràid nan Sgreid**. 5.35 **Dragonair** - Reis chun an iomain. 6.00 **Dè a-nis?** 6.30 **Seachd Là**. 7.30 **Alluain**. 8.00 **Eòrpa**. 8.30 **Fuine**. 9.00 **Frances: A Strì ri MS**. 10.00 **Bho Mhinistear gu Modaratar**. 11.00 **Custer's Last Stand**.

12.30 **Close**.

GOLD

7.20 **The Piglet Files**. 8.15 **The Vicar of Dibley**. 10.15 **Wallace & Gromit: A Grand Day Out**. 10.45 **Wallace & Gromit: The Wrong Trousers**. 11.25 **Wallace & Gromit: A Close Shave**. 12.05 **Wallace & Gromit: A Matter of Loaf and Death**. 12.40 **Only Fools and Horses**. 5.30 **FILM: Lemony Snicket's A Series of Unfortunate Events** (2004). 7.40 **Only Fools and Horses**. Christmas special from 1987. Det goes in search of treasure. 9.00 **FILM: Zoolander** (2001). Comedy, starring Ben Stiller. 10.45 **Only Fools and Horses**. 11.55 **Bridget & Eamon**. 1.00 **The Royle Family Special: The Golden Egg Cup**. 2.20 **The Royle Family**. 3.25 **You, Me & Them**. 4.00 **Home Shopping**.

PICK

6.00 **Animal House**. 9.00 **RSPCA Animal Rescue**. 10.00 **David Attenborough's Conquest of the Skies**. 1.00 **It's Me or the Dog**. 3.00 **Monkey Life**. 6.00 **Monkey Life Special**. 7.00 **Big Cats: An Amazing Animal Family**. Part one of two. The evolution of cats. 8.00 **Dogs: An Amazing Animal Family**. Patrick Aryee explores the canine family tree. 9.00 **Banged Up Abroad**. The story of a teenager who decided to smuggle drugs to fund a gastric bypass. 10.00 **The Force: North East**. 11.00 **The Force: Essex**. 12.00 **Brit Cops: Law & Disorder**. 2.00 **Nothing to Declare UK**. 3.00 **UK Border Force**. 4.00 **Road Wars**.

FILM4

11.00 **Mr Popper's Penguins** (2011). 1.00 **The Boxtrolls** (2014). 2.50 **Evolution** (2001). 4.50 **Mirror Mirror** (2012). 6.55 **Back to the Future Part II** (1989). 9.00 **Commando** (1985). Action adventure, starring Arnold Schwarzenegger. 10.45 **Bad Lieutenant: Port of Call New Orleans** (2009). Crime drama, starring Nicolas Cage. 1.10 **Your Highness** (2011). 3.20 **Close**.

DAVE

6.00 **Home Shopping**. 7.15 **Storage Hunters UK**. 8.40 **Dynamo: Magician Impossible**. 9.40 **Red Bull Soapbox Race**. 10.40 **Deadly 60**. 12.40 **Top Gear: Burma Special**. 3.20 **Top Gear Patagonia Special**. 6.00 **Red Bull Soapbox Race**. 7.00 **Pop Car Workshop**. Inspector Dave Corcoran calls on his friend to turn what looks like a tug boat into a police vessel. 8.00 **Motorway Cops**. Police in Birmingham tackle crime on motorways. 9.00 **Have I Got a Bit More News for You**. Jeremy Clarkson hosts, with guests Richard Osman and Camilla Long. 10.00 **QI XL**. 11.00 **Live at the Apollo**. 12.00 **Room 101**. 1.20 **Have I Got a Bit More News for You**. 2.15 **QI XL**. 3.05 **Room 101**. 3.35 **Storage Hunters UK**. 4.00 **Home Shopping**.

MONDAY, APRIL 2

BBC 1	BBC 2	STV	CHANNEL 4	CHANNEL 5
<p>6.00 Breakfast 9.15 Oxford Street Revealed (r) 10.00 Homes Under the Hammer (r) 11.00 The Sheriffs Are Coming (r) 11.45 Claimed and Shamed 12.15 Bargain Hunt 1.00 BBC News at One; Weather 1.15 Reporting Scotland; Weather 1.25 Father Brown (r) 2.10 Garden Rescue (r) 2.55 Escape to the Country 3.40 Money for Nothing 4.25 Flog It! (r) 5.15 Pointless 6.00 BBC News at Six; Weather 6.20 Reporting Scotland; Weather 6.30 Celebrity Mastermind (r)</p>	<p>6.15 The Repair Shop (r) 6.45 Money for Nothing (r) 7.30 Nature's Weirdest Events (r) 8.30 FILM: Gnomeo & Juliet (2011) Animated comedy, with the voices of James McAvoy and Emily Blunt. 9.45 FILM: Rise of the Guardians (2012) Animated adventure, with the voice of Chris Pine. 11.15 The Super League Show 12.00 FILM: Funny Lady (1975) Musical comedy, starring Barbra Streisand. 2.15 Trust Me, I'm a Vet (r) 3.15 Indian Ocean with Simon Reeve (r) 4.15 Patagonia: Earth's Secret Paradise (r) 5.15 Put Your Money Where Your Mouth Is (r) 6.00 Eggheads 6.30 The Repair Shop (r)</p>	<p>6.00 CITV 9.25 FILM: Dragonheart (1996) Fantasy adventure, starring Dennis Quaid. 11.25 FILM: Free Willy (1993) Family drama, starring Jason James Richter. 1.40 ITV Lunchtime News; Weather 1.50 STV News; Weather 2.00 Judge Rinder Real-life cases in a studio courtroom. 3.00 Dickinson's Real Deal (r) 4.00 Tipping Point 5.00 The Chase 6.00 Paul O'Grady: For the Love of Dogs (r) 6.30 STV News at Six; Weather 6.45 ITV Evening News; Weather</p>	<p>6.00 Countdown (r) 6.45 3rd Rock from the Sun (r) 7.35 The Big Bang Theory (r) 8.55 FILM: The House of Magic (2013) Animated adventure, with the voice of Murray Blue. 10.35 The Simpsons (r) 12.00 FILM: The Jewel of the Nile (1985) Comedy adventure sequel, starring Michael Douglas. 2.10 Countdown 3.00 A Place in the Sun: Winter Sun (r) 4.00 A New Life in the Sun (r) 5.00 Four in a Bed (r) 5.30 Star Boot Sale 6.00 The Simpsons (r) 6.30 Hollyoaks (r)</p>	<p>6.00 Milkshake! 9.15 The Wright Stuff 11.15 Can't Pay? We'll Take It Away (r) 12.05 5 News Lunchtime 12.10 Home and Away 12.40 Neighbours 1.10 FILM: Seven Brides for Seven Brothers (1954) Musical Western, starring Howard Keel. 3.10 FILM: Oliver! (1968) Musical, starring Ron Moody. 4.10 5 News Update 4.15 FILM: Oliver! (1968) Concluded. 6.00 Neighbours (r) 6.30 Home and Away Ash and the River Boys pursue Robbo to the headland. (r) 6.55 5 News Tonight</p>
<p>7.00 The One Show Presented by Matt Baker and Alex Jones. 7.30 MasterChef The semi-finals continue. 8.00 EastEnders Bernadette offers to help Ted organise the funeral. 8.30 Classic Mary Berry Recipes that have moved in and out of fashion. Last in the series. 9.00 Long Night at Blackstone Comedy, starring Lorraine McIntosh. 10.00 BBC News at Ten 10.20 Reporting Scotland; Weather 10.30 Lenny Henry: The Commonweath Kid 11.30 Michael McIntyre: Happy & Glorious (r)</p>	<p>7.00 Top Gear (r) Matt LeBlanc, Chris Harris and Rory Reid test drive the latest SUVs, and are joined in the studio by Jason Manford. Last in the series. 8.00 Only Connect Round three losers the Detectives and the Vikings return for a last chance. 8.30 University Challenge The quarter-final matches conclude. 9.00 Dave Allen at Peace Drama based on the comedian's life, starring Aidan Gillen. 10.00 Dave Allen: God's Own Comedian (r) A look at the life, career and legacy of the Irish writer and performer. 11.00 FILM: Z for Zachariah (2015)</p>	<p>7.00 Emmerdale Brenda struggles to contain her emotions. 7.30 Coronation Street Bethany is shattered by Craig's announcement. 8.00 The Kyle Files Jeremy Kyle investigates the dangers of the internet. 8.30 Coronation Street Shona has a word with David about their poor love life. 9.00 Marcella The truth behind Nigel's false allegations leads to tragedy for the team. 10.00 ITV News at Ten; Weather 10.19 STV Weather Central 10.20 The Real Full Monty: Live (r) 11.50 You've Been Framed! (r)</p>	<p>7.00 Channel 4 News 7.30 The Million Pound Holiday Club Four celebrities review exclusive holidays and experiences. 8.30 Travel Man: 48 Hours in Brussels New series. Richard Ayoade is joined by Lee Mack for a short break in the Belgian capital. 9.00 The Island with Bear Grylls New series. Two groups are marooned at opposite ends of an uninhabited island in the Pacific. 10.00 Kiss Me First New series. Fantasy thriller, starring Tallulah Haddon. 11.05 Greg Davies: The Back of My Mum's Head (r) Stand-up comedy with the Man Down star.</p>	<p>7.00 The Yorkshire Vet Casebook (r) Highlights of a hectic lambing season. Followed by 5 News Update 8.00 Police Interceptors A 20-strong team raids two houses linked to a suspected drug dealer. Last in the series. Followed by 5 News Update 9.00 Paddington Station 24/7 Mysterious containers are found shortly after the Salisbury nerve agent crisis. 10.00 Police UK: Armed and Deadly An officer reveals how he ended up on trial for murder. 11.05 Criminals: Caught on Camera (r) 11.30 Football on 5: The Championship Colin Murray introduces highlights.</p>
<p>12.30 Live at the Apollo (r) 1.15 Weather for the Week Ahead 1.20 BBC News</p>	<p>12.30 Conspiracy Files: Murder in Washington (r) 1.30 Sign Zone: David Attenborough's Natural Curiosities (r) 2.00 Imagine - Andrew Lloyd Webber: Memories (r) 3.30 This Is BBC Two</p>	<p>12.15 Teleshopping 1.15 After Midnight 2.45 ITV Nightscreen 4.35 The Jeremy Kyle Show (r) 5.30 Teleshopping</p>	<p>12.05 Lee and Dean (r) 12.35 How to Get a Council House (r) 1.30 Britain's Favourite Food (r) 2.25 Coastal Walks with My Dog (r) 3.20 George Clarke's Amazing Spaces (r) 4.15 Building the Dream (r) 5.10 Streetmate (r) 5.35 Streetmate (r)</p>	<p>12.30 Football on 5: Goal Rush 1.00 SuperCasino 3.10 Inside Manchester's Midland Hotel (r) 4.00 The Railways That Built Britain with Chris Tarrant (r) 4.45 House Doctor (r) 5.10 Great Artists (r) 5.35 Wildlife SOS (r)</p>

Classic Mary Berry, 8.30pm.



University Challenge, 8.30pm.



Marcella, 9pm.



Travel Man: 48 Hours in Brussels, 8.30pm.



Police UK: Armed and Deadly, 10pm.



BBC4

7.00 Beyond 100 Days. News and analysis from Washington DC and London. **7.30** Nature's Microworlds. **8.00** Painting the Holy Land. Lachlan Goudie explores the role of Mary in the Bible. **9.00** Battlefield Britain. Revisiting the Battle of Britain. **10.00** Bomber Boys. **11.30** The Lancaster: Britain's Flying Past. **12.30** Top of the Pops: 1983. **1.35** Battlefield Britain. **2.35** The Ruth Ellis Files: A Very British Crime Story. **3.35** Close.

ITV2

6.00 The Planet's Funniest Animals. **6.20** Totally Bonkers Guinness World Records. **7.10** Who's Doing the Dishes? **7.55** Emmerdale. **8.20** Coronation Street. **9.25** You've Been Framed! Gold. **10.00** Totally Bonkers Guinness World Records. **10.15** **FILM:** Nanny McPhee and the Big Bang (2010). **11.15** FYI Daily.

RADIO

BBC RADIO 1

6.30 Radio 1's Greatest Hits with Alice Levine. **1.00** Radio 1's Greatest Hits with Matt Edmondson. **4.00** Radio 1's Greatest Hits with Katie and Cel. **7.00** Annie Mac. **9.00** The 8th with Charlie Sloth. **11.00** Huw Stephens. **1.00** Radio 1's Drum & Bass Show with Rene LaVice.
BBC RADIO 2
9.30 Ken Bruce. **12.00** Martin Roberts. **2.00** Bryan Adams Prog Rocks. **4.00** Tony Blackburn's Lucky Numbers. **7.00** The Blues Show with Paul Jones. **8.00** Andrew Lloyd Webber - Variations. **10.00** The Raw Pearl Bailey. **11.00**

11.20 **FILM:** Nanny McPhee and the Big Bang (2010). **12.25** Emmerdale. **1.00** Coronation Street. **2.00** The Jeremy Kyle Show. **4.15** **FILM:** The Smurfs (2011). **5.15** FYI Daily. **5.20** **FILM:** The Smurfs (2011). **6.20** **FILM:** The Amazing Spider-Man 2 (2014). **7.25** FYI Daily. **7.30** **FILM:** The Amazing Spider-Man 2 (2014). Superhero adventure sequel, starring Andrew Garfield. **9.00** Family Guy. **9.30** American Dad! **10.00** Action Team. **10.35** Family Guy. **12.00** American Dad! **12.30** Plebs. **1.00** Release the Hounds. **2.00** Totally Bonkers Guinness World Records. **2.25** Teleshopping. **5.55** ITV2 Nightscreen.
ITV3
6.00 On the Buses. **7.05** **FILM:** Carry On Cowboy (1966). **8.55** **FILM:** Carry On Behind (1975). **10.45** **FILM:** Carry On Dick (1974). **12.30** **FILM:** Carry On at

Your Convenience (1971). **2.15** **FILM:** Carry On Henry (1971). **12.25** **FILM:** Rising Damp (1980). **6.00** Rising Damp Forever. **8.00** Lewis. A professor is killed on Halloween. **10.00** DCI Banks. **12.05** Scott & Bailey. **2.05** ITV3 Nightscreen. **2.30** Teleshopping.
SKY ONE
6.00 Supergirl. **8.00** Ready Player One: Special. **8.30** Futurama. **9.00** The Simpsons. **10.30** Revolution. **11.30** **FILM:** Jumanji (1995). **1.30** David Attenborough's Natural History Museum Alive. **3.00** Football's Funniest Moments. **5.00** The Simpsons. **6.00** Futurama. **6.30** The Simpsons. **8.00** Supergirl. Kara teams up with Saturn Girl, Livewire and Psi on a crucial mission. **9.00** **FILM:** Star Trek (2009). Sci-fi adventure, starring Chris Pine and Zachary Quinto. **11.25** The Force. North East. **12.25** Air Ambulance ER. **1.25**

on the Air. **12.00** News. **12.04** Home Front. **12.15** You and Yours. **12.57** Weather. **1.00** The World at One. **1.45** Voices of the First World War. **2.00** The Archers. **2.15** Drama: The Hunting of the Snark. **3.00** Brain of Britain. **3.30** The Food Programme. **4.00** Natalie Haynes Stands Up for the Classics. **4.30** Beyond Belief. **5.00** PM. **5.57** Weather. **6.00** Six O'Clock News. **6.30** The Unbelievable Truth. **7.00** The Archers. **7.15** Front Row. **7.45** A Book of Middle Eastern Food. **8.00** Davy Crockett and the Irish Frontiersmen. **8.30** Crossing Continents. **9.00** The Vet with Two Brains. **9.30** Start the Week. **9.59** Weather. **10.00** The World Tonight. **10.30** (LW) Test Match Special.

10.45 (FM) Book at Bedtime: Rabbit Is Rich. **11.00** (FM) Something of the Night. **11.30** (FM) The Digital Human. **12.00** (FM) News and Weather. **12.30** (FM) Book of the Week: Factfulness.
BBC RADIO 5 LIVE
10.00 The Emma Barnett Show with Anna Foster. **1.00** Afternoon Edition. **2.30** 5 Live Sport. **5.30** 5 Live Drive. **7.00** 5 Live Sport: The Monday Night Club. **9.00** 5 Live Sport: The Tuffers and Vaughan Cricket Show. **10.00** Flintoff, Savage and the Ping Pong Guy. **10.30** Phil Williams.
CLASSIC FM
9.00 The Classic FM Hall of Fame 2018 with Tim Lihoreau. **12.00** The Classic FM Hall of Fame 2018 with

Brit Cops: Law & Disorder. **2.20** Most Shocking. **3.15** NCIS: Los Angeles. **4.05** It's Me or the Dog. **5.00** The Dog Whisperer.
SKY MAIN EVENT
6.00 Live Test Cricket. **7.30** Good Morning Sports Fans. **9.00** Live Test Cricket. **12.30** Live EFL. **3.00** Live Betfred Super League. **5.00** Live EFL. **7.30** Live EFL. Sheffield United v Cardiff City (Kick-off 7.45pm). **10.00** Sky Sports News at Ten. **11.00** Live Test Cricket.
SKY CRICKET
6.00 Live Test Cricket. **7.30** Sporting Triumphs. **8.00** Test Cricket. **8.55** Live Test Cricket. **4.30** Test Cricket. **5.30** Cricket Debate. **6.00** Test Cricket. **8.00** Cricket Debate. **8.30** Test Cricket. **10.30** Cricket Debate. **11.00** Live Test Cricket.
BT SPORT 1
6.00 Live AFL. **9.00** Premier

League Review. **10.00** Premier League. **11.30** Scottish Professional Football League. **1.00** European Rugby Champions Cup Highlights. **2.00** Selby v Warrington: The Face Off. **2.15** Vanarama National League. **2.45** Live Vanarama National League. **5.15** UEFA Champions League Magazine. **6.15** Ladbrokes SPFL Highlights. **6.45** Bundesliga Highlights Show. **7.45** Ligue 1 Highlights. Highlights from matchday 31 in France's top flight, including Lyon v Toulouse, Troyes v Nice and Nantes v Saint-Etienne. **8.45** Premier League Reload. **9.00** Fishing: On The Bank. Rob Hughes and Andy Ford head out carp fishing to catch Andy a 20lb'er. Andy reports on the river fly life in his River Keepers Diary, and Rob's off street fishing to Holland. **10.00** World's Strongest Man. **11.00** Premier League Tonight. **11.30**

dealers becomes a deadly opportunity to settle scores. Comedy crime drama set in the 1970s, starring Cillian Murphy. **10.50** Sin City: A Dame to Kill For (2014). **12.55** Yakuza Apocalypse (2015). **3.15** Close.
DAVE
6.00 Home Shopping. **7.10** Storage Hunters UK. **9.00** Top Gear Patagonia Special. **11.40** Red Bull Soapbox Race 2017: London. **2.40** Top Gear Bolivia Special. **4.20** Top Gear. **6.00** Red Bull Soapbox Race. **7.00** QI XL. With Matt Lucas, Lucy Porter and Ross Noble. **8.00** Cop Car Workshop. John Heussi rebuilds the force's best car. **9.00** Live at the Apollo. With Alistair McGowan, Kevin Bridges and Reginald D Hunter. **10.00** Dara O Briain's Go 8 Bit. **11.00** Taskmaster. **12.00** QI. **1.20** Mock the Week. **2.00** QI. **3.15** Mock the Week. **4.00** Home Shopping.

League Review. **10.00** Premier League. **11.30** Scottish Professional Football League. **1.00** European Rugby Champions Cup Highlights. **2.00** Selby v Warrington: The Face Off. **2.15** Vanarama National League. **2.45** Live Vanarama National League. **5.15** UEFA Champions League Magazine. **6.15** Ladbrokes SPFL Highlights. **6.45** Bundesliga Highlights Show. **7.45** Ligue 1 Highlights. Highlights from matchday 31 in France's top flight, including Lyon v Toulouse, Troyes v Nice and Nantes v Saint-Etienne. **8.45** Premier League Reload. **9.00** Fishing: On The Bank. Rob Hughes and Andy Ford head out carp fishing to catch Andy a 20lb'er. Andy reports on the river fly life in his River Keepers Diary, and Rob's off street fishing to Holland. **10.00** World's Strongest Man. **11.00** Premier League Tonight. **11.30**

BT Sport Goals Reload. **12.00** Live MLB. **3.00** Live MLB.
BBC ALBA
5.35 Su Shiusaidh. **5.40** Charlie is Lola. **5.50** Bruno. **5.53** Seonaidh. **6.00** Alvinnn agus na Chipmunks. **6.25** Sráid nan Sgreid. **6.35** Fìor Bhall-coise. **7.00** Insean an Tar - Hebrides. **7.30** Speaking Our Language. **8.00** An Là. **8.15** Binneas - Na Trads. **8.30** Dealbhan Fraoch. **9.00** Trusadh: Croitearan Leodhais. **10.00** Ceòlmhor @ Piping Live. **10.30** Opry an Iúir. **11.30** Fonn Fonn Fonn. **12.00** Close.
FILM4
11.00 Hotel for Dogs (2009). **1.05** My Neighbour Totoro (1988). **2.55** Ice Age: The Meltdown (2006). **4.40** Paddington (2014). **6.30** Back to the Future Part III (1990). **8.50** Free Fire Interview Special. **9.00** Free Fire (2016). Premiere. A meeting between terrorists, gangsters and arms

dealers becomes a deadly opportunity to settle scores. Comedy crime drama set in the 1970s, starring Cillian Murphy. **10.50** Sin City: A Dame to Kill For (2014). **12.55** Yakuza Apocalypse (2015). **3.15** Close.
DAVE
6.00 Home Shopping. **7.10** Storage Hunters UK. **9.00** Top Gear Patagonia Special. **11.40** Red Bull Soapbox Race 2017: London. **2.40** Top Gear Bolivia Special. **4.20** Top Gear. **6.00** Red Bull Soapbox Race. **7.00** QI XL. With Matt Lucas, Lucy Porter and Ross Noble. **8.00** Cop Car Workshop. John Heussi rebuilds the force's best car. **9.00** Live at the Apollo. With Alistair McGowan, Kevin Bridges and Reginald D Hunter. **10.00** Dara O Briain's Go 8 Bit. **11.00** Taskmaster. **12.00** QI. **1.20** Mock the Week. **2.00** QI. **3.15** Mock the Week. **4.00** Home Shopping.



The Lancaster: Britain's Flying Past, BBC4, 11.30pm.

TUESDAY, APRIL 3

BBC 1	BBC 2	STV	CHANNEL 4	CHANNEL 5
<p>6.00 Breakfast 9.15 Oxford Street Revealed (r) 10.00 Homes Under the Hammer (r) 11.00 The Sheriffs Are Coming (r) 11.45 Claimed and Shamed A bride's claim for a lost engagement ring hits a snag. 12.15 Bargain Hunt 1.00 BBC News at Six; Weather 1.30 Reporting Scotland; Weather 1.45 Moving On (r) 2.30 Escape to the Continent (r) 3.30 Money for Nothing 4.15 Flog It! (r) 5.15 Pointless Quiz show. 6.00 BBC News at Six; Weather 6.30 Reporting Scotland; Weather</p>	<p>6.00 Flog It! Trade Secrets (r) 6.30 Money for Nothing (r) 7.15 Bargain Hunt (r) 8.00 Sign Zone: Hugh's Wild West (r) 9.00 Victoria Derbyshire 11.00 BBC Newsroom Live 11.30 Westminster in Review 12.00 Golf: Masters 2017 Review 1.00 The Super League Show 1.45 Plan It, Build It (r) 2.15 Trust Me, I'm a Vet (r) Steve Leonard and his team investigate the best ways to help your pet lose weight. 3.15 Indian Ocean with Simon Reeve (r) 4.15 Patagonia: Earth's Secret Paradise (r) 5.15 Put Your Money Where Your Mouth Is (r) 6.00 Eggheads 6.30 The Repair Shop (r)</p>	<p>6.00 Good Morning Britain 8.30 Lorraine 9.25 The Jeremy Kyle Show (r) 10.30 This Morning 12.30 Loose Women 1.30 ITV Lunchtime News; Weather 1.55 STV News; Weather 2.00 Judge Rinder Real-life cases in a studio courtroom. 3.00 Dickinson's Real Deal (r) 3.59 STV Weather Central 4.00 Tipping Point Quiz, hosted by Ben Shephard. 5.00 The Chase Quiz show, hosted by Bradley Walsh. 6.00 STV News at Six; Weather 6.30 ITV Evening News; Weather</p>	<p>6.00 Countdown (r) 6.45 3rd Rock from the Sun (r) 7.35 Everybody Loves Raymond (r) 8.30 Frasier (r) 10.05 Ramsay's Kitchen Nightmares USA (r) 11.00 The Simpsons (r) 12.00 Channel 4 News 12.05 Come Dine with Me (r) 1.05 Posh Pawnbrokers (r) 2.10 Countdown 4.00 A New Life in the Sun: Summer Sun (r) 5.00 Four in a Bed (r) 5.30 Star Boot Sale 6.00 The Simpsons (r) 6.30 Hollyoaks (r)</p>	<p>6.00 Milkshake! 9.15 The Wright Stuff 11.15 Can't Pay? We'll Take It Away (r) 12.10 5 News Lunchtime 12.15 GPs: Behind Closed Doors (r) 1.10 Access 1.15 Home and Away 1.45 Neighbours 2.15 NCIS (r) A Navy Seal is shot dead while threatening to jump from a roof. 3.15 FILM: Abducting Zoe (2014) Crime drama, starring Sammi Hanratty. 5.00 5 News at 5 (r) 5.30 Neighbours (r) 6.00 Home and Away (r) 6.30 5 News Tonight</p>
<p>7.00 The One Show Live chat and topical reports. 7.30 EastEnders Ted's daughter Judith arrives and tries to take control. Followed by BBC News 8.00 River City Annie finds herself in the firing line against Lenny. 9.00 Come Home Marie finds herself in the depths of despair. 10.00 BBC News at Ten 10.30 Reporting Scotland; Weather Followed by National Lottery Update 10.45 Holby City Roxanna questions Gaskell's motives when he takes on a controversial new case. 11.45 This Country Kurtan organises her a surprise present for Kerry's birthday. 12.15 R Kelly: Sex, Girls & Videotapes 1.10 Weather for the Week Ahead 1.15 BBC News</p>	<p>7.00 Attenborough's Wonder of Eggs (r) David Attenborough reveals the secrets of birds' eggs from creation to hatching, exploring how they are made, the reasons behind their shape and their intrinsic purpose. 8.00 Great Indian Railway Journeys Michael Portillo travels from Mysuru to Chennai. 9.00 Hospital Cameras follow head and neck surgeon David Grant. 10.00 Cunk on Britain New series. Comedy documentary. 10.30 Newsnight Presented by Evan Davis. 11.10 Weather 11.15 Pilgrimage: The Road to Santiago (r) 12.15 Sign Zone: Great British Railway Journeys (r) 12.45 MasterChef (r) 1.45 Murder, Mystery and My Family (r) 2.30 Celebrity Antiques Road Trip (r) 3.30 This Is BBC Two</p>	<p>7.00 Emmerdale Bob and Laurel tell one lie too many. 7.30 100 Year Old Driving School A Bomber Command veteran takes part in a driving assessment. 8.00 Paul O'Grady: For the Love of Dogs - Best in Show (r) The best two episodes from the past five series are decided. 9.00 Last Laugh in Vegas Nine British showbusiness stars put on their dream gig in Nevada. 10.00 ITV News at Ten; Weather 10.30 Scotland Tonight; Weather Analysis of the day's news stories. 11.05 The Real Full Monty: Ladies' Night (r) 12.25 Teleshopping 1.25 After Midnight 2.55 ITV Nightscreen 4.35 The Jeremy Kyle Show (r) 5.30 Teleshopping</p>	<p>7.00 Channel 4 News 8.00 The Great Celebrity Bake Off for Stand Up to Cancer Comedians Alan Carr and Aisling Bea, Paralympian Kadeena Cox, and actress and author Teri Hatcher compete in the final programme of culinary challenges. Last in the series. 9.15 Seven Year Switch With their time in Thailand drawing to a close, the four couples write letters explaining what must change to save their failing relationships. 10.20 Gogglebox (r) The households' opinions on recent TV. 11.20 Indian Summer School (r) 12.20 Ramsay's Kitchen Nightmares USA (r) 1.10 Britain's Favourite Food (r) 2.05 The Million Pound Holiday Club (r) 3.00 George Clarke's Amazing Spaces (r) 3.55 Building the Dream (r) 4.50 The Question Jury (r) 5.45 Kirstie's Fill Your House for Free (r)</p>	<p>7.00 The Yorkshire Vet Casebook Julian Norton has problems with a highland cow called Hilda and Peter Wright performs life-changing surgery on a panting pug named Bramble. Followed by 5 News Update 8.00 Secrets of the National Trust with Alan Titchmarsh The presenter visits Castle Ward, in County Down. Followed by 5 News Update 9.00 Everest: World's Greatest Mountain New series. Cameras explore the world's most iconic mountains, beginning with Everest. 10.00 FILM: Sabotage (2014) 11.00 5 News Update 11.05 FILM: Sabotage (2014) Concluded. 12.10 Police Interceptors (r) 1.10 SuperCasino 3.10 Inside Manchester's Midland Hotel (r) 4.00 The Railways That Built Britain with Chris Tarrant (r) 4.45 House Doctor (r) 5.10 Great Artists (r) 5.35 Wildlife SOS (r)</p>

Holby City, 10.45pm.



Great Indian Railway Journeys, 8pm.



Paul O'Grady: For the Love of Dogs - Best ... 8pm.



Seven Year Switch, 9.15pm.



Neighbours, 5.30pm.



BBC4

7.00 Beyond 100 Days. News and analysis from Washington DC and London. **7.30 Nature's** Microworlds. The ecosystem of the African Serengeti. **8.00 BBC Young Musician - Forty Years Young.** A look back at this hugely influential competition. **11.00 The Story of the Jews.** Simon Schama explores the history of the Jewish people. **10.00 Why the Industrial Revolution Happened Here.** The causes and effects of the period of great change in the 18th and 19th centuries. **11.00 Bullseyes and Beer - When Darts Hit Britain: Timeshift.** A look at the history of darts. **12.00 Francesco's Italy Top to Toe.** **1.00 Top of the Pops: 1983.** **2.10 What Do Artists Do All Day?** **2.40 The Ruth Ellis Files: A Very British Crime Story.** **3.40 Close.**

ITV2

6.00 The Planet's Funniest

Animals. **6.20 Totally Bonkers Guinness World Records.** **7.10 Who's Doing the Dishes?** **7.55 Emmerdale.** **8.20 Coronation Street.** **9.25 The Ellen DeGeneres Show.** **10.10 FILM: The Smurfs 2** (2013). **11.10 FYI Daily.** **11.15 FILM: The Smurfs 2** (2013). **12.15 Emmerdale.** **12.45 Coronation Street.** **1.45 The Ellen DeGeneres Show.** **2.35 The Jeremy Kyle Show.** **4.50 Judge Rinder.** **5.50 Take Me Out.** **7.00 You've Been Framed! Gold.** **8.00 Two and a Half Men.** **9.00 FILM: Bridesmaids** (2011). Comedy, starring Kristen Wiig. **10.00 FYI Daily.** **10.05 FILM: Bridesmaids** (2011). Comedy, starring Kristen Wiig. **11.35 Family Guy.** **12.35 American Dad!** **1.30 Celebrity Juice: Easter Special.** **2.15 Teleshopping.** **5.45 ITV2 Nightscreen.**

ITV3

6.00 Classic Coronation Street.

RADIO

BBC RADIO 1

10.00 Clara Amfo. **12.45 Newsbeat.** **1.00 Scott Mills.** **4.00 Greg James.** **5.45 Newsbeat.** **6.00 Greg James.** **7.00 Annie Mac.** **9.00 The 8th with Charlie Sloth.** **11.00 Huw Stephens.** **1.00 Annie Hinghale.** **3.00 Radio 1 Comedy - Scott & Chris.**

BBC RADIO 2

9.30 Ken Bruce. **12.00 Jeremy Vine.** **2.00 Steve Wright in the Afternoon.** **5.00 Mary Portas.** **7.00 Jamie Cullum.** **8.00 Ana Matronic.** **10.00 Blood on the Tracks.** **11.00 Nigel Ogden: The Organist Entertains.** **11.30 Listen to the Band.** **12.00 Sounds of the 80s.**

2.00 Radio 2's Folk Playlist. **3.00 Radio 2 Playlist: 90s Hits.**

BBC RADIO 3

6.30 Breakfast. **9.00 Essential Classics.** **12.00 Composer of the Week: Schumann.** **1.00 News.** **1.02 Radio 3 Lunchtime Concert.** **2.00 Afternoon Concert.** **4.30 BBC Young Musician 2018.** **5.00 In Tune.** **7.00 In Tune Mixtape.** **7.30 Radio 3 in Concert.** **10.00 Free Thinking Festival.** **10.45 The Essay: The Book That Changed Me.** **11.00 Late Junction.** **12.30 Through the Night.**
BBC RADIO 4
5.30 News Briefing. **5.43 Prayer for the Day.** **5.45 Farming Today.** **5.58 Tweet of the Day.** **6.00 Today.** **9.00 The Long View.** **9.30 Nature's**

6.50 Heartbeat. **7.55 The Royal.** **8.55 Judge Judy.** **10.15 Inspector Morse.** **12.35 The Royal.** **1.35 Heartbeat.** **2.40 Classic Coronation Street.** **3.45 Judge Judy.** **4.10 FILM: Man About the House** (1974). **6.00 Heartbeat.** **7.00 Murder, She Wrote.** Jessica's friend is accused of murder. **8.00 Midsomer Murders.** A magician's assistant is poisoned. **10.00 Scott & Bailey.** **12.05 A Touch of Frost.** **2.00 ITV3 Nightscreen.** **2.30 Teleshopping.**

SKY ONE

6.00 Supergirl. **8.00 Futurama.** **8.30 Modern Family.** **9.30 The Simpsons.** **11.00 Warehouse 13.** **12.00 NCIS: Los Angeles.** **1.00 Hawaii Five-0.** **3.00 NCIS: Los Angeles.** **4.00 Stargate SG-1.** **5.00 The Simpsons.** **6.00 Futurama.** **6.30 The Simpsons.** **8.00 The Flash.** A bomb goes off in Central City. **9.00 The Blacklist.**

Great Invaders. **9.45 (FM) Book of the Week: Factfulness.** **9.45 (LW) Daily Service.** **10.00 Woman's Hour.** **11.00 Moving to the Red Planet.** **11.30 The Voices of the 12.00 News.** **12.04 Home Front.** **12.15 Call You and Yours.** **12.57 Weather.** **1.00 The World at One.** **1.45 Voices of the First World War.** **2.00 The Archers.** **2.15 Drama: Finding Love at the End of the World.** **3.00 Short Cuts.** **3.30 Costing the Earth.** **4.00 The Followup Game.** **4.30 Great Lives.** **5.00 PM.** **5.57 Weather.** **6.00 Six O'Clock News.** **6.30 Love in Recovery.** **7.00 The Archers.** **7.15 Front Row.** **7.45 A Book of Middle Eastern Food.** **8.00 The Trans Revolution.** **8.40 In Touch.** **9.00 Inconspicuous**

Liz's reinstatement at the FBI hinges on an evaluation with a psychotherapist. **10.00 The Late Late Show with James Corden:** Best of the Week. Highlights of the talk show. **11.00 The Force: North East.** **12.00 Air Ambulance ER.** **1.00 Brit Cops: Law & Disorder.** **2.00 Most Shocking.** **3.00 Warehouse 13.** **4.00 It's Me or the Dog.** **5.00 The Dog Whisperer.**

SKY MAIN EVENT

6.00 Good Morning Sports Fans Bitesize. **7.00 Total Goals.** **9.00 Live Test Cricket.** **2.00 TBA.** **4.00 Sky Sports News.** **5.00 Sky Sports News at 6.** **6.00 The Masters Countdown.** **6.30 Sky Sports News at 6.** **7.00 Sky Sports Tonight.** This evening's leading sports stories. **7.30 Live EFL: Fulham v Leeds United** (Kick-off 7.45pm). **10.00 The Debate.** **11.00 Sky Sports News.** **1.00 Live WWE Late Night**

Consumption. **9.30 The Long View.** **10.00 The World Tonight.** **10.45 Book at Bedtime: Rabbit Is Rich.** **11.00 Intensive Carey.** **11.30 The Digital Human.** **12.00 News and Weather.** **12.30 Book of the Week: Factfulness.** **12.48 Shipping Forecast.** **1.00 As BBC World Service.** **5.20 Shipping Forecast.**
BBC RADIO 5 LIVE
6.00 5 Live Breakfast. **10.00 The Emma Barnett Show** with Anna Foster. **1.00 Afternoon Edition.** **4.00 5 Live Drive.** **7.00 5 Live Sport: Champions League Football 2017-18.** **10.30 Phil Williams.** **1.00 Up All Night.**
CLASSIC FM
6.00 More Music Breakfast. **8.00 Nicholas Owen.** **1.00 Anne-Marie**

Smackdown. **3.00 Sky Sports News.**

SKY CRICKET

6.00 Live Test Cricket. **7.30 Cricket Shorts.** **7.50 Cricket Masterclass.** **8.00 Test Cricket.** **8.55 Live Test Cricket.** **4.30 Test Cricket.** **5.30 Cricket Debate.** **6.00 Test Cricket.** **8.00 Cricket Debate.** A panel of experts discuss New Zealand v England. **8.30 Test Cricket.** **10.30 Cricket Debate.** **11.00 Test Cricket.** **1.00 Cricket Debate.** **1.30 Test Cricket.** **3.30 Cricket Debate.** **4.00 Test Cricket.**

BT SPORT 1

6.00 Game of the Week. **6.30 Hyundai A-League Highlights.** **7.30 Premier League Review.** **8.30 Vanarama National League.** **10.00 Premier League Reload.** **10.15 Premier League Tonight.** **10.45 UEFA Champions League Magazine.** **11.15 Hyundai A-League Highlights.** **12.15**

Premier League Reload. **12.30 Vanarama National League.** **2.00 Premier League Review.** **3.00 WTA Tennis: Charleston.** **11.00 Inside Sailing.** **11.30 Ladbrokes SPFL Highlights.** **12.00 WTA Tennis: Charleston.** **2.00 UEFA Champions League.** **4.00 Serie A.**

BBC ALBA

5.00 Leugh Le Linda. **5.20 Bruno.** **5.22 Igam Ogam.** **5.30 Flapair is a Charaidean.** **5.40 Su Shiusaidh.** **5.45 Oran Le Fiona.** **5.47 Na Flogaigs.** **6.00 Seoc.** **6.10 Am Prionnas Beag.** **6.35 Tree Fu Tom.** **7.00 Turas a' Bhraidain.** **7.30 Speaking Our Language.** **8.00 An Là.** **8.30 Fuine.** **9.00 Sootstar: Teasairginn Eiginneach.** **9.45 Ceòl bho Perthshire Amber.** **10.00 Trusadh: Croitearan Leodhais.** **11.00 Ar Duain.** **11.30 Alleluia!** **12.00 Close.**

FILM4

11.00 ParaNorman (2012). **12.50 Kiki's Delivery Service** (1989).

3.05 Diary of a Wimpy Kid: Rodrick Rules (2011). **5.10 Johnny English** (2003). **6.50 Last Holiday** (2006). **9.35 American Witch Hunter** (2015). Fantasy adventure, starring Vin Diesel. **11.05 The Grand Budapest Hotel** (2014). Wes Anderson's comedy drama, starring Ralph Fiennes. **1.10 The Social Network** (2010). **3.35 Close.**

DAVE

6.00 Home Shopping. **7.00 Scrapheap Challenge.** **8.15 Storage Hunters.** **9.35 American Pickers.** **12.40 Top Gear Bolivia Special.** **2.20 Top Gear.** **4.00 Steve Austin's Broken Skull Challenge.** **5.00 Top Gear.** **7.00 QI XL.** With Sheila Hancock, Jimmy Carr and Jeremy Clarkson. **8.00 Scrapppers.** **9.00 Would I Lie to You?** **11.00 Live at the Apollo.** **12.00 QI.** **12.00 Mock the Week.** **2.00 QI.** **3.15 Suits.** **4.00 Home Shopping.**



The Story of the Jews, BBC4, 9pm.

WEDNESDAY, APRIL 4

BBC 1	BBC 2	STV	CHANNEL 4	CHANNEL 5
<p>6.00 Breakfast 9.15 Oxford Street Revealed (r) 10.00 Homes Under the Hammer (r) 10.30 Commonwealth Games: Opening Ceremony 2018 Live coverage from Carrara Stadium in Queensland, Australia. 1.30 BBC News at One; Weather 2.00 Reporting Scotland; Weather 2.15 Moving On (r) 3.00 Escape to the Country 3.30 Money for Nothing 4.15 Flog It! (r) Making a profit at auction. 5.15 Pointless Quiz show, hosted by Alexander Armstrong. 6.00 BBC News at Six; Weather 6.30 Reporting Scotland; Weather</p>	<p>6.00 Flog It! Trade Secrets (r) 6.30 Money for Nothing (r) 7.15 Bargain Hunt (r) 8.00 Sign Zone: See Hear 8.30 Classic Mary Berry (r) 9.00 Victoria Derbyshire 11.00 Street Auction (r) 11.45 Claimed and Shamed (r) 12.15 Bargain Hunt (r) 1.15 The Hairy Bikers' Comfort Food (r) 2.00 Trust Me, I'm a Vet (r) The team investigate the warning signs dogs give out before becoming aggressive. Last in the series. 3.00 Indian Ocean with Simon Reeve (r) 4.00 Patagonia: Earth's Secret Paradise (r) 5.00 Put Your Money Where Your Mouth Is 6.00 Eggheads 6.30 The Repair Shop (r)</p>	<p>6.00 Good Morning Britain 8.30 Lorraine 9.25 The Jeremy Kyle Show (r) 10.30 This Morning 12.30 Loose Women 1.30 ITV Lunchtime News; Weather 1.55 STV News; Weather 2.00 Judge Rinder Real-life cases in a studio courtroom. 3.00 Dickinson's Real Deal (r) 3.59 STV Weather Central 4.00 Tipping Point Game show, hosted by Ben Shephard. 5.00 The Chase Quiz show, hosted by Bradley Walsh. 6.00 STV News at Six; Weather 6.30 ITV Evening News; Weather</p>	<p>6.00 Countdown (r) 6.45 3rd Rock from the Sun (r) 7.35 Everybody Loves Raymond (r) 8.30 Frasier (r) 10.05 Ramsay's Hotel Hell (r) 11.00 The Simpsons (r) 12.00 Channel 4 News 12.05 Come Dine with Me (r) 1.05 Posh Pawkbrokers (r) 2.10 Countdown 3.00 A Place in the Sun: Winter Sun (r) 4.00 A New Life in the Sun (r) 5.00 Four in a Bed (r) 5.30 Star Boot Sale 6.00 The Simpsons (r) 6.30 Hollyoaks The Nightingale family are furious. (r)</p>	<p>6.00 Milkshake! 9.15 The Wright Stuff 11.15 Can't Pay? We'll Take It Away (r) 12.10 5 News Lunchtime 12.15 GPs: Behind Closed Doors (r) 1.10 Access 1.15 Home and Away 1.45 Neighbours 2.15 NCIS (r) Ziva becomes involved with a murder suspect. 3.15 FILM: First Class Fear (2013) Thriller, starring Lacey Chabert. 5.00 5 News at 5 5.30 Neighbours (r) Holly defuses the row between Karl and Susan. 6.00 Home and Away (r) 6.30 5 News Tonight</p>
<p>7.00 The One Show Hosted by Alex Jones and Ore Oduba. Followed by BBC News 8.00 MasterChef The eight remaining cooks in the competition head to RAF Halton in Aylesbury. 9.00 My Dad, the Peace Deal and Me Patrick Kietly explores the legacy of Northern Ireland's peace deal. 10.00 BBC News at Ten 10.30 Reporting Scotland; Weather Followed by National Lottery Update 10.45 A Question of Sport 11.15 Lenny Henry: The Commonwealth Kid (r) The actor examines the relationship between the UK and the Commonwealth.</p>	<p>7.00 Commonwealth Games 2018: The Games Today 8.00 The Secret Helpers This time, Alex and Jonny seek advice from strangers around the world. 9.00 The Assassination of Gianni Versace: American Crime Story Curran's inflated sense of entitlement begins to sour relationships. 9.50 Live at the Apollo (r) Sarah Millican hosts, with Tom Allen and Arj Barker. 10.30 Newsnight 11.10 Weather 11.15 Golf: The Masters Preview 2018 11.45 Hospital (r) The day-to-day realities the NHS faces.</p>	<p>7.00 Emmerdale Brenda steals Laurel's wallet. 7.30 Coronation Street David pays a secret visit to a clinic. 8.00 Britain's Brightest Family Two families compete in the final round of the quarter-finals. 8.30 Coronation Street David makes a huge sacrifice to protect his secret. 9.00 Bend Sinister Monty is concerned about Sammy's career re-launch. 10.00 ITV News at Ten; Weather 10.30 Scotland Tonight; Weather Analysis of the day's main news stories. 11.05 UEFA Champions League Highlights</p>	<p>7.00 Channel 4 News 8.00 The Supertv Sports pundit Lee Dixon brings his beloved rescue dog to see Professor Noel Fitzpatrick. Last in the series. 9.00 One Born Every Minute Sharnee, who's 25, and 27-year-old Dan await the arrival of their first child together, and after trying for seven years to conceive, Pat and Jo arrive on the ward to be induced. 10.00 First Dates New series. The return of the dating show, with ex-husband and wife Stuart and Mandy arriving in the restaurant to offer each other moral support. 11.05 Gogglebox (r)</p>	<p>7.00 The Yorkshire Vet Casebook Julian Norton and Peter Wright work together to try to save a working sheepdog. Followed by 5 News Update 8.00 GPs: Behind Closed Doors Dr Tom Pelly sees woman patient suffering with withdrawal symptoms from tramadol. Followed by 5 News Update 9.00 Housing Yorkshire: Somewhere Called Home New series. Documentary following the work of housing officers across Yorkshire. 10.00 Why Do Men Earn More Than Women? 11.05 Murder on the Internet (r)</p>
<p>12.15 Commonwealth Games 2018 Live coverage of the men's and women's triathlons on day one. 2.30 Commonwealth Games 2018 Further live coverage of the opening day's programme.</p>	<p>12.45 Sign Zone: See Hear: The Silent Child (r) 1.15 MasterChef (r) 2.15 The Funeral Murders (r) 3.15 Weather for the Week Ahead 3.20 BBC News</p>	<p>12.05 Teleshopping 1.05 After Midnight 2.35 ITV Nightscreen 4.35 The Jeremy Kyle Show (r) 5.30 Teleshopping</p>	<p>12.05 Live from Abbey Road Classics 12.35 Seven Year Switch (r) 1.30 FILM: Multiplicity (1996) Sci-fi comedy, starring Michael Keaton. 3.30 The Question Jury (r) 4.25 George Clarke's Amazing Spaces (r) 5.20 Streetmate (r) 5.45 Kirstie's Fill Your House for Free (r)</p>	<p>12.05 When Kids Kill 1.00 SuperCasino 3.10 Inside Windsor Castle (r) 4.00 Cruising with Jane McDonald (r) 4.45 House Doctor (r) 5.10 Great Artists (r) 5.35 Wildlife SOS (r)</p>

MasterChef, 8pm.



The Assassination of Gianni Versace ... 9pm.



Emmerdale, 7pm.



One Born Every Minute, 9pm.



GPs: Behind Closed Doors, 8pm.



BBC4

7.00 Beyond 100 Days. **7.30** Nature's Microworlds. **8.00** Metalworks! - The Blacksmith's Tale. An exploration of the blacksmith's craft. Last in the series. **9.00** Make! Craft Britain. The novice crafters are introduced to the art of mosaic making. Last in the series. **10.00** Martin Luther King: The Assassination Tapes. **10.45** Martin Luther King and the March on Washington. **11.45** Carved with Love: The Genius of British Woodwork. **12.45** Top of the Pops: 1983. **1.55** Metalworks! - The Blacksmith's Tale. **2.55** The Ruth Ellis Files: A Very British Crime Story. **3.55** Close.

ITV2

6.00 The Planet's Funniest Animals. **6.20** Totally Bonkers Guinness World Records. **7.10** Who's Doing the Dishes? **7.55** Emmerdale. **8.20** You've Been

Framed! Gold. **8.50** Totally Bonkers Guinness World Records. **9.05** The Ellen DeGeneres Show. **10.00** FILM: St Trinian's 2: The Legend of Fritton's Gold (2009). **11.00** FYI Daily. **11.05** FILM: St Trinian's 2: The Legend of Fritton's Gold (2009). **12.15** Emmerdale. **12.40** You've Been Framed! Gold. **1.45** The Ellen DeGeneres Show. **2.35** The Jeremy Kyle Show. **4.55** Judge Rinder. **6.00** Take Me Out. **7.00** You've Been Framed! Gold. **8.00** Two and a Half Men. **9.00** Hell's Kitchen USA. **10.55** Family Guy. **12.25** American Dad! **1.20** Two and a Half Men. **2.15** Totally Bonkers Guinness World Records. **2.25** Teleshopping. **5.55** ITV2 Nightscreen.

ITV3

6.00 Classic Coronation Street. **6.55** Heartbeat. **7.55** The Royal. **8.55** Judge Judy. **10.15** Inspector Morse. **12.35** The Royal. **1.35** Heartbeat. **2.40**

Classic Coronation Street. **3.45** Judge Judy. **4.10** FILM: Carry On Up the Khyber (1968). **6.00** Heartbeat. **7.00** Murder, She Wrote. Jessica's author friend is found dead. **8.00** Endeavour. The detective considers his future. **10.00** Law & Order: UK. **12.05** Unforgotten. **2.00** ITV3 Nightscreen. **2.30** Teleshopping.

SKY ONE

6.00 Supergirl. **8.00** Futurama. **8.30** Modern Family. **9.30** The Simpsons. **11.00** Warehouse 13. **12.00** NCIS: Los Angeles. **1.00** Hawaii Five-0. **3.00** NCIS: Los Angeles. **4.00** Stargate SG-1. **5.00** The Simpsons. **6.00** Futurama. **6.30** The Simpsons. **8.00** DC's Legends of Tomorrow. M'allsu's power makes Sara the unwitting bearer of one of the totems. **9.00** A League of Their Own. **10.00** Golf's Funniest Moments. **11.00** The Force: North East. **12.00** Air Ambulance ER.

1.00 Brit Cops: War on Crime. **2.00** Most Shocking. **3.00** Warehouse 13. **4.00** It's Me or the Dog. **5.00** The Dog Whisperer.

SKY MAIN EVENT

6.00 Good Morning Sports Fans Bitesize. **7.00** Good Morning Sports Fans. **10.00** Premier League Daily. **11.00** Sky Sports Daily. **12.00** Sky Sports News. **2.00** Live Masters - On the Range. **4.00** Sky Sports News. **5.00** Sky Sports News at 5. **6.00** Sky Sports News at 6. **7.00** Live Masters - Par Three Tournament. The traditional curtain-raiser to the first Major of the year. **10.30** Sky Sports News at Ten. **11.00** Sky Sports News.

SKY CRICKET

6.00 Cricket Debate. **6.30** Cricket's Greatest Games. **7.00** Ireland's Finest Hour. **7.20** India's Amazing Run Chase. **7.40** Best of Sky Cricket. **8.00** Test Cricket. **9.00** Being Monty

Panesar. **9.45** My Icon: Nasser Hussain. **10.00** How the 2010 ICC World T20 Was Won. **12.00** Test Cricket. **1.00** Cricket Debate. **1.30** Test Cricket. **3.30** Cricket Debate. **4.00** Test Cricket. **6.00** Cricket Debate. **6.30** Test Cricket. **7.30** The Cricket Report: IPL Auction Special. **8.30** Indian Premier League. **10.30** The Cricket Report: IPL Auction Special. **11.30** Indian Premier League. **1.30** Great Women: Stars of ODI Cricket. **2.30** Cricket's Greatest Games. **3.00** Best of Sky Cricket. **3.30** Sporting Triumphs. **4.00** How the 2010 ICC World T20 Was Won.

BT SPORT 1

5.00 Ligue 1 Highlights. **6.00** The Football Archives: 1978/79. **6.30** The Football Archives: 1979/80. **7.00** The Football Archives: 1980/81. **7.30** The Football Archives: 1981/82. **8.00** Premier League Review: 2002/03. **9.00**

Premier League Review: 2003/04. **10.00** Premier League Review. **11.00** Four Days in October. **12.00** Scottish Professional Football League. **1.30** Premier League. **3.00** WTA Tennis: Charleston. **11.00** UFC Countdown. **12.00** WTA Tennis: Charleston. **2.00** Premier League Tour. **2.30** Rugby Tonight On Tour. **3.00** Playback - Football's Greatest Rivalries.

BBC ALBA

5.00 Peppa. **5.10** Creag nam Buthaidhean. **5.25** Oran le Fiona. **5.28** Ben & Hollidh san Rìoghachd Bhig. **5.50** Treud na Dlùth-choille - Grad-Naidheachd. **5.52** Seonaidh. **6.00** Dè a-nis? **7.00** Innean an Iar - Hebrides. **7.30** Speaking Our Language. **8.00** An Là. **8.30** Leugh Mi. **9.00** Am Fear Cinneidh Og - The Young Clan Commander. **10.00** Seòid a Chidsin - The Kitchen Coves. **10.30** Ceòlmhor @ Piping Live.

11.00 Dubhlan an Data. **12.00** Close.

FILM4

11.00 Anna and the King (1999). **1.50** The Borrowers (1997). **3.30** Dr Dolittle (1998). **5.10** Dr Dolittle 2 (2001). **6.50** Ender's Game (2013). **9.00** Die Hard (1988). Action thriller, starring Bruce Willis. **11.40** American Reunion (2012). **1.50** Day of the Flowers (2013). **3.55** Close.

DAVE

6.00 Home Shopping. **7.00** Scrapheap Challenge. **8.10** American Pickers. **9.00** Storage Hunters. **10.00** American Pickers. **1.00** Top Gear. **3.00** Sin City Motors. **4.00** Steve Austin's Broken Skull Challenge. **5.00** Top Gear. **7.00** QI XL. **8.00** Sin City Motors. **9.00** Live at the Apollo. **10.00** Room 101. **12.00** QI. **1.20** Mock the Week. **2.00** QI. **3.15** Suits. **4.00** Home Shopping.

RADIO

BBC RADIO 1

10.00 Clara Amfo. **12.45** Newsbeat. **1.00** Scott Mills. **4.00** Greg James. **5.45** Newsbeat. **6.00** Greg James. **7.00** Annie Mac. **9.00** The 8th with Charlie Sloth. **11.00** Huw Stephens. **1.00** Benji B. **3.00** Radio 1 Comedy - Niki and Sammy's Peachy Podcast.

BBC RADIO 2

9.00 Ken Bruce. **12.00** Jeremy Vine. **2.00** Steve Wright in the Afternoon. **5.00** Mary Portas. **7.30** BBC Radio 2 Folk Awards 2018. **9.00** Suzi Perry. **10.00** Memphis & Martin Luther King - 'They Wouldn't Treat Me Like a Man'. **11.00** Lost Boy: In Search of Nick

Drake. **12.00** Pick of the Pops. **2.00** Radio 2 Playlists: Country Playlist.

BBC RADIO 3

6.30 Breakfast. **9.00** Essential Classics. **12.00** Composer of the Week: Schumann. **1.00** News. **2.00** Radio 3 Lunchtime Concert. **2.00** Afternoon Concert. **3.30** Choral Evensong. **4.30** BBC Young Musician 2018. **5.00** In Tune. **7.00** In Tune Mixtape. **7.30** Radio 3 in Concert. **10.00** Free Thinking Festival. **10.45** The Essay: The Book That Changed Me. **11.00** Late Junction. **12.30** Through the Night.

BBC RADIO 4

10.00 Woman's Hour. **10.56** The Listening Project. **11.00** Davy

Crockett and the Irish Frontiersmen. **11.30** Big Problems with Helen Keen. **12.00** News. **12.04** Home Front. **12.15** You and Yours. **12.57** Weather. **1.00** The World at One. **1.45** Voices of the First World War. **2.00** The Archers. **2.15** Drama: Tommies. **3.00** Money Box Live. **3.30** Inconspicuous Consumption. **4.00** Thinking Allowed. **4.30** The Media Show. **5.00** PM. **5.57** Weather. **6.00** Six O'Clock News. **6.30** Sketchoptia. **7.00** The Archers. **7.15** Front Row. **7.45** A Book of Middle Eastern Food. **8.00** Unreliable Evidence. **8.45** TBA. **9.00** Costing the Earth. **9.30** Soul Music. **9.59** Weather. **10.00** The World Tonight. **10.45** Book at

Bedtime: Rabbit Is Rich. **11.00** Sophie Willan's Guide to Normality. **11.15** The John Moloney Show. **11.30** (FM) The Digital Human. **12.00** (FM) News and Weather. **12.30** Book of the Week: Factfulness. **12.48** Shipping Forecast. **1.00** As BBC World Service. **5.20** Shipping Forecast.

BBC RADIO 5 LIVE

6.00 5 Live Breakfast. **10.00** The Emma Barnett Show with Anna Foster. **1.00** Afternoon Edition. **4.00** 5 Live Drive. **7.00** 5 Live Sport: Champions League Football. **2017-18**. **10.30** Phil Williams. **1.00** Up All Night. **CLASSIC FM** **6.00** More Music Breakfast. **9.00** Nicholas Owen. **1.00** Anne-Marie

Minhall. **5.00** Classic FM Drive. **7.00** Smooth Classics at Seven. **8.00** The Full Works Concert. **10.00** Smooth Classics. **1.00** Sam Pitts.

BBC RADIO SCOTLAND

6.00 Good Morning Scotland. **9.00** The Kaye Adams Programme. **12.00** John Beattie's Commonwealth Games. **1.32** Five Star Makers and Breakers. **2.00** Bulletin. **2.05** The Afternoon Show with Grant Stott. **4.00** Newsdrive. **6.30** (FM) Get It On with Bryan Burnett. **6.30** (MW) Sportsound. **9.00** (FM) Bulletin. **9.05** (FM) Travelling Folk. **10.00** (MW) Travelling Folk. **11.00** Bulletin. **11.05** Vic Galloway. **1.00** As Radio 5 Live.



Martin Luther King: The Assassination Tapes, BBC4, 10pm.

THURSDAY, APRIL 5

BBC 1	BBC 2	STV	CHANNEL 4	CHANNEL 5
<p>6.00 Breakfast 9.15 Commonwealth Games 2018 Track cycling and swimming coverage on day one from Queensland. 1.00 BBC News at One; Weather 1.30 Reporting Scotland; Weather 1.45 Moving On (r) 2.30 Escape to the Continent (r) A Kent couple plan to relocate to the Puglia region of Italy. 3.30 Money for Nothing 4.15 Flog It! (r) From St Albans, Hertfordshire. 5.15 Pointless 6.00 BBC News at Six; Weather 6.30 Reporting Scotland; Weather</p>	<p>6.00 Commonwealth Games 2018 Hazel Irvine presents continued live coverage of day one, with artistic gymnastics, track cycling and netball all taking place in Queensland, Australia. 9.15 Oxford Street Revealed (r) 10.00 Homes Under the Hammer (r) 11.00 Street Auction (r) 11.45 Claimed and Shamed (r) 12.15 Bargain Hunt (r) 1.00 Commonwealth Games 2018 5.15 Put Your Money Where Your Mouth Is (r) Jonty Hearnden and Danny Sebastian go antique-hunting in Anney, France. 6.00 Eggheads Quiz show. 6.30 Commonwealth Games 2018: The Games Today The best of the action from day one in Queensland.</p>	<p>6.00 Good Morning Britain 8.30 Lorraine 9.25 The Jeremy Kyle Show (r) 10.30 This Morning 12.30 Loose Women 1.30 ITV Lunchtime News; Weather 1.55 STV News; Weather 2.00 Judge Rinder Real-life cases in a studio courtroom. 3.00 Dickinson's Real Deal (r) 3.59 STV Weather Central 4.00 Tipping Point Quiz, hosted by Ben Shephard. 5.00 The Chase Quiz show, hosted by Bradley Walsh. 6.00 STV News at Six; Weather 6.30 ITV Evening News; Weather</p>	<p>6.00 Countdown (r) 6.45 3rd Rock from the Sun (r) 7.35 Everybody Loves Raymond (r) 8.30 Frasier (r) 10.05 Ramsay's Hotel Hell (r) 11.00 The Simpsons (r) 12.00 Channel 4 News 12.05 Come Dine with Me (r) 1.05 Posh Pawnbrokers (r) 2.10 Countdown 3.00 A Place in the Sun: Winter Sun (r) 4.00 A New Life in the Sun (r) 5.00 Four in a Bed (r) 5.30 Star Boot Sale 6.00 The Simpsons Homer and Marge dispense marital advice. (r) 6.30 Hollyoaks (r)</p>	<p>6.00 Milkshake! 9.15 The Wright Stuff 11.15 Can't Pay? We'll Take It Away (r) 12.15 GPs: Behind Closed Doors (r) 1.10 Access 1.15 Home and Away 1.45 Neighbours 2.20 NCIS (r) 3.20 FILM: Concrete Evidence: A Fixer Upper Mystery (2017) Premiere. Light-hearted mystery drama sequel, starring Jewel Kilcher. 5.00 5 News at 5 5.30 Neighbours (r) 6.00 Home and Away (r) 6.30 5 News Tonight</p>
<p>7.00 The One Show Topical stories from around the UK. 7.30 EastEnders Bernadette tries to make Judith see sense. Followed by BBC News 8.00 MasterChef The amateurs serve a three-course fish lunch. 9.00 Not Going Out Lee and Lucy become addicted to a TV boxset. 9.30 Still Game Jack and Victor try to get their hands on the last steak pie in the butcher's. 10.00 BBC News at Ten 10.30 Reporting Scotland; Weather 10.45 Unsolved: The Man with No Alibi 11.45 Close Calls: On Camera Footage of near misses caught on CCTV.</p>	<p>8.00 Big Cats About the House An injured cheetah needs Giles's help, while Maya becomes famous after appearing on breakfast TV—but her behaviour is pushing the family to their limits. Last in the series. 9.00 Civilisations David Olusoga shows art was always on the frontline when distant cultures meet. 10.00 Limmy's Homemade Show Rough-and-ready videos starring the comedian. 10.30 Newsnight Presented by Kirsty Wark. 11.10 Weather 11.15 MOTD: The Premier League Show 11.45 Top Gear (r)</p>	<p>7.00 Emmerdale Rebecca announces she is going to see a hypnotherapist. 7.30 Pets: The True Cost – Tonight The cost of the UK's love affair with cats and dogs. 8.00 Emmerdale 8.30 The Cruise: Sailing the Caribbean New series. Life on board the Royal Princess during a busy season around the Caribbean. 9.00 The Investigator: A British Crime Story New series. Trying to prove several missing women were murdered. 10.00 ITV News at Ten; Weather 10.30 Scotland Tonight; Weather 11.05 UEFA Europa League Highlights</p>	<p>7.00 Channel 4 News 8.00 Location, Location, Location Kirstie Allsopp and Phil Spencer are in Bournemouth, helping two single parents find a home to bring their families together and a couple who are stuck in a rental rut. 9.00 Indian Summer School Jack faces extreme consequences after refusing to join in with a dare, Ethan struggles to fit in and Harry has a fight. Jake's rule-breaking leads to conflict with the headmaster. 10.00 24 Hours in Police Custody (r) Police search for the body of a woman who disappeared in 2003. 11.05 First Dates (r)</p>	<p>7.00 The Yorkshire Vet Casebook Julian Norton helps a sick calf, and Peter Wright tends to a two-day-old lamb that has problems with its eyes and a dog that needs major surgery. Followed by 5 News Update 8.00 Bad Tenants, Rogue Landlords New series. An eviction lawyer tries to evict squatters from an abandoned print works. Followed by 5 News Update 9.00 Can't Pay? We'll Take It Away 10.00 Undercover: Nailing the Fraudsters Paul Connolly investigates boiler room scams. 11.05 FILM: 3 Days to Kill (2014) Action thriller, starring Kevin Costner.</p>
<p>12.15 Commonwealth Games 2018 Live swimming, hockey and track cycling coverage. 3.30 Commonwealth Games 2018 Further live swimming, hockey and track cycling coverage.</p>	<p>12.50 Sign Zone: MasterChef (r) 1.20 Amazing Hotels: Life Beyond the Lobby (r) 2.20 This Is BBC Two</p>	<p>12.05 Teleshopping 1.05 After Midnight 2.35 Pets: The True Cost – Tonight (r) 3.00 ITV Nightscreen 4.35 The Jeremy Kyle Show (r) 5.30 Teleshopping</p>	<p>12.05 999: On the Frontline (r) 1.00 The Island with Bear Grylls (r) 1.55 The Supervet (r) 2.50 George Clarke's Old House, New Home (r) 3.45 Building the Dream (r) 4.40 The Question Jury (r) 5.35 Streetmate (r)</p>	<p>1.15 SuperCasino 3.10 Secrets of the National Trust with Alan Titchmarsh (r) 4.00 Cruising with Jane McDonald (r) 4.45 House Doctor (r) 5.10 Great Artists (r) 5.35 Wildlife SOS (r)</p>

EastEnders, 7.30pm.



Eggheads, 6pm.



Emmerdale, 7pm.



Location, Location, Location, 8pm.



Bad Tenants, Rogue Landlords, 8pm.



BBC4

7.00 Beyond 100 Days. **7.30** Top of the Pops: 1985. **8.00** Commonwealth Games Extra. Extended highlights of the opening day's action. **9.00** Putin, Russia & the West. Charting Vladimir Putin's career in Russian politics. **10.00** Inside Porton Down: Britain's Secret Weapons Research Facility. **11.00** Russia – A Century of Suspicion: A Timewatch Guide. **12.00** Al Murray's Great British Spy Movies. **1.00** Top of the Pops: 1985. **1.30** Putin, Russia & the West. **2.30** The Story of the Jews. **3.30** Close.

ITV2

6.00 The Planet's Funniest Animals. **6.20** Totally Bonkers Guinness World Records. **7.10** Who's Doing the Dishes? **7.55** Emmerdale. **8.20** Coronation Street. **9.25** The Ellen DeGeneres Show. **10.20** FILM: Nanny

McPhee (2005). **11.20** FYI Daily. **11.25** FILM: Nanny McPhee (2005). **12.15** Emmerdale. **12.45** Coronation Street. **1.45** The Ellen DeGeneres Show. **2.35** The Jeremy Kyle Show. **4.55** Judge Rinder. **6.00** Take Me Out. **7.00** You've Been Framed! Gold. **8.00** Two and a Half Men. **9.00** Family Guy. **10.00** Celebrity Juice. **10.50** Family Guy. **11.50** American Dad! **12.40** Two and a Half Men. **1.40** Totally Bonkers Guinness World Records. **2.20** Teleshopping. **5.50** ITV2 Nightscreen.

ITV3

6.00 Classic Coronation Street. **6.55** Heartbeat. **7.55** The Royal. **9.00** Judge Judy. **10.20** Inspector Morse. **12.35** The Royal. **1.35** Heartbeat. **2.40** Classic Coronation Street. **3.45** Judge Judy. **4.15** FILM: Carry On Camping (1969). **6.00** Heartbeat. **7.00** Murder, She Wrote. Jessica

takes a teaching position in New York. **8.00** Vera. The key to a murder lies deep in the memory of the victim's son. **10.00** The Suspicions of Mr Whicher. **12.05** DCI Banks. **2.00** ITV3 Nightscreen. **2.30** Teleshopping.

SKY ONE

6.00 Supergirl. **8.00** Futurama. **8.30** Modern Family. **9.30** The Simpsons. **11.00** Warehouse 13. **12.00** NCIS: Los Angeles. **1.00** Hawaii Five-0. **3.00** NCIS: Los Angeles. **4.00** Stargate SG-1. **5.00** The Simpsons. **6.00** Futurama. **6.30** The Simpsons. **8.00** Arrow. Roy Harper returns to Star City. **9.00** SEAL Team. A research ship is hijacked in the South China Sea. **10.00** In the Long Run. **10.30** Football's Funniest Moments. **11.00** The Force: North East. **12.00** Air Ambulance ER. **1.00** Brit Cops: War on Crime. **2.00** NCIS: Los Angeles. **3.00** Warehouse 13.

4.00 It's Me or the Dog. **5.00** The Dog Whisperer.

SKY MAIN EVENT

6.00 Good Morning Sports Fans Bitesize. **7.00** Good Morning Sports Fans. **10.00** Premier League Daily. **11.00** Sky Sports Daily. **12.00** Sky Sports News. **5.00** Sky Sports News at 5. **6.00** Sky Sports News at 6. **7.00** The Masters – Live. The opening day from the Augusta National. **12.30** Jordan Spieth – From Minor to Major. **1.00** Sky Sports News.

SKY CRICKET

6.00 Cricket's Greatest Games. **7.00** Great Sporting Moments. **7.45** Sporting Triumphs. **8.00** Cricket Shorts. **8.10** Ashes Greatest. **8.35** Cricket Masterclass. **9.00** Best of the Sky Cricket Zone. **10.00** How the 2011 ICC Cricket World Cup Was Won. **12.00** Cricket's Greatest Games. **1.00** Cricket Masterclass. **2.00** Great Sporting Moments. **2.45**

Sporting Triumphs. **3.00** Cricket Shorts. **3.10** Ashes Greatest. **3.35** Newlands History Special. **3.55** Atherton's History of Old Trafford. **4.00** Cricket Masterclass. **6.00** The Cricket Report: IPL Auction Special. **7.00** Indian Premier League. **9.00** The Cricket Report: IPL Auction Special. Matt Floy is joined by Isa Guha and Dominic Cork to review the 2018 IPL auction. **10.00** Indian Premier League. **12.00** The Cricket Report: IPL Auction Special. **1.00** Indian Premier League. **3.00** Cricket Masterclass. **4.00** How the 2011 ICC Cricket World Cup Was Won.

BT SPORT 1
5.00 Playback – Football's Greatest Rivalries. **6.00** Bundesliga Highlights Show. **7.00** Serie A Show. **7.30** Ligue 1. **8.30** Irish Rally Review. **9.00** Rugby Tonight On 3. **9.30** Fishing: On The Bank. **10.00** Serie A Show.

11.00 Premier League World. **12.30** Premier League Review: 2004/05. **12.30** Premier League Review: 2005/06. **1.30** Inside Sailing. **2.00** Elway to Marino. **3.30** BT Sport Goals Reload. **3.45** WTA Tennis: Charleston. **2.00** Premier League World. **2.30** UEFA Europa League.

BBC ALBA

5.00 Leugh le Linda. **5.22** Igam Ogam. **5.30** Flapair is a Charaidean. **5.40** Shaun the Sheep. **5.50** Live FIFA Women's World Cup Qualifier. **8.00** An Là. **8.30** Ceann an Rìgh. **9.00** Sgeulachd Edward Pritchard – The Human Crocodile. **10.00** Belladrum 2017: First Aid Kit. **10.30** Luingeann Lannsaireachd. **11.15** Ceòl bho Perthshire Ambar. **11.30** Seòid a' Chidsin – The Kitchen Coves. **12.30** Close.

FILM4

11.00 The SpongeBob SquarePants Movie (2004). **12.45**

Parental Guidance (2012). **2.50** Mr Popper's Penguins (2011). **4.40** Robots (2005). **6.25** Battleship (2012). **9.00** Pride and Prejudice and Zombies (2016). Comedy adventure, starring Lily James. **11.10** Conan the Barbarian (2011). **1.20** 13 Assassins (2010). **3.50** Close.

DAVE

6.00 Home Shopping. **7.00** Scrapheap Challenge. **8.10** American Pickers. **9.00** Storage Hunters. **10.00** American Pickers. **1.00** Top Gear. **3.00** Sin City Motors. **4.00** Steve Austin's Broken Skull Challenge. **5.00** Top Gear. **7.00** QI XL. With panellists Noel Fielding, Rhod Gilbert and Cariad Lloyd. **8.00** Dara O Briain's Go 8 Bit. With Kevin Bridges and Natasia Demetriou. **9.00** QI XL. **10.00** Not Going Out. **11.20** Mock the Week. **12.00** QI. **1.20** Mock the Week. **2.00** QI. **3.15** Suits. **4.00** Home Shopping.

RADIO

BBC RADIO 1

10.00 Clara Amfo. **12.45** Newsbeat. **1.00** Scott Mills. **4.00** Greg James. **5.45** Newsbeat. **6.00** Greg James. **7.00** Annie Mac. **9.00** The 8th with Charlie Sloth. **11.00** BBC Radio 1's Residency – TQD. **12.00** BBC Radio 1's Residency – Jubilee. **1.00** Toddlas T. **3.00** Radio 1 Comedy – Ray Moss No Stone Unturned.

BBC RADIO 2

9.30 Ken Bruce. **12.00** Jeremy Vine. **2.00** Steve Wright in the Afternoon. **5.00** Mary Portas. **7.00** Bob Harris Country. **8.00** Ana Matronic. **10.00** The Radio 2 Arts Show with Annela Rice. **12.00** The

Craig Charles House Party. **2.00** Radio 2's Tracks of My Years Playlist. **3.00** Radio 2 Playlist: Have A Great Weekend.

BBC RADIO 3

6.30 Breakfast. **9.00** Essential Classics. **12.00** Composer of the Week: Schumann. **1.00** News. **1.02** Radio 3 Lunchtime Concert. **2.00** Afternoon Concert. **4.30** BBC Young Musician 2018. **5.00** In Tune. **7.00** In Tune Mixtape. **7.30** Radio 3 in Concert. **10.00** Free Thinking. **10.45** The Essay: The Book That Changed Me. **11.00** Late Junction. **12.30** Through the Night.

BBC RADIO 4

9.00 In Our Time. **9.45** (FM) Book of the Week: Factfulness. **9.45**

(LW) Daily Service. **10.00** Woman's Hour. **11.00** Crossing Continents. **11.30** Double-Talk. **12.00** News. **12.04** Home Front. **12.15** You and Yours. **12.57** Weather. **1.00** The World at One. **1.45** Voices of the First World War. **2.00** The Archers. **2.15** Drama: Holbein's Skull. **2.00** Open Country. **3.27** Radio 4 Appeal. **3.30** Bookclub. **4.00** The Film Programme. **4.30** BBC Inside Science. **5.00** PM. **5.57** Weather. **6.00** Six O'Clock News. **6.30** The Hitchhiker's Guide to the Galaxy: Hexagonal Phase. **7.00** The Archers. **7.15** Front Row. **7.45** A Book of Middle Eastern Food. **8.00** The Briefing Room. **8.30** In Business. **9.00** BBC Inside Science. **9.30** In Our Time. **10.00**

The World Tonight. **10.45** Book at Bedtime: Rabbit Is Rich. **11.00** Beef and Dairy Network. **11.30** The Digital Human. **12.00** News and Weather. **12.30** Book of the Week: Factfulness. **12.48** Shipping Forecast. **1.00** As BBC World Service. **5.20** Shipping Forecast.

BBC RADIO 5 LIVE

6.00 5 Live Breakfast. **10.00** The Emma Barnett Show with Anna Foster. **1.00** Afternoon Edition. **4.00** 5 Live Drive. **7.00** 5 Live Sport. **8.00** 5 Live Formula 1. **8.30** At Home with Colin Murray. **9.00** 5 Live Golf: The Masters. **10.00** Phil Williams. **1.00** Up All Night.

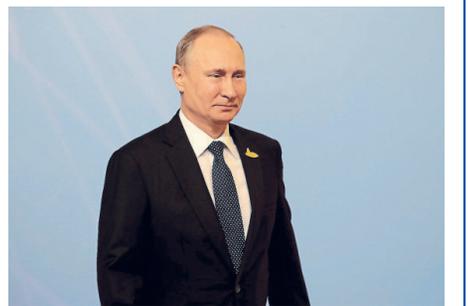
CLASSIC FM

6.00 More Music Breakfast. **8.00** Nicholas Owen. **1.00** Anne-Marie

Minhall. **5.00** Classic FM Drive. **7.00** Smooth Classics at Seven. **8.00** The Full Works Concert. **10.00** Smooth Classics. **1.00** Jane Jones.

BBC RADIO SCOTLAND

6.00 Good Morning Scotland. **9.00** The Kaye Adams Programme. **12.00** John Beattie's Commonwealth Games. **1.32** The Kitchen Cafe. **2.00** Bulletin. **2.05** The Afternoon Show with Grant Stott. **4.00** Newsdrive. **6.30** (FM) Get It On with Bryan Burnett. **6.30** (MW) Sportsound. **7.30** (MW) Get It On with Bryan Burnett. **9.00** Bulletin. **9.05** The Quay Sessions with Roddy Hart. **11.00** Bulletin. **11.05** Natasha Raskin Sharp. **1.00** As Radio 5 Live.



Putin, Russia & the West, BBC4, 9pm.

FRIDAY, APRIL 6

BBC 1	BBC 2	STV	CHANNEL 4	CHANNEL 5
<p>6.00 Breakfast</p> <p>9.15 Commonwealth Games 2018 Continued live swimming and track cycling coverage on day two.</p> <p>1.00 BBC News at One; Weather</p> <p>1.30 Reporting Scotland; Weather</p> <p>1.45 Moving On (r)</p> <p>2.30 Escape to the Continent (r) An Essex couple hoping to start a new life and business in Tuscany, Italy.</p> <p>3.30 Money for Nothing</p> <p>4.15 Flog It! (r) From Morecambe, Lancashire.</p> <p>5.15 Pointless Quiz show, hosted by Alexander Armstrong.</p> <p>6.00 BBC News at Six; Weather</p> <p>6.30 Reporting Scotland; Weather</p>	<p>6.00 Commonwealth Games 2018 Live coverage of day two of the Games in Queensland. 9.15 Oxford Street Revealed (r) 10.00 Homes Under the Hammer (r)</p> <p>11.00 Street Auction (r) 11.45 Claimed and Shamed 12.15 Bargain Hunt (r) 1.00 Commonwealth Games 2018</p> <p>5.15 Put Your Money Where Your Mouth Is (r) Jonty Hearnden vs Danny Sebastian compete in West Sussex.</p> <p>5.45 Golf: The Masters Highlights Eilidh Barbour presents action from the opening day at Augusta National Golf Club in Georgia, where Sergio Garcia entered as the reigning champion at the first Major of the year.</p>	<p>6.00 Good Morning Britain</p> <p>8.30 Lorraine</p> <p>9.25 The Jeremy Kyle Show (r)</p> <p>10.30 This Morning</p> <p>12.30 Loose Women</p> <p>1.30 ITV Lunchtime News; Weather</p> <p>1.55 STV News; Weather</p> <p>2.00 Judge Rinder Real-life cases in a studio courtroom.</p> <p>3.00 Dickinson's Real Deal (r)</p> <p>3.59 STV Weather Central</p> <p>4.00 Tipping Point Quiz, hosted by Ben Shephard.</p> <p>5.00 The Chase Quiz show, hosted by Bradley Walsh.</p> <p>6.00 STV News at Six; Weather</p> <p>6.30 ITV Evening News; Weather</p>	<p>6.00 Countdown (r)</p> <p>6.45 3rd Rock from the Sun (r)</p> <p>7.35 Everybody Loves Raymond (r)</p> <p>8.30 Frasier (r)</p> <p>10.00 Ramsay's Hotel Hell (r)</p> <p>10.50 The Simpsons (r)</p> <p>11.50 Channel 4 News</p> <p>11.55 Formula 1 Bahrain Grand Prix Practice 1 Live Coverage from the second round of the season.</p> <p>2.10 Countdown</p> <p>3.00 A Place in the Sun: Winter Sun (r)</p> <p>4.00 A New Life in the Sun (r)</p> <p>5.00 Four in a Bed (r)</p> <p>5.30 Star Boot Sale</p> <p>6.00 The Simpsons (r)</p> <p>6.30 Hollyoaks (r)</p>	<p>6.00 Milkshake!</p> <p>9.15 The Wright Stuff</p> <p>11.15 Can't Pay? We'll Take It Away (r)</p> <p>12.10 5 News Lunchtime</p> <p>12.15 GPs: Behind Closed Doors (r)</p> <p>1.15 Home and Away</p> <p>1.45 Neighbours</p> <p>2.15 NCIS (r) A security guard is killed during a bank robbery.</p> <p>3.15 FILM: A Father's Guilty Secret (2016) Thriller, starring Willa Ford.</p> <p>5.00 5 News at 5</p> <p>5.30 Neighbours (r) The Cannings learn the cause of Sheila's memory losses.</p> <p>6.00 Home and Away (r) Jasmine finds her stalker in her caravan.</p> <p>6.30 5 News Tonight</p>
<p>7.00 The One Show</p> <p>7.30 Sounds Like Friday Night</p> <p>8.00 EastEnders</p> <p>8.30 Room 101 The best bits from the series. Last in the series.</p> <p>9.00 MasterChef</p> <p>9.30 Have I Got News for You</p> <p>10.00 BBC News at Ten</p> <p>10.25 Reporting Scotland; Weather Followed by National Lottery Update</p> <p>10.35 The Graham Norton Show New series. With guests Emily Blunt, John Krasinski and Kylie Minogue.</p> <p>11.25 Commonwealth Games 2018: The Games Today Clare Balding presents action from day two.</p> <p>11.55 Commonwealth Games 2018</p>	<p>6.45 Football: Women's World Cup Qualification England v Wales (Kick-off 7pm).</p> <p>9.00 The City and the City New series. Detective thriller, starring David Morrissey.</p> <p>10.00 Episodes The video of Matt's escapade with the girl in the box goes viral.</p> <p>10.30 Newsnight Presented by Evan Davis.</p> <p>11.00 Weather</p> <p>11.05 Front Row New series. The TV version of Radio 4's long-running cultural review show.</p> <p>11.35 The Assassination of Gianni Versace: American Crime Story (r)</p>	<p>7.00 Emmerdale</p> <p>7.30 Coronation Street Mary and Tracy spring a surprise on Jude.</p> <p>8.00 Peter & Roughie's Friday Football Show Peter Martin and Alan Rough round up the latest action.</p> <p>8.30 Coronation Street Jude begs Mary to keep a secret from Angie.</p> <p>9.00 Lethal Weapon Riggs and Murtaugh are thrown into the world of counterfeit money. Riggs also decides to pay a visit to someone from his past.</p> <p>10.00 ITV News at Ten; Weather</p> <p>10.30 STV News Central; Weather</p> <p>10.45 FILM: Hellboy II: The Golden Army (2008)</p>	<p>7.00 Channel 4 News</p> <p>8.00 I Don't Like Mondays New series. Comedy game show.</p> <p>9.00 Gogglebox The households' opinions on recent TV.</p> <p>10.00 Lee and Dean Lee broods over the fact that Dean is dating Mrs Bryce D'Souza.</p> <p>10.35 8 Out of 10 Cats (r) With panellists Jordan Stephens, Desiree Burch, Ayda Field and Dane Baptiste.</p> <p>11.20 Rob Beckett's Playing for Time Asim Chaudhry joins the host to play video games from the late 1990s.</p> <p>11.50 Rude Tube (r) Clips include one of the worst wedding ring deliveries ever.</p>	<p>7.00 The Gadget Show The team puts the latest outdoor gadgets to the test. Followed by 5 News Update</p> <p>8.00 Britain's Great Cathedrals with Tony Robinson The history of Canterbury Cathedral. Followed by 5 News Update</p> <p>9.00 Jane McDonald & Friends With guests Tony Hadley and Shayne Ward. Last in the series.</p> <p>10.00 Will & Grace Jack is unhappy that Will has rekindled his relationship with Michael.</p> <p>10.35 Greatest Ever Celebrity Wind Ups (r)</p> <p>11.35 Lip Sync Battle UK: Joey Essex vs Louie Spence</p>
<p>4.00 Commonwealth Games 2018 Further live coverage of day three in Queensland.</p>	<p>12.25 Sign Zone: Rehab: Addicted Lives (r) 1.45 Civilisations (r) 2.45 The Assassination of Gianni Versace: American Crime Story (r) 3.30 Weather for the Week Ahead 3.35 BBC News</p>	<p>12.50 Teleshopping 1.50 After Midnight 3.20 Tenable (r) 4.10 ITV Nightscreen 4.35 The Jeremy Kyle Show (r) 5.30 Teleshopping</p>	<p>12.45 FILM: Lawless (2012) Crime drama, starring Shia LaBeouf and Tom Hardy. 2.45 Kiss Me First (r) 3.40 Electric Dreams: Kill All Others (r) 4.35 The Question Jury (r) 5.30 Streetmate (r) 5.55 Kirstie's Fill Your House for Free (r)</p>	<p>12.00 SuperCasino 3.10 GPs: Behind Closed Doors (r) 4.00 GPs: Behind Closed Doors (r) 4.45 House Doctor (r) 5.10 Great Scientists (r) 5.35 Wildlife SOS (r)</p>

Room 101, 8.30pm.



Episodes, 10pm.



Lethal Weapon, 9pm.



Rob Beckett's Playing for Time, 11.20pm.



Britain's Great Cathedrals with Tony Robinson, 8pm.



BBC4

7.00 World News Today. **7.30** BBC Young Musician 2018. **9.00** Forever Young – How Rock 'n' Roll Grew Up. **10.00** Billy Fury: The Sound of Fury. **11.30** It's Only Rock 'n' Roll: Rock 'n' Roll at the BBC. **12.30** Guitar Heroes on Later with Jools Holland. **1.30** Forever Young – How Rock 'n' Roll Grew Up. **2.30** Billy Fury: The Sound of Fury. **3.55** Close.

ITV2

6.00 The Planet's Funniest Animals. **6.15** Totally Bonkers Guinness World Records. **7.05** Who's Doing the Dishes? **7.55** Emmerdale. **8.50** Totally Bonkers Guinness World Records. **9.05** The Ellen DeGeneres Show. **9.55** **FILM:** Around the World in 80 Days (2004). **10.55** FYI Daily. **11.00** **FILM:** Around the World in 80 Days (2004). **12.15** Emmerdale. **1.15** You've Been Framed! Gold. **1.45** The Ellen

DeGeneres Show. **2.35** The Jeremy Kyle Show. **4.50** Judge Rinder. **5.50** Take Me Out. **7.00** You've Been Framed! Gold. **8.00** Two and a Half Men. **9.00** **FILM:** American Pie (1999). **11.00** Family Guy. **11.55** American Dad! **12.55** Two and a Half Men. **1.50** Totally Bonkers Guinness World Records. **2.20** Teleshopping. **5.50** ITV2 Nightscreen.

ITV3

6.00 Classic Coronation Street. **6.50** Heartbeat. **7.55** The Royal. **9.00** Judge Judy. **10.20** Inspector Morse. **12.35** The Royal. **1.35** Heartbeat. **2.40** Classic Coronation Street. **3.45** Judge Judy. **4.10** **FILM:** Carry On Henry (1971). **5.55** Heartbeat. **7.00** Murder, She Wrote. **8.00** Agatha Christie's Murders. **10.00** The Syndicate. **11.05** Killer Women with Piers Morgan. **12.10** Rising Damp Forever. **2.05** **FILM:** Dream Day

(1980). **3.45** Million Dollar Princesses. **4.30** Murder, She Wrote. **5.25** Judge Judy. **5.50** ITV3 Nightscreen.

SKY ONE

6.00 Supergirl. **8.00** Futurama. **8.30** Modern Family. **9.30** The Simpsons. **11.00** Warehouse 13. **12.00** NCIS: Los Angeles. **1.00** Hawaii Five-0. **3.00** NCIS: Los Angeles. **4.00** Stargate SG-1. **5.00** The Simpsons. **6.00** Futurama. **6.30** The Simpsons. **8.30** Modern Family. **9.00** Karl Pilkington: The Moaning of Life. **10.00** The Late Late Show with James Corden: The Moaning of Life. **11.00** A League of Their Own. **12.00** The Russell Howard Hour. **1.00** In the Long Run. **1.30** Brit Cops: War on Crime. **2.20** Hawaii Five-0. **3.10** Warehouse 13. **4.00** The Real A&E. **5.00** The Dog Whisperer.

SKY MAIN EVENT

6.00 Good Morning Sports Fans

Bitesize. **7.00** Good Morning Sports Fans. **10.00** Premier League Daily. **11.00** Sky Sports Daily. **11.30** Paddock Uncut. **11.45** Live Formula 1. **2.00** Football Centre. **3.30** Paddock Uncut. **3.45** Live Formula 1. **6.00** Sky Sports News at 6. **7.00** The Masters – Live. The second day from the Augusta National. **12.30** Last 9 On Sunday. **1.30** Beffred Super League Highlights. **1.45** Rugby Greatest Games. **1.50** Live HSBC Sevens World Series.

SKY CRICKET

6.00 Cricket's Greatest Games. **7.00** Sporting Triumphs. **7.30** Cricket Masterclass. **8.00** England v New Zealand Classics. **9.00** Best of Bumble. **10.00** How the 2012 ICC World T20 Was Won. **12.00** Cricket's Greatest Games. **1.00** Cricket Masterclass. **2.30** Sporting Triumphs. **2.30** Ireland's Finest Hour. **2.50** India's Amazing Run Chase. **3.10**

Cricket Shorts. **3.30** Cricket Masterclass. **4.00** The Cricket Report: IPL Auction Special. **5.00** Indian Premier League. **7.00** The Cricket Report: IPL Auction Special. **8.00** Indian Premier League. **10.00** Virat Kohli: IPL King. **10.15** Great Sporting Moments. **10.30** Atherton Meets Breatley. **12.00** Best of Bumble. **1.00** Atherton Meets Sangakkara. **1.45** Cricket Masterclass. **2.00** Atherton Meets Breatley. **3.30** Cricket Masterclass. **4.00** How the 2012 ICC World T20 Was Won.

BT SPORT 1

5.30 Game of the Week. **6.00** Playback – Football's Greatest Rivalries. **9.00** Premier League World. **9.30** Premier League Match Pack. **10.00** Rugby Tonight On Tour. **10.30** BT Sport Reload. **10.45** Live Hyundai A-League. **1.00** Total Italian Football. **1.30** Kings Ransom. **2.30** Rugby

Tonight On Tour. **3.00** NBA. **4.30** Bundesliga Weekly. **5.00** Ligue 1 Show. **5.30** Total Italian Football. **6.00** Rugby Tonight On Tour. **6.30** Premier League Preview. **7.00** Live Aviva Premiership Rugby Union. Sale Sharks v Wasps (Kick-off 7.45pm). **10.00** World Rally Championship. **10.30** Premier League Preview. **11.00** Premier League Match Pack. **11.30** UEFA Champions League Magazine. **12.00** Live NBA. **2.30** World Rally Championship. **3.00** MotoGP: IOYMI. **3.15** BT Sport Reload. **3.30** Aviva Premiership Rugby Union.

BBC ALBA

5.00 Pàdraig Post: SDS. **5.15** Zack & Quack. **5.35** Charlie is Lola. **5.50** Seonaidh. **5.55** Alvin agus na Chipmunks. **6.10** Fior Bhàil-coise. **6.35** Machair. **7.00** An Là. **7.25** Live PRO14 Rugby Union. **9.30** Dealbhann Fraoich. **10.00** Ceòl Eithne Ni Uallachain.

11.00 Custer's Last Stand. **12.30** Close.

FILM4

11.00 The Boxtrolls (2014). **12.50** The Rugrats in Paris: The Movie (2000). **2.25** Hotel for Dogs (2009). **4.30** The Princess Diaries (2001). **6.45** Back to the Future (1985). **9.00** Four Weddings and a Funeral (1994). Romantic comedy, with Hugh Grant. **11.20** Bullet to the Head (2012). **1.05** Machete (2010). **3.15** Close.

DAVE

6.00 Home Shopping. **7.00** Scrapheap Challenge. **8.10** American Pickers. **9.00** Storage Hunters. **10.00** American Pickers. **1.00** Top Gear. **3.00** Sin City Motors. **4.00** Steve Austin's Broken Skull Challenge. **5.00** Top Gear. **7.00** QI XL. **8.00** Into the Fire. **9.00** QI XL. **10.00** Mook the Week. **12.00** QI. **1.20** Mook the Week. **2.00** QI. **3.15** Suits. **4.00** Home Shopping.

RADIO

BBC RADIO 1

6.30 The Radio 1 Breakfast Show with Nick Grimshaw. **10.00** Clara Amfo. **12.45** Newsbeat. **1.00** Scott Mills. **4.00** The Official Chart with Greg James. **5.45** Newsbeat. **6.00** Radio 1's Dance Anthems with Greg James. **7.00** Annie Mac. **9.00** Kolsch. **11.00** Danny Howard. **1.00** B.Traits. **4.00** Radio 1's Essential Mix.

BBC RADIO 2

5.00 Vanessa Feltz. **6.30** Sara Cox. **9.30** Ken Bruce. **12.00** Jeremy Vine. **2.00** Steve Wright in the Afternoon. **5.00** Mary Portas. **7.00** Tony Blackburn's Golden Hour. **8.00** Friday Night Is Music Night.

10.00 Sounds of the 80s. **12.00** Ameka Rice: The Happening. **2.00** Radio 2's Funky Soul Playlist. **3.00** Radio 2 Playlist: New to 2. **4.00** Radio 2 Playlist: 21st Century Songs.

BBC RADIO 3

6.30 Breakfast. **9.00** Essential Classics. **12.00** Composer of the Week: Schumann. **1.00** News. **1.02** Radio 3 Lunchtime Concert. **2.00** Afternoon Concert. **4.30** BBC Young Musician 2018. **5.00** In Tune. **7.00** In Tune Mixtape. **7.30** Radio 3 in Concert. **10.00** The Verb. **10.45** The Essay: The Book That Changed Me. **11.00** Music Planet. **1.00** Through the Night. **BBC RADIO 4** **5.30** News Briefing. **5.43** Prayer

for the Day. **5.45** Farming Today. **5.58** Tweet of the Day. **6.00** Today. **9.15** The Reunion. **9.45** (FM) Book of the Week: Factfulness. **9.45** (LW) Daily Service. **10.00** Woman's Hour. **11.00** Up Close and Personal. **11.30** When the Dog Dies. **12.00** News. **12.04** Home Front. **12.15** You and Yours. **12.56** Weather. **1.00** The World at One. **1.45** Voices of the First World War. **2.00** The Archers. **2.15** Drama: Love Me Tender. **3.00** Gardeners' Question Time. **3.45** Short Works. **4.00** Last Word. **4.30** Feedback. **4.55** The Listening Project. **5.00** PM. **5.57** Weather. **6.00** Six O'Clock News. **6.30** The Now Show. **7.00** The Archers. **7.15** Front Row. **7.45** A Book of Middle

Eastern Food. **8.00** Any Questions? **8.50** A Point of View. **9.00** Home Front Omnibus. **10.00** The World Tonight. **10.45** Book at Bedtime: Rabbit Is Rich. **11.00** Great Lives. **11.30** Ramblings. **11.55** The Listening Project. **12.00** News and Weather. **12.30** Book of the Week: Factfulness. **12.48** Shipping Forecast. **1.00** As BBC World Service. **5.20** Shipping Forecast.

BBC RADIO 5 LIVE

5.00 Morning Reports. **5.15** Wake Up to Money. **6.00** 5 Live Breakfast. **10.00** Chiles on Friday. **1.00** The Friday Sports Panel. **2.00** Kermede and Mayo's Film Review. **4.00** 5 Live Drive. **7.00** 5 Live Sport: The Friday Football. Social.

9.00 5 Live Golf: The Masters. **10.00** Stephen Nolan. **1.00** Up All Night.

CLASSIC FM

6.00 More Music Breakfast. **9.00** Nicholas Owen. **1.00** Anne-Marie Minhall. **5.00** Classic FM Drive. **7.00** Smooth Classics at Seven. **8.00** The Full Works Concert. **10.00** Smooth Classics. **1.00** Katie Breathwick. **4.00** Jane Jones.

BBC RADIO SCOTLAND

6.00 Good Morning Scotland. **9.00** The Stephen Jardine Programme. **12.00** John Beattie. **1.32** Breaking the News. **2.00** Bulletin. **2.05** Out for the Weekend. **5.00** Newsdrive. **6.30** Sportsound. **10.00** Bulletin. **10.05** Ashley Storrie. **1.00** As Radio 5 Live.



Forever Young – How Rock 'n' Roll Grew Up, BBC4, 9pm.

» DVD & BLURAY

STRONGER (15)

» JEFF Bauman (Jake Gyllenhaal) splits from his on-off girlfriend Erin (Tatiana Maslany) because he is never there for her. When she unexpectedly turns up at a local bar, seeking donations for a marathon run in aid of Brigham and Women's Hospital, Jeff pledges his support. "I'm going to be there at the finish line for you," he vows to Erin, who has heard his false promises before. Except this time, Jeff is standing behind the barriers with a home-made sign, close to the spot where two explosives detonate, killing three people and injuring hundreds of others. Jeff wakes in a hospital bed surrounded by family and friends including his booze-sodden mother Patty (Miranda Richardson) and father Jeff Sr (Clancy Brown). Adapted from Bauman's memoir, *Stronger* is an uplifting drama, which chronicles events before and after the 2013 Boston Marathon bombing. Gyllenhaal delivers an Oscar-worthy performance,



OSCAR-WORTHY PORTRAYAL OF BOMBING SURVIVOR

bristling with raw emotion, as the survivor, who became a symbol of Boston Strong - the manifestation of a city's unity in the face of barbarism. It's a muscular and harrowing portrayal that powerfully captures every strained sinew and aching muscle of Jeff's nervous return to the land of the bruised but living.

Maslany and Richardson provide robust support as the fierce women who must fight - to patch together Jeff's splintered soul. Director David Gordon Green withholds the sickening horror of the bombing, in flashback, until the second half of the film, preferring to focus on flickering hope in the darkness.

» 4/5

BEST OF THE REST

BETTER WATCH OUT (15)

TWELVE-YEAR-OLD Luke has a crush on babysitter Ashley (Olivia DeJonge) and is convinced he can woo her away from her boyfriend. The boy's clumsy romantic overture is interrupted by best friend Garrett (Ed Oxenbould). Suddenly, there is the sound of breaking glass and, when the



youngsters investigate, they discover a brick with the threat "U Leave U Die". And when a sniper fires at the house, Ashley becomes embroiled in a battle for survival. *Better Watch Out* is a twisted Christmas horror comedy, which decks the halls with bullets and brain matter.

3/5

A PLACE TO CALL HOME - SERIES FIVE (15)

THE latest instalments of the popular 1950s-set Australian drama find Sarah Nordmann (Marta Dusseldorp) in dire straits as George's murderous wife Regina (Jenni Baird) petitions for release and returns to Inverness, New South Wales, to continue



her reign of terror. Also, formidable matriarch Elizabeth Bligh (Noni Hazlehurst) keeps a close eye on granddaughter Anna (Abby Earl), Douglas (Robert Coleby) receives a terrifying diagnosis, and Matthew (Conrad Coleby) goes down on one knee to Olivia (Arianwen Parkes-Lockwood).

MUM - SERIES 2 (15)

OSCAR nominee Lesley Manville reprises her role as a middle-aged widow in six episodes of the poignant sitcom created by Stefan Golaszewski. This series, Cathy (Manville) takes a deep breath as she celebrates her 60th birthday in the company of her family, and her brother Derek (Ross



Boatman) and snobbish partner Pauline (Dorothy Atkinson) struggle to keep a tight rein on his rebellious daughter Danielle (Grace Hogg-Robinson). Also, Cathy and Michael (Peter Mullan) awkwardly confront their feelings for each other, fearful that a chance at happiness could slip through their fingers.

Evening Telegraph

Bingo

Good Luck!

HOW TO PLAY

A selection of numbers will be printed in paper daily from Saturday to Friday. If any numbers published in-paper appear on your bingo grid for the game in play - mark them off! When you've marked off all 15 numbers on your grid for the game in play, you can make a claim for that game and the weekly prize money. The first person to claim on a full house will scoop the £500 jackpot. In the event of more than 1 winner at the same time then the jackpot will be split between the winning players. For any queries about bingo, or if you are a digital subscriber, please call 01224 343187.

Here is your bingo game for this week, keep it safe and mark off your numbers every day. Start playing today, your first set of numbers are inside your **Weekend Telegraph** (normally on page 17).

HOW TO CLAIM

To claim a full house prize, you must call the claim line on 01224 343187 between 9am-11am the next publishing day after your last numbers appeared in paper. Claims from Friday to be made the following Monday. Ensure that you have your bingo grid to hand as you will be asked to quote your unique code.

UNIQUE CODE	DATE	GAME

T&Cs: Persons under the age of 18 are not permitted to take part in the weekly bingo. Please see the website for full T&Cs <http://www.eveningtelegraph.co.uk/competition-terms/>

GO FOR GOLD WITH FITNESS TRENDS IN LA

» CHAMPIONING toned torsos and paleo diets, Los Angeles is probably the globe's trendiest fitness capital.

Now there's a new wave of fitness taking hold in La La Land – the type that doesn't even feel like you're working out and there's not a gym membership card in sight. Activities and passions like surfing, skateboarding and climbing have always been popular in LA, but now they have a new spotlight shining on them – they are three of five new sports announced by the International Olympic Committee that will debut at Tokyo 2020.

GET YOUR SKATE ON

This undercurrent of excitement hits me as I stand in the middle of Venice Beach's iconic, never-not-busy Skate Park that draws in tourist crowds. With skateboards whooshing and skidding past me on the ocean-front promenade, there's a definite buzz in the air. Like some sort of skateboard superhero, a guy called TJ is running circles around everybody, encouraged by his cheerleading father as he nails half pipes and kickflip tricks like it's second nature.

The Olympics are coming to Los Angeles in 2028. LISA HAYNES looks at the unexpected ways to work out in La La Land

TJ is just eight-and-a-half years old, but has already been singled out by the Venice skateboarding community as a potential Olympics contender.

"TJ's training for the Olympics already?" I ask our tour guide. "Dude!" he replies, "Everyone's training for the Olympics right now."

ON THE CREST OF A WAVE

My leg muscles – along with my nerves – are put to the test as we try out surfing. We drive for half an hour along the Pacific Coast Highway over to surf mecca Malibu for a lesson with Allen

King and Jackson Englund at Aqua Surf School (aquasurf.com, lessons from \$129/£92 for 1.5 hours) on Surfrider Beach. Having just returned from Hawaii where the waves were "gnarly", Allen explains Malibu and Santa Monica are ideal for beginners, but the wilder winter months are better suited to intermediate level and upwards.

After a group tutorial on the sand, we take to the ocean. Expert wave spotters Allen and Jackson spy the crescent of a potential wave from what seems like a mile off and yell at us to "paddle, paddle, up, up, UP!" at the vital moments until we've clumsily transitioned to standing upright on our boards. "You're a bit of a natural," Allen tells me afterwards. The euphoric buzz of surfing for the first time, albeit on small(ish) waves, turns out to be one of my top five moments, ever.

READY TO ROCK BUT NOT ROLL

Being an LA regular, I've been on gentle hikes at Runyon Canyon and Griffith Park countless times, but over in Malibu, we step up our climbing in a big way... We meet Roger Ramires of Rock N Rope Adventures (rocknropeadventures.com, beach climb – \$200/£142 per person for four hours) to scale the rocky promontory of Point Dume on Zuma Beach.

"Don't worry, this is Point Dume,



» BEACH LIFE: SURFERS AT VENICE BEACH, TOP, AND MALIBU

not doom," Roger assures us as we listen intently to a group safety demonstration. Knowing the rock face inside out, any time I'm stuck for the next step or finger hold, Roger calmly guides me on where to go next, pushing me past my climb comfort zone until, before I know it, I've reached the very top of the rope at about 85 feet. I'm ecstatic. As an added reward for reaching the top, you might well spot humpback whales breaching in the Pacific from mid-December to March.

FACT FILE

» ROOMS at Kimpton Everly Hotel in Hollywood (everlyhotelhollywood.com) cost from \$296/£211; rooms at Malibu Beach Inn (malibubeachinn.com) cost from \$824/£586.

» AIR New Zealand (airnewzealand.co.uk) fly from London to Los Angeles from £548 (return).

» FOR more information, visit discoverlosangeles.com



» ON A ROLL: A SKATEBOARDER IN ACTION AT VENICE BEACH SKATE PARK, WHICH ATTRACTS SKATERS AND TOURISTS

Evening Telegraph *Travel*

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BY AIR FROM EDINBURGH (EDI)

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- One-day race ticket for Longchamp racecourse on Prix de l'Arc de Triomphe day
- Return coach transfers from the hotel to racecourse

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A SHORT STORY



THESE past weeks have been hard without Phil. I've tried to stay mad at him, but I've missed our daft arguments. The way he makes me laugh. Our walks.

That's where it all started. Our local walking group – The Trackers. I joined, capturing Phil's interest immediately by ending up in an unforeseen ditch, with my extravagant tumble.

"You need to be more careful," he advised sternly as he checked me over for broken bones before hauling me out.

"I appreciate your concern," I said haughtily, "but ..."

He pointed to where I'd slipped. I saw a murky open tank to the side of the ditch I'd fallen in.

I swallowed my pride and discovered he was quite good company in an annoying sort of way. So much so I found myself looking forward to our weekend arguments as much, if not more, than the hike itself.

I think the rest of the Trackers realised what was happening long before we did. I expect that's why they disappeared off to the pub leaving Phil and me alone in the meadow the day we started a heated discussion about the best route back.

I was halfway over a stile, wildly gesticulating to a path in the distance, when I missed my footing.

I fell, mouth half open in surprise, into Phil's open arms. We tumbled backwards. Finding ourselves in some strange slow motion state, arms around each other rolling downhill amidst the long grass. We stopped. Our lips met. I didn't want to let go. I didn't want to come up for air – ever. Neither of us did.



YOU CAN'T RULE MY LIFE!

You can't forbid Sandy from doing anything, even if she knows it's a mistake

It's amazing how hard love hits you when you're unaware. Phil and I were lost to the world for the following six months. Discovering all sorts of fascinating things about each other, talking about the future as if we'd be sharing it together.

We still argued, but it was fun. We

both knew where it usually took us. But the night I told him I'd signed up for a charity parachute jump he surprised me.

"You're kidding," he said.

I laughed – pleased with myself.

His face was white. "You can't possibly do it. I won't let you," he said before throwing the tea

towel he'd been holding at the sink. I missed.

"Since when do you tell me what I can and can't do?" I said, fury bubbling.

He ran his hands through his hair. He could hardly look at me. "Look, Sandy," he said, "you're not the world's most sensible person. Say you'll cancel it."

I looked at his pleading face but something inside of me just closed down. "I can't," I said.

"You mean won't?" Phil said.

I wouldn't. I didn't.

It was for the best I told myself. A man who tells me what I can or can't do wasn't for me. Then I'd remember how we met. Sometimes I don't take enough care.

So I've been sensible, joining a group of other mad and crazy people who want to hurtle themselves through the open door of a light aircraft for a good cause. Had an expert taking us through our paces. But I'm still terrified.

Today is the day though. Part of me wants to back out, but I've raised £2,000 in sponsorship money. I've learned a lot about myself these last weeks too. I'm headstrong, determined, foolhardy, and I miss Phil more than I thought possible. He's missed me too.

I rang him last night just to hear his voice and tell him I was sorry I couldn't back down.

He was sorry too. Said he hadn't meant to try and rule my life, he loved me. He said I should do what was right for me.

I confessed I didn't really want to jump but I would on one condition. "I'll do it," I said, as if it had been his idea all the time.

"But only if you'll be there to catch me when I fall."

"I'll always be there for you," he said.

That's all I need to know. As much as I'd like to, I can't argue with that at all!

BY KATE HOGAN

ILLUSTRATION: THINKSTOCK

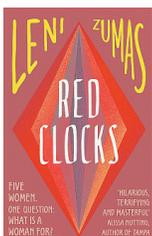
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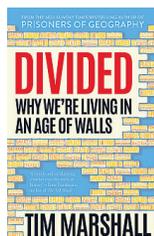


FICTION

RED CLOCKS
BY LENI ZUMAS

WOMEN leading lives of quiet, and not-so-quiet, desperation are at the heart of Leni Zumas' dystopian novel *Red Clocks*. The book is set in a United States in which abortion is banned and IVF has been made illegal. It follows four women from a small Oregon town as they try to make sense of these new rules and the effects they have on their lives, and a fifth woman – a 19th-century Arctic explorer from the Faroe Islands – who has her own battles to fight. It's a timely and disturbing tale about motherhood and identity that, despite the grim subject matter, leaves you with hope.

» 9/10

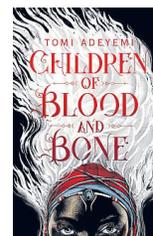


NON-FICTION

DIVIDED: WHY WE'RE LIVING IN AN AGE OF WALLS
BY TIM MARSHALL

TIM Marshall takes us on a tour of the world's separated spaces, showing that Donald Trump's plan to shut out things they're scared of. The veteran foreign correspondent explores most of the globe, highlighting attempts made to stall flows of people, money and ideas, including Trump's plan to shut the US off from Mexico and the situation in Israel and Palestine. It's a very knowledgeable book, but it also felt a bit methodical, needing a bit more flourish to offset the bleakness of the subject matter.

» 6/10



YOUNG ADULT

CHILDREN OF BLOOD AND BONE
BY TOMI ADEYEMI

CHILDREN Of Blood And Bone immerses you in a fantasy world of magic and myth, where good and evil battle it out in an adventure of epic proportions. Set in the kingdom of Orisha, it sees teenager Zelig embark on a quest to bring magic back to her land after the genocide of her people by oppressive ruler, King Saran. Zelig and her brother Tzain must overcome all odds to succeed, battling against Saran's soldiers and their own moral dilemmas. While it is brutal in parts, it is also a beautiful and touching story and a punchy debut from Adeyemi.

» 8/10

SOFTWARE CAN'T PLAN INVESTMENTS

» TAKING financial advice online...?

It's fair to say that day by day we are all becoming more devoted to our technology. And there is generally good reason for this, as it makes so many aspects of our lives much easier. The hot topic in the financial planning industry today is whether financial planning can work online. But the sticking point is just how deeply personal an individual's financial plan can be. Is it possible for a piece of software to really understand your motivations and drivers in life? Can a robot algorithm really determine the right course of action to get you where you want to be? In theory, taking financial planning online could work really well. It could make access to advice cheaper, for people

By **Jenny Madhoo**, Paraplanner at AAB Wealth, Chartered Financial Planners



with less cash and little time to spare to worry about it. However, for precisely these reasons it seems to have fallen flat on its face:

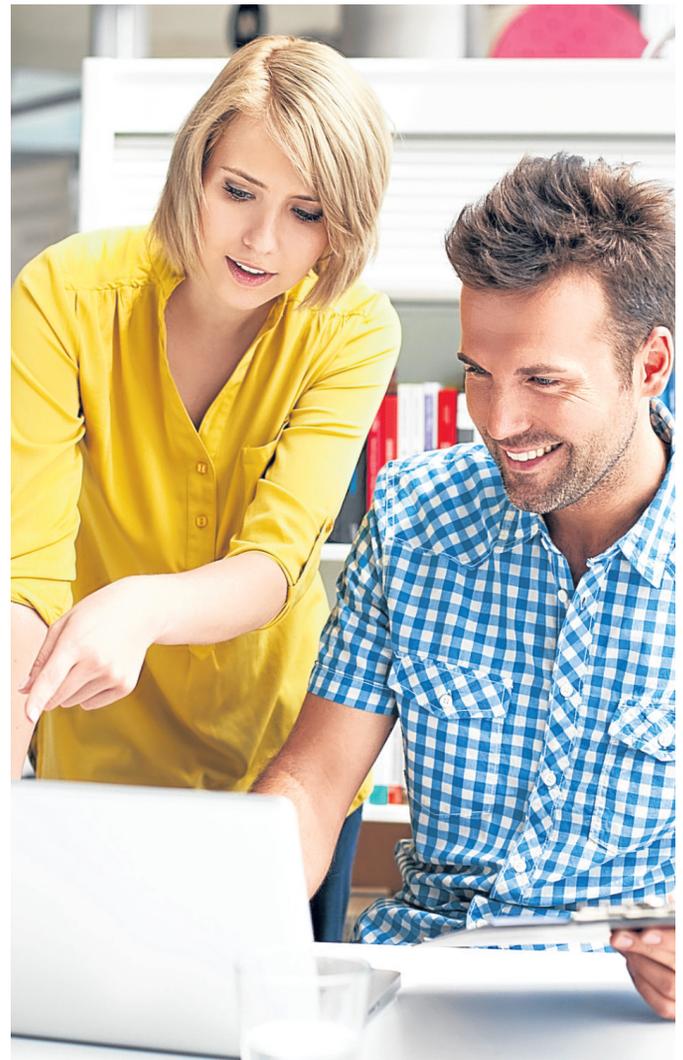
- » Those with less money arguably need more help and would suffer more from getting things wrong.
- » The software out there isn't clever enough to know when you are fibbing or embellishing and therefore can create a plan that is unsuitable.
- » Because advice is personal it requires human intervention. Therefore, it's hard to meaningfully reduce cost.
- » Unfettered access to your online account may not be suitable for those among us prone to worrying and fiddling about (potentially causing harm over the long run).

So the younger generation, who may be in a position to start making some small investments, are in a no man's land somewhere between their savings account and a full blown financial planning proposition. How are we supposed to know where to start and how to make investing work for us?

What exists online right now should not be called "advice" or "planning".

Rather it is a slightly more directed version of logging into your online bank, closing your eyes and clicking on a random fund to put your ISA money in. The software asks you a few questions about yourself and your views on risk, and from there will spit out a suggested investment.

Online financial planning can be accessed on Nutmeg—a name you may have heard of. Other key players include Hargreaves



» **MONEY TALKS:** PEOPLE CAN FINANCIALLY PLAN ONLINE – BUT ONLY TO AN EXTENT

Lansdown or Vanguard – who represent a good low cost option. Do not be under any illusion that these options represent proper financial planning advice. There may well come a day when you need the real thing. And you give yourself the chance of getting

to that position a lot faster if you look beyond your savings account or cash ISA.

Simply being aware of the opportunity, let alone the long term benefit of investing your money rather than holding cash is the first, and biggest, step.

DID YOU KNOW?



25-34 year olds surveyed by the FCA in 2017 had:

- » Average cash savings of £11,000
- » Average investments of £2,000

THE Money Advice Service 2018 study found that:

- » 19% would feel embarrassed to talk about money with friends or family, for fear of seeming unsuccessful
- » ¾ of young adults believe self-control is more important than knowledge when it comes to managing money
- » 41% said they do not seek guidance when making financial decisions, as a result of social pressures



HOW ARE WE SUPPOSED TO KNOW WHERE TO START AND HOW TO MAKE INVESTING WORK FOR US?

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